

DEPRESSED- DEJECTED- WORRIED

WORRY NOT TAKE LIFE EASY

By Baldev Bhatia

ABOUT THE BOOK

Depressed, Dejected, or Worried. Worry not take life Easy is a very unique book. Happy living through positivity is nothing more than that of living a normal life free from undue pressures, problems and tensions. If we want to live a happy life then we need to get rid of the negativity within us and above all we must start thinking positive which will not make us unhappy. When everything seems to be beyond our control, it's almost too easy for us to slip into the grasp of negativity. To avoid negativity we must strive to abolish this sort of thinking through the power of thinking positively.

Take Life Easy is not a complicated kind of art difficult to learn rather a simple art of positive thinking, , eating well, and living well like feeling well. What we need to do is just to tune up our mind to enjoy every moment of life and let the positive thinking follow us. This is something that needs to be looked into thoroughly. We need to focus on the positive aspects rather than on the negative setbacks.

We must remember that good and happy living is the reward of positive thinking. We ought to remember, only the positive thinking can bring happiness in our lives. If we cannot think positively, we cannot live happily. Be our own teacher or adviser

we ought to look everything with a positive angle. Let us find something good even in most critical moments of our life and let us make positive thinking the basis of our happy living.

It's a matter of thought that fools worry about the circumstances on which they have no control. Why worry when we cannot change anything or the climate, rather enjoy it whether it's hot, humid, cold, cloudy, foggy and snowy. Let us all keep our internal weather mind body and soul pleasant all the time. A sound and positive happiness is all around. It's not far away from us. If we do not want to live happy, it's up to us. It's our own choice. We must not blame others, nor should we blame our fate or external circumstances. Another thing is that feeling confident affects the way we perceive our situations and how we decide to manage them.

Think that by being more optimistic we alter our approaches to situations and take on them in a healthier manner; we think of alternatives and act according to better outcomes. If we think positive it will be positive. It does not say to stick our heads in the soil; rather it says to think positive. Interestingly it does not say feel positive it says think positive and that is the real meaning to remain happy. Happiness does not come alone, it adds our minds body and soul to remain in constant touch with each other.

We have to remove negative thoughts and create an atmosphere to be happy in our lives. There are many fear factors that are reasoning us to be unhappy and the main reason being that our heart and our feelings which are more susceptible to fear and worry than the mind. Of course we do the worrying in our minds but it is our emotions that are worried not our brains. When the heart senses the possibility of loss it can start panicking and then uses the mind to worry and many times tries to manipulate the brain in dealing with the fear.

The heart desires something and gets excited about it and then it manipulates the mind to assure that it will get it. Although the brain can control the emotions and knowledge precedes all, however when it comes to response time the brain is slower than the emotions. That is which explains why we say or do things and then regret them. Our objective in life should be to train ourselves to wait for the brain to show up before we say or do anything. Fear usually comes from the emotions and thinking positive is something the brain is capable of doing. So always think positive.

It would be very hard to tell someone who is worried to be good and happy by feeling positive. But if you tell them to think positive that is something even a worried person can do. We need to use our mind to think positive, to think of a positive outcome. Thinking positive brings positive results in its wake; when you react in a positive way to a negative situation you usually get positive in return. Positive mental attitude is effective in many ways. There are limits to the effectiveness of positive thinking.

It is not always enough to change deeply entrenched irrational core beliefs about self, others and the world. When someone does something to us do we think about it in a positive way or in a negative way? Do we try to assume that the person who is not treating us the way we should be treated is themselves in pain and needs our love or do we assume that they just don't like us and therefore we need to respond back in kind? It is therefore a must for us to learn understand and remember that we need to be positive and think positive in the interest of our good happy living.... AUTHOR

PREFACE

Author Baldev Bhatia shares with millions of his curious readers the this book by letting them know more about themselves in detail through their born qualities along with, the help them to take life easy by positive thinking, possessed by them and to ward off the negativity prevailing in them and also get to know the ways as how to live a good and happy life. The worries adopted by them, the negative forces influencing them, need to be discarded for a positive good and happy living by thinking positively. The negative forces influencing the masses, with their negative thoughts has lured the author to pen down the wonders of this mystic manuscript and to bring to the millions of readers the 'real knowledge' by letting them know more about themselves in detail.

With the help of astrological science they can come to know more about their Zodiac Signs, the ultimate Remedies required to be done to ward off the negativity in them and to know more about their characteristics; appearances; their personality; profession, career; business, finances, their match with other zodiac signs; romance, marriage, weakness their health and disease and finally the negative forces, if any possessed by them and to ward of this negativity factor, with the guidance of this manuscript charming them to become more positive so that they can lead a happy life. This book is based on the practical experience of the author who has meet several thousand people having negativity in their personal lives and those leading a miserable life totally being depressed and dejected. The main purpose of writing this manuscript is to impart the basic knowledge of how to become bold, strong, courageous, and how to throw away the negative forces in them. This manuscript reveals a whole lot of information when one is in search for the truths of a positive attitude and positive thinking.. With this the author shares his experience with his readers. His published

books "Microscopy of Astrology", "Microscopy of Numerology", "Microscopy of Remedies", "Microscopy of Happy Living" "Microscopy of Transiting Planets Vol-I, 2, 3, 4, and 5 also guides his readers to achieve their personal goals with ease and assist them to overcome all the problems, crises, and the unforeseen negatives forces,

This book goes to reveal, ascertaining the real facts of life and the destiny as to what is stored for each and every reader in his or her future. Various chapters have been covered and maximum emphasis have been paid to cover the subjects pertaining to the significance of positivity by reading different charts; different Zodiac signs, planets and their placements in different houses and signs; affliction of planets with the interpretation of the major period and the meaning of the birth signs of the individual birth signs.

Author and Astrologer Baldev Bhatia have put his entire life experience in promoting positivity among his clients through this mystic science of Astrology. He has done so in order to serve millions of curious readers with a good intension of imparting them the basic knowledge of how to become a ward of negative thinking and become a positive person in life. The author-cum astrologer has been associated with general public for the past 45 years and has been practicing phycology and pubic healing.

His intension is also to guide the readers to achieve their personal goals with ease and would assist them to overcome all the problems, crises, speed breakers and the unforeseen negatives forces, in their lives as not to get disheartened or depressed in their lives.

The Author's main object and message, through this manuscript to his readers is to spread, Peace, Love happiness to the entire world and tries to guide his readers to ward off negativity, depression, dejection and hatred among them.

He has done his best to reveal to his readers to attain positivity in way or manner irrespective of all the hardships and to attain a path of glory by getting away from their weakness of negative thinking which should be discarded forever the depression dejection by way of adopting a positive attitude to be bold to be strong and to be courageous, through which they can lead a positive good happy and prosperous life. This book also intends to guide the readers to achieve their personal goals with ease that would assist them to overcome all the problems, crises, speed breakers and the unforeseen negatives forces, in their lives, as not to get worried or disheartened or depressed or dejected.

And also not to fall prey to the negative thinking in their lives if the influence of the Transiting Planets is weak, disgusting depressing, unfavorable or disappointing.

This books goes to emphasis that if the influence of the transiting planets is good, it goes on to bring good or positive thinking and better changes or events in life. But if the influence is negative it leads to gives undesired results and negative thinking. One needs to understand that no matter what aspect a transiting planet makes to natal planets, the individual need to hold on his nerves to be bold to be strong and to have a positive thinking in life whatever be the circumstances governing his future with the positive energy already stored in him. .

The chapters in the book are very useful, purposeful, and a pin point to the service of mankind. He wishes success for all his readers. The author would definitely like to express my sincere thanks to Ms. Alpa Shah Director, Travel Company of UK, for helping and encouraging him to pen down this book in the interest of depressed and dejected and the so called Negative persons of this universe. The author is also grateful and thankful to Publishers for publishing my book

AUTHOR

ABOUT THE AUTHOR

Astrology has stood the test of times ever since it revealed the Mystery and the Mastery of the ancient wisdom of forecasting the influence of the stars on human bodies. The author Baldev Bhatia a renowned and world famous Astrologer has penned several simple books on Astrology-this mysterious subject that reveals the true perception of knowing oneself through the art of prediction. Professionally the author has put his entire life experience in promoting Astrology in various fields with a view to serve the millions of curious readers of this mystic science with the intension of imparting them the real knowledge of Astrology through various interesting and marvelous scriptures.

The Astrologer has been associated with Astrology for the past 45 years and has been practicing Astrology in various forms. The Author-cum Astrologer has been in touch with general public throughout his life and has been practicing phycology and pubic healing. His intension is to guide his readers to achieve their personal goals with ease that would assist them to overcome all the problems, crises, speed breakers and the unforeseen negatives forces, in their lives so as not to get disheartened or depressed in their lives and finally lead a happy life and peaceful life, after going through this manuscript of "Microscopy of Positive Thinking".

More over Mr. Baldev Bhatia the Author is an established writer himself with a sound reputation of being a good Astrologer has put his valuable life experience in promoting positivity among his clients. The author also shares with millions of curious readers the 'Ultimate Knowledge' by letting them know more about themselves in detail and also about their in born positive qualities, possessed by them and guides them to ward off the negativity in them, just by thinking positive and as how to lead an happy and powerful life., without caring for the worries troubling them .The main object of writing this manuscript is to

impart the basic knowledge of how to Think Positive, be bold, strong, courageous, and how to throw away the negative forces and become a happy person in life.

His published books "Microscopy of Astrology", Microscopy of Numerology", Microscopy of Remedies, Microscopy of Happy Living, Microscopy of Transiting Planets five volumes also guide his readers to achieve their personal goals with ease and assists them to overcome all the problems, crises, and the unforeseen negatives forces, in their lives gracefully which guides them not get disheartened or depressed at any stage of life irrespective of all the odds and negative forces troubling them. His readers have gained good experience going through his useful and purposeful books. His books have made his readers to feel secure, sound and have also encouraged them to face their destiny with immense strength and have also given them the power to face the challenges of this universe with utter confidence zeal and power.

The author Baldev Bhatia leads way to Positivity Happiness, and Success, and advices his people suffering from depression and negativity in their personal lives to wake up and lead a good happy and positive life. After meeting hundreds and hundreds of depressed dejected disappointed and unhappy people from all over the world and people from all walks of life and he being a highly experienced Astrologer and Consultant in Astrology and Numerology felt it necessary to write books on Positive Thinking, Positive Living Happiness, Love, and Peace which could guides his readers to ward of their depression, dejection, hatred and negativity in their lives.

His books have also revealed to his readers to attain positivity in their lives so that they could easily achieve their path of glory to be a positive and happy person and also be a brave strong and courageous human being. His books have given gracefully accepted by the people worldwide.

His books have helped the masses to achieve and lead a life full of positivity, boldness, strength, courage happiness that have generated confidence in depressed and dejected people. His books have helped his clients and readers to lead a good, peaceful and positive and happy life by Thinking Positive

His books have been very different from others as they guide and help the readers to strengthen their will power and confidence which the readers have lost in today's world and to encourage his readers and to help them, in all walks of life.

The esteem Author finally decided to manuscript the following books in the interest and happiness of the Universal People

1. *MicroscopyofAstrology*
2. *MicroscopyofNumerology*
3. *MicroscopyofRemedies*
4. *MicroscopyofHappyLiving*
5. *MicrocopyoftheTransitingPlanets Voll 1,2,3,4 & 5*
6. *MicroscopyofPositiveLiving*
7. *MicroscopyofPositiveThinking*

He finally wishes his readers all the success happiness and prosperity. He always praises God and Prays Him with the following words. "May the Heavens Shower Positivity, Peace

CHAPTER 1

GIVE A GOOD SMILE

The first step is by way of giving a good smile. Have Positive Thinking, think positive as all your thoughts, good and bad, are the creation of your mind which tends to lead you to a materialistic life and go in to generate unnecessary worries. Thus you will learn to be more positive.

The environment and all the experiences in your life are the results of your habitual and dominant thoughts. Positive thoughts bring good and happiness. Negative thoughts could tell us about something that needs special attention when they lead us to the path of worries. We must discover what needs to be done, and think positively to take care of it. Many of us fail to see a negative occurrence and do not think of a replacement of negative thought with positive one. As they even do not even dare look for a bright side in every situation.

If we do this for a longer period of time, we become habitual, and it will make a tremendous delay in improving our positive thinking skills. We must remember, everything can be framed positively if we make a restless effort to do so. Positive thinking wards off the ingredients of negative thoughts in our minds. There are both positive and negative aspects to most situations. We get to choose which ones we will focus on. We can try to catch ourselves when we're being negative and do not try thinking the positive side of the things..

There's no sense in worrying about the negatives if these negatives cannot be changed. If we waste energy and happiness on the things we can't change, we'll only make ourselves more frustrated and come to the stage of depression dejection and disappointments. Negativity is a habit and we often don't realize we're doing ourselves down.

Under each negative thought that we have written, we can spot an alternative way of looking at it, that isn't so negative. Take

your mind to positivity and mold and drive your thoughts to the positivity.

There's a world of difference between expecting failure or rejection so as not to be disappointed when it occurs and recognizing it as a possibility of being positive. It's sensible to look at a situation from all angles and to have a back-up plan to fall back on if need be. People who do this will not see failure as another step on the road to eventual success; but by expecting and envisioning success, there's less likely to be a failure. Let us find some ways of removing negative thoughts and discouraging our worries to be born.

The easiest way is smiling. Many theories have revealed that even a forced smile can lift one's mood and can divert your mind to positive thinking.. We may also share positivity with others by flashing them with a brilliant and good smile. Positive Thinking is a reward of good Smiling and not a risk. The only thing we risk when we think positive is giving ourselves a little more happiness.

The second good step is to have the company of positive thinking friends.

Keep yourself busy and surround yourself with good friends, who always think positive. Appreciate the people in your life who have stood by you through thick and thin. Count their support and analyses the positivity in them which will help you to become more positive, and in the process you will probably help them too. Good friends help each other in the days of crises and through both the good and bad times. Feel positive about them and feel lucky to have them in your company. Share positive thoughts with them. Tell them to be more positive in live.

The third step is to focus your imagination on positive thoughts

Focus your imagination and make efforts on becoming new positive person. Create positivizes in you. Divert your mind to positive thinking. It is much easier to bring about change if you

just put your mind to it and change your thoughts into a much more positive direction. We know that it is difficult for us to control things that happen in our lives, but we can, with some effort, control what we think or do in our lives.

Positive thinking will make our imagination livelier and we would be able to lead our lives without many worries. Dejection, Disappointments and Depression, however, has consequences that could ruin our, health, and well-being. This is the reason why many people suffer from depression much more often in winter than in the other seasons. It's because the days are shorter and do not divert their minds to focus to the imagination of positive thinking.

CHAPTER 2

STOP WORRYING OVER PETTY MATTERS

Stop worry over petty matters Negative thought which are provoking our mind, about the uncertainties and the negativities, as to what will happen tomorrow creates unnecessary worries and worries are repetitive thoughts associated with feelings of anxiety in anticipation of some negative future event which may end in a failure. Whether the worries are about financial crisis, family problems, work, health or any topic of concern, the anxious feelings and negative thoughts produced are always distinctly unpleasant.

Annalise positive thinking and stop worry over petty matters. Worrying will carry tomorrow's load with today's strength. Worry will not empty tomorrow of its sorrows, but it tends to empty today of its power and strength. Worries make you to move into tomorrow ahead of time. Half the worry in the world is caused by people trying to make decisions before they have sufficient knowledge on which to base a decision. Their negative thoughts pressurize them to be away from the positivity in their lives as they fail and do not analysis on positive

Generate Positive Thinking

Why worry about the future. Just imagine as to what if we just acted like everything was easy and there was nothing very serious about it to come in future. Worry often gives a small thing a big shadow and its surrounding do frightened with more scary things. Why worry about tomorrow; concentrate on today happening as for tomorrow will worry about itself. Each day has its own worries and troubles. Always think positive. If there is not any solution to the some problem then do not waste time worrying about it. And if there is a solution to the problem then why waste time worrying about it. Act fast be positive generate positive thinking worries will automatically vanish in the air.

But if you tend to worry they will never rob tomorrow of its

sorrows, but will only deny today of its meaning happiness and joys. Negative thoughts only produce worries and worrying is actually a form of superstition and creates false images in our mind and that is the main reason and cause which makes and leads us to this point of imagination. A human being can survive almost anything, as long as he or she sees the end in sight and starts analyzing his positive thoughts.

We must not forget that if something bad or good is to happen it is sure to happen, whether we worry or not. Let us put our energy into today and stop worrying about the future and past. We should not foresee trouble, or worry about what may never happen as past is dead and gone forever and future is uncertain and yet to come. Positive Thinking will ward off everything and bring happiness in our lives.

The basic facts we should know about worry. The basic techniques to analyze worry and how to break the worry habit before it breaks us. These are the simple ways where we can concentrate and get rid of worries prevailing in our thoughts.

Annalise positive thinking by annualizing worry you get to see and get the reasons and facts of worry. To avoid reoccurrence of worries, concentrate on prayers as prayers are the best source of remedies of the prevailing worries. Think Positive and Pray. The more you pray, the less you'll panic. The more you worship, the less you worry. There is nothing that wastes the body like worry, and anyone who has any faith in God should need not to worry about anything whatsoever is to happen in future. Positive thinking is the creation of good imagination.

We must first study and after carefully weighing all the facts than only come to a powerful decision. Simply making castles in the air won't solve our problems but add more to our vows. Anxiety and worry can go hand in hand. When anxiety grabs the mind, it is self-perpetuating. Your mind gets clogged with numerous with buts and ifs. Do not worry about your life.

Worries are repetitive thoughts associated with feelings of anxiety in anticipation of some negative future event. Yet anxious feelings and the worries that lead to them can prove helpful. It becomes a difficult problem if you are constantly anxious to know as to the happening of the future. It will become a hindrance to your everyday life, rather than motivate you to some good and better things. Worrisome thoughts reproduce faster so one of the most powerful ways to stop the spiral of worry is simply to disclose the worry to a friend. What you eat or drink; or about your body, what you will wear will add to negativity may discard positive thinking.

Happiness comes with Positive Thinking.

If you know that the circumstance is beyond your control or power change than revise it to your liking. Just try to put a stop-less order on your worries. Don't permit little things which become insects of life to ruin your happiness. Co-operate with the inevitable. Decide just how much anxiety a thing may be worth and refuse to give in anymore. All the happiness is not given in one go it comes slowly and slowly with positive thinking.

Have worry under your control. If your worries center around, pay special attention to remain positive and be happy. Keep yourself happy, treat your worried thoughts as valuable signals. How to keep from worrying about criticism?. Simply unjust criticism and think positively and do often discard a bad compliment. It often means that you have aroused jealousy and envy. Let's keep a record of the fool things we have done and stop criticizing ourselves.

Cause of Worry is Negative Thinking- Think Positive

The utmost cause of worry is our negative thinking as it leads us to the state of depression. Worries are there to motivate us and not a mere source of information-gathering and problems. Dejection and Depression is the inability to construct a future. Depression is inertia. That's the thing about depression: But

depression is so insidious, and it compounds daily, that it's impossible to ever see the end.

Depressed people think they know themselves, but maybe they only know depression. There are no hopeless than this to get depressed. They never even attempt to think positive.

Times will change for the better-Think Positive

Our negative thinking and attitude towards suffering and depression becomes very important because it can affect how we cope with suffering when it arises. Depression is nourished by a lifetime of un-grieved and unforgiven causes. Never worry about your heart till it stops beating. How can you deal with anxiety? You might try what when you did. A person worried so much that he decided to hire someone to do his worrying for him. Times will change for the better when you change. Worry is a misuse of the imagination.

Worry is most often a prideful way of thinking that you have more control over life and its circumstances than you actually do. Positive Thinking leads your way to good and happiness. An art of Good and Happy Living.

Neglect worries keep yourself happy, treat your worried thoughts as valuable signals. These are the fundamental facts you should be familiar about worries. A huge factor to stay happy is to cater your worries around, an important relationship in your life and pay special attention sustaining positive relationships. Worries are there to motivate information gathering and problem-solving. Make your mind firm and do come to a positive decision as come what we will not allow the worries to entire our mind and soul.

Once a decision is carefully reached we should get busy carrying out our decisions and should not bother about all the anxieties that are about to come. When we, or any of our colleagues or associates, are about to worry about a problem, we must write it out and think positively of the questions: Instead

of worrying about what people say of you, why not spend time trying to accomplish something they will admire. What if we just acted like everything was easy?

How would your life be different if you stopped worrying about things we can't control and started focusing on the things we can? Let today be the day. You free yourself from fruitless worry, seize the day and take effective action on things you can change. We would change ourselves for the betterment if we start thinking in positive terms. Positive thinking is what is required of us and simply worrying about the future things or as to what will happen in the next moment will certainly deprive us of good and happy living that we are about gather or get in the next hour.

CHAPTER 3

THINK POSITIVE WHY WORRY SO MUCH

Think Positive. What do we get out of negative thinking? We may feel largely uncomfortable, when worries attack our thoughts and mind. While we are consuming more worries we are far too busy to do anything else to fix the real problem and would rather find it hard to get into a smart solution. Thus resulting in a fact that you spend your evenings worrying only without even bothering to find some time to know its cause. We get nothing out of worrying except only to think and cry.

Another interesting cause of getting worried is the attachment with which our inner soul gets attracted to. Attachment brings worry. If you have a problem and you come up with the answer, you stop worrying immediately. Our minds can be dishonest, persuading us that we are worrying about something, when our deepest fear is entirely different. No-one likes to admit that they've chosen to worry. We ought to know that the first step is to write down the worries, is to decide on one small step we can take towards a solution. But to be very true no man in this world is free of obstacles or difficulties. We need make worry our habits. Break this habit and stop all the negative and panic thoughts provoking our mind all the time. Let's all think in positive terms and be positive in our lives.

What is there to worry about?

If we can't change the past, we must not ruin the present by worrying about the future. Joy is what happens to us when we allow ourselves to recognize how good things really are. When we feel worried and depressed, we need to consciously form a smile on our faces and act upbeat until the happy feeling becomes genuine reality. Positive Thinking will generate happiness in us. Feelings of depression and hopelessness and or anger are even tougher to cope with on a consistent basis. When we are worried, we not only hurt ourselves, but the

limited support systems that are still holding on your mind but making us to get more and more worried and nothing is achieved in terms of success.

Our actions positive thinking breed confidence and courage in us. If we want to conquer fear, anger and worry we should sit ideal and just think about it. Let our deep worrying do some advance thinking and planning. If we look into our own mind and heart, and we will find nothing wrong there, what is there to worry about? Practically nothing what is there to fear about and again nothing? So why worry unnecessarily and make our present and future dark. Discard negative thought think positive and be happy. Positive thinking is the key to all problems and worries. Solve all your problems and get rid of all unnecessary worries by simply thinking in a positive manner. What is there to worry about? Think Positive, Be Positive and have confidence in you.

CHAPTER 4

CREATE LIFE WITHIN YOU

If you are interested in getting more happiness, to get it through positive thinking. all you need to do is to focus on all the directions on positive thinking as if you have already attained success. You need to focus on the thing and create a life within you. If you want love and affection, entertain people and give them the abundance of love. If you want to have greater health, pay attention on all the ways that make us healthy, thus creating and delivering a good life within you by thinking in positive ways. You need to understand and admit that there are problems that you cannot change. But you can change the ways of your thinking if you identify the main reason of the problem. And if you acknowledge the facts, that you have been negative or inactive in finding a solution to the problem, probably this will make it easier for you to become positive thus creating a new lease of life within you. Positive thinking will surely make you happy. Another thing to understand is that you must try to make goals. Making goals can give you a more positive outlook on life. People often tend to get bored with life and get the feeling that they are stuck to negative things with the result they often get the feeling of being depressed dejected and monotonous. Setting a direction and a goal for yourself, would surely help you to move forward. If you are expecting to succeed, and are not afraid of failure, you have the best chance of staying positive and can create a very positive life within you. When you, or any of your associates, are tempted to worry about a problem, write out the solution and a definite answer to it. This helps a positive feeling to generate within you.

The perfect way to conquer worry is the Prayer of God

Another thing you need to understand is that there are several ways to cultivate a mental attitude that can bring you peace and happiness and can carnage a good life within you.

More of it if you fill your mind with thoughts of peace, courage, health, and hope, your life will be easy to live. If you think in positive terms you would get a happy feeling of life and mind you if you let yourself to forget your own unhappiness, by trying to create a little happiness for others you are sure to get happiness in your life. You are best to yourself.

The perfect way to conquer worry is the Prayer of God. To keep yourself from worrying about criticism, do not even try to get mixed with your enemies, because if you do you will hurt yourself far more than we hurting them. You will fall prey to negative thinking and this in turn will lead you unhappiness in life. Instead of worrying about ingratitude, let's expect it. Let's remember that the only way to find happiness is not to expect gratitude, but to give for the joy of giving. Let us build a happy life within us generate peace and a healthy atmosphere around us. This will help us to lead a peaceful happy and prosperous life and we would find ourselves to be happier than before. You should do things in the order of their importance.

If you have or face problems in hand you need to clear your desk of all papers except those relating to the immediate problem at hand. When you face a problem, solve it then and there, by thinking positively and if you have the facts to make a decision, make a decision fast and do not linger on. Learn to think in positive terms organize the things, deputize, and supervise straight away by coming to decision. Simply postponing it would spoil your good thoughts and there is every likelihood your mind may get into negative activities and start thinking in negative manner. Therefore think positive, write down a list of things that make you positive, however big, small, likely or unlikely. Then work to make them occur more often. Look for moments of joy and savor them.

Take care of your health- Eat Well

Recognize your good happening every day. Be positive think

positive and be happy. One need not to forgot that we need to eat well do plenty of exercise and do not skip meals It is a known fact that physical exercise is known to stimulate our veins and get to strengthen our minds that lift depression and anxiety, so we need to walk, swim, run.

Whatever we like doing best above all we must move ahead in direction where our mind can generate electricity to think in positive direct. So take care of your health and eat well. Those who create negativity or those who not well tend to give themselves worry and stress and in the end tend to be devastated. If we cannot get some good sunshine, we can always lighten up our thoughts with brighter lights of positive thinking. We can have ample of lunch of positive thinking. To avoid negative thoughts we need to take frequent walks No man is indispensable and no man is not capable of positive thinking.

Our friends are always there to give us some moral support. Spending time and engaging ourselves in worthwhile positive activities could give us a very enjoyable and satisfying feeling. Nothing feels better than having group support and talking in terms of positive thinking. Good friends are quite important and their company generally lightened up our spirits. This makes us to think in positive manner and to get to know such friends we simply have to be friendly with ourselves, and then the friendships will naturally follow us and make our lives happy.

We need to understand the power of positive thinking and its support and we have not to underestimate it strength and support. Don't we feel so good when someone pats us on our back and gives us some words of encouragement during your most challenging times and difficult times and advises us to remain positive and think positive just hug or embrace someone with positive attitude someday you will see that you have almost changed his life. Get intimate with him and try to establish

close ties with his family and friends.

The love and care expressed by you will tremendously boost him in positive manner and well as your immune system and fury of worry will be diminished for all if you advise them to think in positive terms. In our lives difficulties and storms may come and go in the form of reversals, but if we have the power of positive thinking and foundation of inner fulfillment we would be able to deal with it with a very clear practical mind and with this positive thinking these storms will not kill us nor will disrupt us.

There could be numberless reasons for which we keep on worrying. We may be worried about our health, wealth, loved ones, friends, the happening of yesterday and the follow happenings of tomorrow, the environment or the world politics, but these can be dealt with firm mind and fearless worry if we generate within ourselves the power of positive thinking within ourselves.

CHAPTER 5

POSITIVE THINKING IS OF STATE OF MIND

Positive thinking state of mind and positivity is something we cannot earn or buy. If we have spent your lives trying to get some happiness or something that will make us happy, odds are that we are wasting a really good life and that the negative is following us. We have overlooked a lot of personal happiness. We are probably spending so much time chasing and dreaming of unnecessary thing of what could be of no use to us we are wasting our valuable time and money and probably we are forgetting about all the small and big things occurring that could make us happy.

We need to remember that people and things alone, won't make us happy. Our own efforts not to get worried or depressed make us happy. Positive Thinking make us happy. We ought to remember the saying, that "Positive Thinking along can bring happiness and it is a state of mind". State of mind is what you think do and act in a peaceful manner without being getting worried or depressed.

The best thing about happiness and positive thinking is that you get it is free. You don't have to pay or you do not have to open any account to be happy. You don't have to pay monthly rent for getting it it either. All you need is to think positively .You just have to change your perspective, your views on what you are seeing and feeling. Positive thinking and happiness is not something which is quite readymade. It comes from your own actions deeds and your thoughts. Don't let one cloud darken the whole sky. Angriiness and happiness don't mix. You must dig out the angriness in you, and see that the happiness has shown and seeded a place to grow its roots by positive thinking alone. The ultimate goal of life should be to get happiness and not get involved into unnecessary worries falling in the death trap of defeats and failures. The essence of life is not

in the great victories and grand failures, but in the simple joys. The purpose of our lives is to be happy. Laugh when you can, apologize when you should, and let go of what you can't change. Think positive and just visualize that what is stored in destiny would not be negative.

If you want to be happy, practice meditation. If you want, others to be happy practice compassion. Whoever is happy will make others happy, too. Let us be very sure and let us keep in mind that happiness doesn't depend on any superficial conditions, it is governed by our mental attitude only. Our greatest gift to others is to be happy and to radiate our happiness to the entire world. Happiness is a guide to direction, not a place to hide. As a happy person, you radiate happiness to the world. Visualize your light radiating throughout the world, passing from person to person until it encircles the globe. Resolve to keep happy, and your joy and you shall form an invincible host against difficulties.

The positive persons often dance to the happy tunes of their lives. The path to happiness is forgiveness of everyone and gratitude for everything. Happiness fills your heart each day and your whole life through with clean thoughts. Any day would be a wonderful day if you do not take life so seriously. Happiness is not about being a winner -it's about being gentle with life being gentle within you. Happiness blooms in the presence of self-respect and the absence of ego. Love yourself. Love everyone around you. Love everyone in the whole world.

When you're feeling depressed or anxious, close your eyes and try to visualize a guided positive imaginary thing. First breathe deeply and relax. How important it is to consistently reach for positive, uplifting, inspirational thoughts. Thought that promote aliveness and abundance. Thoughts that make you feel good. Look at the birds of the air; they do not sow or reap or store away in barns, and yet our heavenly Father feeds them.

Imagine that you're already a positive person and you love life. The only thing between us and our desire, to be happy, is one single fact: we are not happy because we often fall into the death trap of depression and wholly because of our negative thoughts. Throw away all your negative thoughts and worries, concentrate on the goals to be achieved, on the ray of happiness in you and make sure that you are not falling again into the path of negativity. "Positive Thinking is a state of mind only and not the thoughts of negatives" Being a positive thinker is not about ignoring reality in favor of aspirational thoughts. It is more about taking a proactive approach to your life. Instead of feeling hopeless or overwhelmed, positive thinking allows you to tackle life's challenges by looking for effective ways to resolve conflict and come up with creative solutions to problems. It might not be easy, but the positive

CHAPTER 6

BE HAPPY CONCENTRATE ON HAPPY THOUGHTS

You may also feel that life has become terrible for you to live and you are carrying no hope that someone would be there to rescue you. Happiness is your own choice and decision. Each of us can be as happy as we make up our minds to be. We can, if we want, fill up our days with positive attitude chatter and laughter. To be happy, we need to concentrate only on happy thoughts. The ghosts of the past have to be exorcised. You may be working in any field, the key to success is your outlook. Sometimes you may think that no road is left for you from where you can achieve the happiness of life. There may be chances that someone who was there with you before might hold on to you when you are on the dark side of the life.

The experience has taught us that we should buy some strength, hope and positive ness from our loved ones to help ourselves in such a situation rather than surrendering as life is a precious gift of God and is equipped with full of joy and happiness if we help ourselves in these critical moments and live with considerable optimism. Happiness in life comes through the doors of positive thoughts; we do not even realize which one is left open. We have so many reasons to cry and at the same time plenty of reasons to smile as well.

Keeping our dreams and hope alive might be a reason that success and happiness will come our way again. We ought to know that happiness alone does not stand for anything, but it is on our way of thinking that how do we keep ourselves happy in life. Ending up our lives does not lead us to our destination but of course proves we are supposed to be cowards who know not to unfold the doors of belief in God and in ourselves. Failure and disappointment are part of our life. The only thing is that

we need to face and solve the problem. We must not forget to believe in God whatever our situation may be, we would be taken away from Him by the difficulties, in order that we bow down and surrender. But if our faith is strong enough we will not be let down, rather we would break the knees of sorrows and force it to die and lead happy lives. We should not surrender but must find out ways to come out of our worries, anxieties and difficulties.

We ought not to indulge ourselves into the darkness of the room but find out the doors to free ourselves from unnecessary fear and worries. We must belief in ourselves and our hearts, and believe in the ones who love us and not the ones whom we love. We must not fall on the negative side of a thing. It is the real time when you keep on revealing the truth of our lives and relations, do not fall on the reverse side but think how good it was that because of the hard times of our lives we could well judge about them.

We should always try to be positive and should think that whatever is happening, it is the positive side or consequence of that incident in would be on the positive side of our imagination. With all these thoughts, I would request my readers to implement some good thoughts in their life that would make things easier to be tackled by them. We should accept the situation and fight it with more determination.

In this world nothing is good or bad and only thinking makes it so. We ought to know that advice from people around us will help us to overcome from the any drastic situation. Also we have to always minimize the stress as it gives nothing but takes away joy and happiness from our lives. And finally we need to take things casually and fight with it seriously.

The next morning after all, will surely come with fresh air to

breathe the new hopes in us with the brightness of the sun. A clear minded person looks for good qualities in the other person, whereas a negative mind always looks for the fault in the other person, whereas a negative mind always looks for the fault. An optimist goes forward keeping in mind the past, a pessimist thinks of the future and reverts back to the past. In fact negative thoughts are our greatest enemies. Experience the happiness in all circumstances by maintaining better relationships.

How about understanding that sadness cannot touch a person with a positive attitude? The capability increases as it boosts up patience and confidence. It increases the decision of making power. Creative way of thoughts appears in the mind. Positive thoughts teach the art of finding solutions to any problem. Optimism is something what we do. Anxiety and other negative emotions are known to be detrimental to the body, especially to our immune systems, and having an optimistic nature seems to protect against those effects.

People who are supposed to be optimistic, about their future, behaving differently. They do exercise, do not indulge in smoking and often follow a good and better diet. Whenever we are unhappy, if we analyze the reason for our unhappiness, it is because life is not matching our expectations.

CHAPTER 7

START HAPPY LIVING

Even when you are facing challenges, it is important to stay open to laughter and humor. Sometimes, simply recognizing the potential humor in a situation can lessen your stress and brighten your outlook. Seeking out sources of humor such as watching a funny sitcom or reading jokes online can help you think more positive thoughts. We need to know and realize that nobody is perfect or flawless. If we try to change the way we look, talk and behave just to please others, and show our pride we will gradually become such a person that we ourselves won't recognize each other and would start and create unnecessary worries within us and our surrounding without being positive and will not start to live happily. We ought to stop worrying over unnecessary things be positive and live without fear happily.

As a result, negative thoughts can creep into your mind. While you know that thinking positively is better for your state of mind, you might be surprised to learn that it can also be good for your health. We need to understand that what people think of us is their concern, and not ours. If they think about us to be, too reticent or proud, it's really not our business. If every time we happen to meet some new fellows, we may wonder and imagine as what they think of us, and with this feeling in us we will never be able to live a trouble-free and hassle free life. We are bound to fall into the trap of unnecessary worries denying us the startup of new and the happy living life.

We must think rationally. Is it in our hands or can we control what others think about us. Simply we need to ignore them If we cannot, and live our lives the way we want to and find the ways to leave worries aside and start living a happy life. Let us make our way to happy living. Positive thinking is not about

putting on a pair of rose-colored glasses and ignoring all the negative things you will encounter in life. That approach can be just as devastating as ignoring the positive and only focusing on the negative. Balance, with a healthy dose of realism, is the key. It is a well-known fact that attitude decides how a natives or persons copes up with the day to day events of life. Attitude is what a influence a person's reaction to a situation in life is.

It sets the emotional undertone for a person to his likes or dislikes a situation even before he is acquainted with it. Though we attach so much importance to this attitude, as we grow into teenage and adult years we find ourselves becoming ungrateful or taking things for granted. We lose touch with the very same qualities that we instill in our children. We take for granted our life, our health, our families, the people in our lives, the things that our loved ones do for us to make our lives easier and things that we possess.

The attitude of positive speaks a lot about a person. It denotes about changing negative attitudes and making positive thinking a positive attitude a good habit. Thinking positively and a positive attitude help us to appreciate and value ourselves, our potential and all that we have. It ensures that we do not take our abilities for granted. It makes us look at ourselves as special people with a special set of abilities and potential.

It banishes the feelings of inadequacy and insecurity that arises from unfair comparisons with others. It helps us to appreciate people for who they are and not magnify what they are not and their little flaws. It drives away prejudice and makes us approach life with an open mind. It predisposes us to react to the daily events of life in a positive manner and help us to look at the brighter side of life. Make us optimistic. It gives hope and helps us look forward to life with anticipation. We need to know that positive thinking takes the focus away from what we don't

have, to appreciating and making good use of what we have. It is closely connected to our emotional wellbeing and happiness. We feel loved and at peace with ourselves for a major part of our lives when we make this attitude ours. This adds and helps us to get rid of greed, amenity, bitterness, jealousy, and promotes a healthy and nurturing attitude towards others, which in turn gets reciprocated and we feel the sense of healthy living

We attach so much importance to this attitude of gratitude that when our children fail to thank someone, we insist that they do it. That is what is needed to be avoided from time to time. We expect this in return from others when we help them or give them a gift. We call a person discourteous and rude when they do not say thank us in return. On the face of it we ought to know that a positive is not an attitude of being satisfied and content, that you never want to do anything, anymore.

This is an attitude that makes you feel good about who you are, what you do, and what your potentials are. This attitude impels you to utilize all that you are endowed with as a person, to achieve the highest possible goals. When we have this attitude, we are able to work without any external pressure to perform but there is sufficient pressure and motivation from within. The possessing of positive thinking is like any other habit, so we need to follow the routine of habit formation here as well. You will win new friends and admirers without having to impress them or conform to the pressure of doing things their way. You will be bubbling with life and the joie de vivre.

You will be rearing to go and accomplish all you can with your new found confidence. The best part of adopting the 'positive thinking and a positive attitude of gratitude is that, you will be able to enjoy the smallest pleasures of nature with a heightened sense of satisfaction and awe. I can see and watch a beautiful flower and carry that joy in my mind for future enjoyment with

a clear positive habit. I can go back to work freshen and can use it as an object to meditate on when I feel stressed.

Let us be clear that a positive is not an attitude of being satisfied and content, that you never want to do anything, anymore. This is an attitude that makes you feel good about who you are, what you do, and what your potentials are. This attitude impels you to utilize all that you are endowed with as a person, to achieve the highest possible goals. When we have this attitude, we are able to work without any external pressure to perform but there is sufficient pressure and motivation from within. The habit of positive thinking is like any other habit, so we need to follow the routine of habit formation here as well.

CHAPTER 8

LIFE IS A STAGE WE ARE PERFORMERS

Life itself is a stage and we all are the performers being a positive thinker is not about ignoring reality in favor of aspirational thoughts. It is more about taking a proactive approach to your life. Instead of feeling hopeless or overwhelmed, positive thinking allows you to tackle life's challenges by looking for effective ways to resolve conflict and come up with creative solutions to problems. It might not be easy, but the positive impact it will have on your mental, emotional, and physical health will be well-worth it. At time we may think that there is no road is left for us from where we can achieve the happiness of our lives. We may also feel that life has become terrible for us to live and we are carrying new hope that someone would come to rescue us. There may be chances that someone who was there with us before might have held on to us when we were on the dark side of the life.

What if when everything goes wrong and all the doors of happiness are closed our live becomes a silent. It is a quite common and we are aware of a marvelous proverb that Life itself is a stage and we all are the performers, performing different acts assigned to us by our almighty power. We should not forget as to what is in our possession?, if it is to fulfill our duties towards our responsibility and do whatever is correct and is allowed by us in our life?. We should not forget that happiness in life comes through the doors of positive thoughts; we need to have them first. If one door happen to close, another opens, in the event only when we are confident and optimistic.

We have so many reasons to cry and at the same time plenty of reasons to smile as well. Similarly, happiness does not stand for anything, but is on our way of thinking that how do we keep

ourselves happy in life. Failure and disappointment are part of our life. The only thing is that we need to face and solve the problem is by keeping our dreams and hope alive be it a reason that success and happiness will come our way again. There are quite a number of reasons to believe that for a successful and happy life the mystery surrounding it lies in our interests, and good memory which is the basis of our interest, power of desire and aim, keeping ourselves smiling and the doubt free character which is the foremost important reason for a successful and happy life.

If we possess one solid unselfish and doubt free character within ourselves we would be quite happy and successful. The experience has taught us that we should buy some strength, hope and positivity from our loved ones to help ourselves in such a situation rather than surrendering as life is a precious gift of God and is equipped with full of joy and happiness if we help ourselves in these critical moments we can live with considerable optimism.

Now let's us imagine that we are not feeling at our best today, and we are having thoughts that could be classified as negative. We shouldn't be thinking such negative thoughts. We don't like the negative thoughts. We ought to know that negative thoughts are stressful, demoralizing and depressing. We shouldn't aim to have negative thoughts at all. Often we feel uncomfortable because we think we have to say or do something in response to another person's words. When we find ourselves thinking this way, it helps enormously to take a few moments to check inside and notice what we are feeling. We are deeply depressed that negativity has governed us and has taken a deep root in our minds.....So, let's imagine that you have chosen to focus on your negative thinking with regards to school. The next step is to spend a little bit of time each day evaluating your own

thoughts.

When you find yourself thinking critical thoughts about yourself, take a moment to pause and reflect. While you might be upset about getting a bad grade on an exam, is berating yourself really the best approach? Is there any way to put a positive spin on the situation? While you might not have done well on this exam, at least you have a better indication of how to structure your study time for the next big test. However, despite of all these good thoughts which are embodied to us by the almighty fail to revive these unwanted circumstances that lead us to sorrow and difficulties and a situation where we do not know what is correct and good for us and what is wrong for us.

We should always remember that, "Life is there, where there is hope". That single thing that remains in our hands is to find out ways to know how to overcome these worries of our life at that very moment when all doors are closed for us which means that whatever situation is there, we must not give up hope. We must fight because there have been always a chance that with good faith and hard work we can turn the odds in our favor.

It is often said that it is very easy to advice but when it comes to us, things go out of our control and we fail to suggest a way out for ourselves. We fall into the trap of unnecessary worries and elope ourselves with negative thoughts. We feel better when somebody else is facing some difficulty but when it comes to us we fail to gather that faith, will power and the words of strength.

Being a positive thinker is not about ignoring reality in favor of aspirational thoughts. It is more about taking a proactive approach to your life. Instead of feeling hopeless or overwhelmed, positive thinking allows you to tackle life's challenges by looking for effective ways to resolve conflict and come up with creative solutions to problems. It might not be easy, but the positive

impact it will have on your mental, emotional, and physical health will be well-worth it. It takes practice; lots of practice.

This is not a step-by-step process that you can complete and be done with. Instead, it involves a lifelong commitment to looking inside yourself and being willing to challenge negative thoughts and make positive changes. It is a common fact that no one in this world is free of obstacles or difficulties. If all the openings of happiness are shut for us and we have to overcome that and have no way to come out, but to survive lest we must have to learn to swim out of the sorrows because this is what is called life and sorrow free living. There are lot more examples and in many other situations, where we will find that how we could have faced and fought with our sorrows and difficulties of life when there was no hope left in our lives.

When the power of will is at the worst and each one of us knows that the one who is gone never comes back. Neither a thousands of words would not be enough to bring him back nor a million tears, because each and every moment, eyes would only shed tears , mind would remain tensed and we would be simply surrounded by worries and the life seems to have been vanished. Life is ever expanding, contraction is death.

As commonly said by big saints that the self- seeking man who is looking after his personal comforts and leading a lazy life for himself there would be no room for him even in the hell and he simply have lost the power of his will. One cannot do anything without it. We fail only when we do not try very hard to achieve the power and faith within us. As soon as we lose faith, death comes in our way and we are surrounds by all the evils and stupid worries of the world. The secret and history of every successful man is to have, good confidence, faith and strength behind him and that remain the right cause of his single success in life. Unselfishness plays a very vital role in his life. He may not have been perfectly unselfish, yet he was tending towards it.

If he had been perfectly unselfish, he would have been as great a success.

The degree of unselfishness marks the degree of success everywhere and he leads to be successful man without fear worries and selfishness. Therefore creation of positivity in life is utmost necessary to enjoy the special gift of God to us. The love for God and worshipping God adds to one common thing the immense faith in Him. There may be different beliefs and ways to worship God in different communities, places and religions, but one thing remains the same and that is the Love of God for all of us. Our world is full of odds and evens, happiness and sorrows, fulfilment and emptiness. And these are all created by the Almighty. However, the most beautiful Gift of God, is Human, which is such a mystery driven by Him which could hardly be defined or explained in depth.

We know that life cannot be foreseen. Life is not a bed of roses. Life is a battle field and not a bed of roses as every man on earth has to struggle very hard in making his life happy. If aim of our life is to stay happy and let others to be happy, we will be happy and remembered by all. But no one will actually remember us for the wealth we have gained, or success we have achieved. I have no aim in life. Summary living with no purpose in life is just like a feather moving towards the wind. Life is such a special gift of Almighty and it is not gifted by Him to use it the way we like or love to. The actual path shown by Him needs to be followed by us for us to reach the peak of betterment every moment. We need to have some positive attitude to look at it comfortably but at the same time having a positive mental attitude does not mean banishing all negative thoughts and people from your life. One and another one arises.

CHAPTER 9

Be Happy and Keep Smiling

The secret of successful and happy life lies in keeping ourselves smiling. Positive thinking is not about putting on a pair of rose-colored glasses and ignoring all the negative things you will encounter in life. That approach can be just as devastating as ignoring the positive and only focusing on the negative. Balance, with a healthy dose of realism, is the key. So what can you do when you find yourself overwhelmed with negative thoughts? Start with small steps. After all, you are essentially trying to cultivate a new habit here, and the character which is the foremost important reason that lies within us. Do not be curious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. Whenever your mind is tempted to jump the fence and start to worry, say this verse aloud or to yourself. You may even have to repeat it over and over again.

Watch carefully for negative self-talk. When your inner monologue starts suggesting that you will never get your assignments done on time or that the work is too hard, find a way to take a more positive view of the situation. For example, if you are struggling to finish a research paper on time, look for ways that you can rearrange your schedule to make more time for the project rather than giving into hopelessness. When a homework assignment seems too difficult to complete, see if taking a different approach to the problem. We need to believe that a Positive Attitude is a choice. This step is hard to take. People are either positive or negative. They tend to blame their negativity on all kinds of outside forces—fate, experiences, parents, relationship, but never really stopped to think that they could choose to be positive. Piercing ourselves that positivity is a choice has been one of the greatest things we have ever done

for ourselves.

Now when we find ourselves in a bad situation, we know that it's up to us to find the good, to be positive regardless of what's happening around us. We should no longer point fingers and place blame to anyone else. We need to realize that everything happens how it happens, and it's up to us to choose how we want to feel about it. We need to be in control of our attitude, and no one can take that away this from us.

Negativity is contagious and spreads like fire. It not only does its affect anyone, but it spreads to everyone who ever comes in contact with it or whoever they interact with. When only the negative perspective is in focus, the resolution process is impeded. Eliminating negativity, or rather, being positive is a mindset that can be found at any moment, and which can be turned into a habit. If we want to live a positive, joyful life, we must not be surrounded by negative people who don't encourage our happiness.

As a negative person, we ought to get attracted too negative people only. Only when we decide to make the change to live a more positive life, we have to get rid of our lives of the most negative influences in it. We are quite aware of the fact that no one is perfect and perfection isn't the goal when it comes to positivity but there were people in our lives who were consistently negative, who constantly bring us down, we need to stop spending so much time with them.

We can very well imagine, it is not easy for us to get away from these negative people. It can hurt us to keep distance from people even when you know they aren't good for us and for our current lifestyle. In addition to removing negative influences from them, we also have to get rid of some of our own negative behaviors, such as the drug and alcohol abuse. We need to take

some concrete steps and examine which behaviors are good for us and which were not harmful.

What we need is to learn to focus on the positive things, such as working on positive activities and cultivating new, positive relationships. We must let go of the negative ones. This process may be not easy to live a positive life when negative people and behaviors continually pull us down. The real test of any one is to remain positive whenever some challenges become difficult. Remaining positive keeps our mind in the right state of balance and often opens resolutions to the problems at hand. We must throw away the negativity in us and opt for being a very positive person. In every situation or in every person there is something good. Most of the time it's not easy to find the positive qualities but we have to look hard to discover positivity in them. Now, when we are faced with a difficult or challenging situation, we need to think and talk to ourselves and console our mind, no matter how terrible the situation might seem, we can always find something good if we take the time to think about it.

It is quite obvious that anything good and bad is learning experience so, at the very least, we must learn from bad experiences. However, there's usually even more to it than that. If you really take some time to have a look at it, we would find something good, something genuinely positive, about every person or situation.

Once we start thinking more positively, we will realize that we had to reinforce these thoughts and behaviors within ourselves so that we could stick to it. As with any sort of training, the more we practice, the better we get to be positive. The best and easiest way to do this is to be positive when it comes to who we are. We need to speak to ourselves that we are awesome. And we have done a good job at work thus creating positivity within us. We need to be honest with ourselves, and we need to do our

best to look for the good. And, whatever we do, we must not focus on the negative. It is alright not to like everything about ourselves, but don't focus on what we don't like. We have all the positive attributes, and it's up to us to remind ourselves of them every day.

Not only do we need to be positive with ourselves for this multiple action to take effect, but we need to be more positive with others. We have to share our wealth of positivity with the people of the world. The best way is to be nice with other people, no matter what. Tell them that they look nice today. Appreciate their job and tell them that have done a great job on that assignment. Be positive and tell your elder or your kids how much you love them and how great they are. When someone is feeling down, do what we need to do is to cheer him or her up. Do send them gifts nice flower and glow them with nice notes.

What is required is that we never wanted to see the good in ourselves and, therefore, didn't want to see it in others also. We must not be critical and condescending rather we must be encouraging and supportive. We should not try to treat others as we would like to be treated, but also try to consider how we would like to be treated.

CHAPTER 10

CHANGE FROM NEGATIVITY TO POSITIVITY

Change your attitude from negative thinking to Positive Thinking and converge yourself from negativity to positivity. Positive thinking is a mental and emotional attitude that focuses on the bright side of life and expects positive results. A positive person anticipates happiness, health and success, and believes he or she can overcome any obstacle and difficulty. Positive thinking is not accepted by everyone. Some, consider it as nonsense, and scoff at people who follow it, but there is a growing number of people, who accept positive thinking as a fact, and believe in its effectiveness. We need to learn a lesson from every situation.

No matter how difficult the situation may appear. We should recognize the beautiful lessons waiting to be discovered. Sometimes lessons may prove to be expensive and costly, but every problem is a learning experience in disguise. We need to be conscious of our thoughts, especially, when life just isn't going our way. The moment we see that we are diving into frustration, agony, sorrow or low self –esteem we must shift our thoughts, by thinking about something completely different and unrelated.

Negative thinking is contagious.

We affect, and are affected by the people we meet, in one way or another. This happens instinctively and on a subconscious level, through words, thoughts and feelings, and through body language. Is it any wonder that we want to be around positive people, and prefer to avoid negative ones? People are more disposed to help us, if we are positive, and they dislike and avoid anyone broadcasting negativity. Negative thoughts, words and attitude, create negative and unhappy feelings, moods and behavior. When the mind is negative, poisons are released into

the blood, which cause more unhappiness and negativity. This is the way to failure, frustration and disappointment. Individuals with a pessimistic explanatory style often blame themselves when bad things happen, but fail to give themselves adequate credit for successful outcomes. They also have a tendency to view negative events as expected and lasting.

As you can imagine, blaming yourself for events outside of your control or viewing these unfortunate events as a persistent part of your life can have a detrimental impact on your state of mind. Positive thinkers are more apt to use an optimistic explanatory

style, but the way in which people attribute events can also vary depending upon the exact situation. This will strangle the pattern of self-pity, mind-created imaginations, and negative downward stairs. Really what makes us different from other mammals is our ability to control our thoughts and think for ourselves positively and shift our negative thoughts to a positive angle. We may have made mistakes, but now we can accept it and continue, knowing that we will make a different decision in the future. If we understand this it can be appreciative for the experience.

We cannot be both angry and grateful at the same time. We should start counting the blessings and miracles in our lives and if we start exploring for them and we would find more. It's quite true that we are alive and breathing! We have to realize how lucky we are with all the positivity in abundance in our lives. ●ur mind and body becomes dumb and mum when it comes to pressure, all it wants to do is take the easiest way out and to throw out of us our negative within us.

While the terms positive thinking and positive psychology are sometimes used interchangeably, it is important to understand that they are not the same thing. First, positive thinking is about looking at things from a positive point of view. Positive

psychology certainly tends to focus on optimism, but it also notes that while there are many benefits to thinking positively, there are actually times when more realistic thinking is more advantageous. Feeling good about ourselves and showing self-confidence boosts our skills potential and capabilities in any areas of work and supports us to become more positive.

We need to shift our thoughts from being a negative person to more strong a positive man. Also keeping in mind that pushing things to the limit and going beyond what we think is possible for us to get to the next step of being positive. It becomes another key to achieving what we really want to do. You have probably had someone tell you to "look on the bright side" or to "see the cup as half full." Chances are good that the people who make these comments are positive thinkers. Even if it may even be relationships and we are finding it difficult to meet someone where we are actually interested in.

We need not wait because it usually doesn't come to us by own, we must stand up to get help from any learned fellow. One of the most important things while doing all of this is to be happy about what we are doing, thus we ought to have a successful goal setting our lifestyle with a positive attitude. At times we may suffer from chronic depression, though we know how good things look on to others life cannot be worse for us. Let's imagine how to deal when life leaves a great big steaming pile at our doorstep. Lest we need to remember that external factors can be dealt with by taking positive steps to repair or at least address the root of the problem as best as we can. Whatever may be the primary cause of the problem, that cause must be examined first?.

We may or may not be able to solve the problem, per se, but at least knowing that we are taking positive steps can help us improve our outlook. It will not be easy, of course, for us and it

may be like suffering a chronic disease thus we must balance ourselves as "being positive" with an understanding that the reality is, it's going to be an ongoing battle for our own survival. Depression will undermine even the strongest of wills, need help to maintain or at least be reminded of a positive outlook.

Counseling, psychotherapy, and the right combination of medication will play a crucial role in helping to keep us from sinking into that very dark place that is the essence of depression. Be patient, but don't look for miracles. It may be that we will need the help of professionals throughout our lives to maintain a generally even keel. If one could "will away" depression, there would be no need of doctors or drugs. What we can do is understand why we feel like we do, and explain to our counselors that we wish it were that easy, and that we appreciate our concern towards positivity. Shifting our thoughts enables us to the right path of our positivity and thinking in its direction of positivity can make us to lead a very happy life.

CHAPTER 11

WHAT APPEARS NEGATIVE IS SURE TO CHANGE

We need to realize that what appears negative today will change tomorrow. Nothing stays the same. Whether you are positive or negative, the situation does not change. So, we mind as well be positive. As with any habit, the habit of remaining positive in all situations takes practice and a commitment to yourself to take control. But start small, start paying attention to your emotions, start by wanting to change.

First, positive thinking is about looking at things from a positive point of view. Positive psychology certainly tends to focus on optimism, but it also notes that while there are many benefits to thinking positively, there are actually times when more realistic thinking is more advantageous.

While it might take some time, eventually you may find that thinking positively starts to come more naturally. Consider putting some of the following tips into practice. We need to remember that as we possibly as we can we should make it a point to eat a more balanced, and healthy diet even though we may very little money left with us. We have intake of lot of greens vegetables and with variety of fruit and nuts which are all super healthy food for us, and which are less expensive than meats, cheeses, and processed foods! Their nitrifying value will energize and elevate our body, and knowing this that we are treating ourselves will surely refresh our minds.

If we look for rich food rich in vitamins and other useful ingredients which include nuts, soya beans and fatty fish we would get more nutrition value. We must cut back on the caffeine drinks, alcohol. We don't have to quit, but reducing the intake of them will help reduce anxiety and stress from time to

time...During a busy day, it can become all too easy to focus on the negative. You might feel tired, overworked, and stressed out by all of the conflicting demands on your time. As a result, negative thoughts can creep into your mind. While you know that thinking positively is better for your state of mind, you might be surprised to learn that it can also be good for your health. They are not laughing at jokes, they are just laughing for good health. As with smiling, you do not need to laugh at real things, you just need to do the physical laughing for all of the health benefits.

Exercise is one of health sport that our body needs most. It may be yoga, cross training, or even a simple walking in the park. This helps keeping our body active and will also help to grow our outlook. If we make it hobby we would enjoy the most.

Whether its art, photography, music focusing on something other than the worry factor it will give our mind some good atmosphere to breathe off and would generate a good behavior within us. The other refreshing factor is naturally our sleep. We need not be reminded of this. Our body is probably begging us for it when we are in the middle of hard times. We may be drawn to maintain good sleeping habits. Maintain a consistent sleep schedule, but allow yourself some leeway. If we sleep peacefully let our body get about 8 hours of sleep we get the best result

If you're just starting to have those thoughts, speak to your physician or your therapist. They may prescribe something to help steer you back to the center, emotionally. It may be the act of talking about it is therapeutic enough, but don't assume that. Leave that call to the professionals. Having goals which are set again and again after each one is achieved will give you a mind-set or target to strive for which leads to success, with success becomes natural positive attitude. With all costiveness, goals and

success builds a higher potential and belief within yourself. Setting realistic goals that you know you can achieve by staying positive is a great beginning to success.

Your attitude around your friends, family and public people really tells them who you are, being positive instead of negative makes an excellent first impression on anybody. Positive means to be absolute, clear-cut, definite, forward-looking and expressively firm with a decision. Having a positive attitude toward something means you are willing to commit and do the work without complaint, which leads to goals. If you have a problem, the thing to do is to communicate: find out the information you need to get the full picture, so that the solution becomes apparent. If you're upset, you need to communicate and say how you feel. If you've done something wrong, again you need to communicate. The nature of this world is that we have to face birth, old age, disease and death. Everything is always changing. The biggest problem is that we want to control our environment.

Don't hold onto anything that bothers your mind. It can only hurt your health and it won't help your problems at all. The people that live the longest in this world do not hold grudges or hold onto negative feelings. Visualize your worries on a large chalkboard in your mind. Watch yourself take a big eraser and erase the problems. Every time the thoughts come back into your head, see yourself with the eraser again. Keep your slate clean! "Worry does not empty tomorrow of its sorrow, it empties today of its strength. If a problem is fixable, if a situation is such that you can do something about it, then there is no need to worry. If it's not fixable, then there is no help in worrying. There is no benefit in worrying whatsoever."

"Worrying is carrying tomorrow's load with today's strength—carrying two days at once. It is moving into tomorrow ahead of

time. Worrying doesn't empty tomorrow of its sorrow, it empties today of its strength." "If we are worried about the future, then we must look today at the upbringing of children. "Life is what you make it, so make it a happy one!! Don't worry on things that may not happen, life is too short to worry too much. Smile and be happy recent studies have shown that smiling causes natural body chemicals to increase that can increase your good health. You receive the same benefits whether you feel like smiling or not. Smiling also benefits everyone that sees it. Smiling at others makes them feel good too. So smile, fake or not, it is good for you and good for your recipient.

It is the best medicine. Based on the same concept above about smiling, laughing burns calories, increases your adrenaline and boosts health. There are even groups of people that get together just to laugh together. Even small amounts of exercise make you feel better. Take a walk if you are feeling bluesy, angry or think you may be slipping into negative thinking. Getting your blood pumping empowers you to do what you need to do and to do what's right. In order to be a positive thinker, you need to learn how to really analyze your thoughts. The stream-of-conscious flow of thought can be difficult to focus on, especially if introspection is not your strong suit.

CHAPTER 12

HAVE POSITIVE ATTITUDE

Never let life's hardships disturb you .no one can avoid problems, not even saints or sages. As with any habit, the habit of remaining positive in all situations takes practice and a commitment to yourself to take control. If you tend to think positive you stand to gain all the amenities of a happy life. Positive Thinking leads you to a happy life one must not forgot the life is what you make it, so make it a happy one!. Don't worry on things that may not happen, life is too short to worry too much. Smile and be happy. Make yourself to be positive person.

Don't hold onto anything that bothers your mind. It can only hurt your health and it won't help your problems at all. The people that live the longest in this world do not hold grudges or hold or fall prey into negative feelings. Visualize your worries on a large chalkboard in your mind. Watch yourself take a big eraser and erase the problems. Every time the thoughts come back into your head, see yourself with the eraser again. Keep your slate clean and form a habit of thinking positive.

We must not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own. Do not anticipate trouble, or worry about what may never happen. Keep in the sunlight. Imagine every day to be a positive day and the last of a life surrounded with hopes,. The hours that come unexpectedly will be much the more grateful.

The mind that is anxious about future events is miserable. Present fears are less than horrible imaginings. Positive thinking is sure to ward of every odd imagination and sure to make you a happy person.Positive thinking actually means approaching life's challenges with a positive outlook. It does not

necessarily mean avoiding or ignoring the bad things; instead, it involves making the most of potentially bad situations, trying to see the best in other people, and viewing yourself and your abilities in a positive light. Positive thinking centers on such things as a belief in your abilities, a positive approach to challenges, and trying to make the most of bad situations. Bad things will happen.

Sometimes you will be disappointed or hurt by the actions of others. This does not mean that the world is out to get you or that all people will let you down. Instead, positive thinkers will look at the situation realistically, search for ways that they can improve the situation, and try to learn from their experiences.

Positive attitude bring good cheer, remembering that the misfortunes hardest to bear are those that never happen, focus on the positive aspects of lives, rather than on the negative setbacks. Let us not waste our lives in doubts and fears. It is not work that kills us, it is worry and the negative thinking. Work is healthy; but worry is rust upon the blade. It is not movement that destroys the machinery, but friction. We need to forget the most disturbing negative thinking in our lives and opt for the positive attitude by following the principles of positive thinking. Not only can positive thinking impact your ability to cope with stress and your immunity, it also has an impact on your overall well-being.

CHAPTER 13

MOON SIGNS IN BRIEF

ARIES

Persons born in Aries will have a certain amount of independent thinking and reasoning faculty. Aries will be capable. Aries may not be strict followers of convention. They are lovers of scientific thought and philosophy; have their own ideas of right and wrong and are strongly bent upon educational pursuits. Aries are rather stubborn but often frank, impulsive and courageous. Aries are more gossipers than practical men. They sometimes require a certain amount of cajolery and sycophancy to raise them to action. Aries become pioneers. As Mars is the lord of Aries, they will be martial in spirit. Their constitution will be hot, and they are occasionally subject to hot complaints, piles and the like, and must avoid enterprises obviously involving any serious risks. Aries love beauty, art and elegance. The diseases Aries suffer from will be mostly those of the head and unpleasant sightseeing may often lead to mental affliction and derangement of brain. Their build will be slender and females generally possess fairly perfect contours. One peculiarity is craning the neck.

TAURUS

The stature of the persons born in Taurus will be medium or short and often inclined towards corpulence, lips thick, complexion swarthy, square face, well-shaped lips and dark hair are prominent features. Women in Taurus are generally handsome. They generally resemble the bull in their behavior toward new people if they are not listened to properly. They have their own principles and ways. Often they have a piercing intellect. They shine well as authors, book dealers and journalists. They are not

bound by sentimentality but appreciate truth. They are remarkable for their ability to commit to memory. Physical and mental endurance of Taurus are note-worthy. They have much business knack and good intuition. They often think they are born to exercise authority over others and in a sense they are right. They are sensitive to physical influences. They are often liable to extremes, zealous and easily accessible to adulteration. They are sensitive to suffer from nervous complaints after their fiftieth year but their memory and powers of imagination will never deceive them. They are slow to anger, but when provoked, furious like the bull. Taurus are passionate and may become preys to sexual diseases in their old age unless they moderate their pleasures and learn to exercise self-control.

GEMINI

Persons when born in Gemini is rising have a wavering mind, often tall and straight in nature and active in motion, forehead broad, eyes clear and nose, a bit snub. Gemini is active and become experts in mathematical sciences; and mechanical sciences provided Saturn has some strong influence over them. They will be "jack of all trades but master of none". Gemini are vivacious, but liable to be inconstant. They will have sudden nervous breakdowns and must exercise a certain amount of caution in moving with the opposite sex; a habit of self-control must be cultivated. Mind of Gemini will be often conscious of their own faults. Gemini is liable to fraud and deceit will characterize their nature. If evil planets are found in Gemini, trickery and deceit will characterize their nature. Many of these traits can be corrected by training.

CANCER

Persons born under Cancer have a middle-sized body, face full, nose snubbed to some extent and complexion white. They often

have a double chin. They are very intelligent, bright and frugal and equally industrious. Their frugality often takes the form of miserliness. They are sympathetic but moral cowardice will be present. They will be much attached to their children and family. Their extreme sensitiveness renders them nervous and queer. Their minds will be bent upon schemes of trade and manufacture. They often meet with disappointments in marriage and love affairs. They are very talkative, self-reliant, honest and unbending. Cancer has reputation for love of justice and fair play. Saturn's situation in the ascendant is not desirable.

LEO

Persons born under Leo will be majestic in appearance, broad shoulders, and bilious constitution and bold and respectful in appearance. They possess the knack to adapt them to any condition of life. They are rather ambitious and sometimes avaricious too.

They are independent thinkers. They stick up to orthodox principles in religion but are perfectly tolerant towards to others precepts and practices. Leo is lovers of fine arts and literature and possesses a certain amount of philosophical knowledge. They are voracious readers. If the ascendant or the tenth house is afflicted, they may not succeed in life as much as they expect. They put forth much struggle. Their ambitions remain unfulfilled to some extent unless the horoscope has certain definite Raja-Yoga. They are capable of non-attachment and contentment. As Saturn happens to be lord of the 7th, Leo must resist the temptation of yielding much to their wives or husbands if domestic happiness is to prevail.

VIRGO

People born when Virgo is rising will exhibit their intelligence

and memory when quite young. They will be middle-sized persons and exhibit taste in art and literature. Their chest will be prominent and when afflicted, very weak also. They are discriminating and emotional and are carried away by impulses. Virgo love music and fine arts and acquire much power and influence over other people. They are liable to suffer from nervous breakdowns and paralysis when the sign is afflicted. Other combinations warranting Virgo can become great philosophers or writers. They are generally lucky in respect of their wives or husbands.

LIBRA

The complexion of persons born in Libra sign will be fair, their stature middle-sized, face broad, eyes fine, chest broad and light, appearance handsome, constitution rather phlegmatic, sensual disposition and keen observation. They have keen foresight and reason out things from the standpoint of their own views. Firm in conviction and unmoved by mean motives they are somewhat susceptible to the feelings of others' minds. They are more idealists than realists or practical men and often contemplate upon schemes like building castles in the air. Libra is not sensitive to what others say to them. But as political leaders and religious reformers they exert tremendous influence over masses and sometimes their zeal and enthusiasm goes to such a high pitch that they force their views upon others of opposite thoughts not realizing the baneful after-effects of such procedure. They love excitement and have the power of intuition upon which they often rely for their own guidance.

They are not amenable to reason. Libra are great lovers of music. Libra have a special liking for truth and honesty and do not hesitate to sacrifice even their lives at the alters of freedom and fair play. Domestic life of Libra may be crossed by frequent tensions.

SCORPIO

Those born under Scorpio sign have youthful appearance, a generous disposition and fierce eyes. Scorpio are fickle minded and love much excitement. Scorpio is inclined to sensual things in reality while they will not hesitate to philosophies upon the merits of controlling sensual pleasures. Even females born in Scorpio sign will have more of masculine tendencies. They are good correspondents and invite from among people throughout the world. They can become expert musicians if they care to practice the art.

They are proficient in fine arts, dancing and the like and no doubt they have a philosophic disposition. They set at naught conventional habits and customs. They vehemently uphold their own views but nevertheless will not clash with those holding opposite ones. Constitution of Scorpio will be hot and they are liable to suffer from piles after their 30th year. They are silent and dignified and never speak before weighing each and every word. Scorpio is a good conversationalist as well as writers and often rely too much on their own intelligence. Married life of Scorpio may not be quite happy not only due to temperamental differences but also due to illness affecting the generative system of the partner, unless there are other compensating combinations.

SAGITTARIUS

Jupiter rules this sign and persons born under this sign will generally be inclined towards corpulence. Sagittarius possesses almond eyes and their hair is brown. They are of a phlegmatic temperament. Sagittarius are somewhat conventional and sometimes businesslike also. They are prompt and uphold conservative views. They will be attracted towards the study of occult philosophy and sciences. In these departments of

knowledge Sagittarius can acquire mastery. They are too callous and enthusiastic. They hate all external show. Sagittarius is God-fearing, honest, humble and free from hypocrisy.

They never think of schemes, which are calculated to disturb the progress of others. Sagittarius generally exercise control over their food and drinks but in regard to their relationship with the opposite sex restraint is called for. They are brilliant, their manners affable, winning and hearts, pure. Sagittarius is prone to be misunderstood unintentionally by others on account of their hastiness in conversation. In their later years they must be careful about their lungs as they are liable to suffer from rheumatic pains and the like. Combinations for political power warranting, persons born in Sagittarius sign will exercise power with firmness and justice and without yielding to corruptive influences.

CAPRICORN

Persons born in Capricorn sign will be tall, reddish brown in color with prominent hair on the eyebrows and the chest. Women born in Capricorn will be handsome and youngish in appearance. Capricorn has large teeth and sometimes protruding outside the lips and presenting an uncouth appearance if the second house is afflicted. The lips of Capricorn are fleshy and ladies have an inviting appearance. They have the knack of adopting themselves to circumstances and environments. They have great aspirations in life and cannot economise funds even if they were to be under the influence of adversity.

They are modest, liberal and gentlemanly in business transactions. Capricorn is noted for their perseverance and strong mindedness. In fact they are stoical to the miseries of life. They are possessed of sympathy, generosity and philanthropy and take great interest in literature, science and education.

Sometimes they are vindictive. When Saturn is badly posited, Capricorn is possessed of bigotry. God-fearing and humble they make good husbands or wives. Depending upon the disposition of the 9th house Capricorn can become philosophically minded or develop social consciousness.

AQUARIUS

Those born under Aquarius sign will be tall, lean, fairly handsome, manners winning, appearance attractive, and disposition elegant. Lips of Aquarius are fleshy, cheeks broad with prominent temples and buttocks. They are highly intelligent and make friends of others very soon.

They are peevish and when provoked, rise like a bulldog but their anger is very soon subsided. They are pure in heart and always inclined to help others. They shine very well as writers and good spokesman. They are at times timid. Aquarius feel shy to exhibit their talents but their conversation will be most interesting and highly instructive. They will specialize in subjects like astrology, psychology and healing arts, etc. Literacy greatness of Aquarius will come before the world when they are quite young and they themselves will not be able to estimate their capacities well, while others find in them something remarkable and extraordinary.

They are intuitive and good judges of character. Aquarius have no organizing capacity and are devoted to their husbands or wives and never betray the interests of even their enemies, when trust is placed in them. Aquarius are liable to suffer from colic troubles and must take special precautions to safeguard themselves against diseases incidental to exposure to cold weather. On the whole Aquarius people have something subtle in them, which endears them to all they come in contact with.

PISCES

Persons born in Pisces sign will be fair, stout and moderately tall. Pisces are reserved in their manners and are liable to draw premature conclusions on any matter. They are God-fearing. Pisces are generally superstitious and religious, rigid in the observance of orthodox principles and can forego anything but their orthodoxy; or they can be exactly the opposite. They are somewhat stubborn, rather timid, and ambitious to exercise authority over others.

They are true friends and are proud of their educational and other attainments. If the lord of the 7th is badly afflicted, Pisces will have double marriage. They are restless and fond of history, antiquarian talks and mythological masterpieces. Pisces are frugal in spending money and though generally dependent upon others thorough out their life still bear a mark of independence. Pisces are just in their dealings and fear to transgress the laws of truth. With all this, they lack self-confidence.

CHAPTER 14

TRANSITING PLANET SUN

Overview

The transiting planets in a chart are where the planets are currently in the sky. As they form aspects to the natal planets in a chart they trigger events in an individual's life. The Sun's transits to planets and points in the natal chart are relatively brief influences, lasting approximately a day. The Sun acts to spotlight and illuminate the issues and conditions surrounding a natal planet or point.

Sun conjunct Sun

Projects begun today have a good chance in turning out well. Good for approaching those in power. It's time to celebrate as a new solar cycle begins. Pay **close** attention to your overall mood as well as to any insights you have now. Concentrate on what you want from your life, and where you want your life to head. How you handle today impacts the kind of year you have ahead of you. This is the actual date and time of your Solar Return. You may wish to do something special at this hour.

Sun sextile Sun

You will overcome obstacles easily and will get victory over your enemies and competitors. This is a good period for dealing with others in general, but particularly on professional levels or with those in charge. Ideas and interaction with authority figures or older people may be in the fore. Working with rather than against the flow should be easy to do. Self-expression flows smoothly without social faux-pas or hiccups. Increased vitality and self-confidence come from a sense of peace on both body and spirit levels.

Sun square Sun

You will complete the unfinished projects and will initiate new projects and will gain the appreciation from your superiors. You may find it very easy to overdo or work at cross purposes to yourself just now. This can result in a frustrating and stressful day.

There is a sense of testing the limits. You might find you have to push a little harder during this transit than you normally would. Obstacles in your path tend to arrive now, although you are capable of turning them into positive energy. Challenges you face now are actually quite revealing if you look at them as learning experiences.

Sun trine Sun

Your enemies and competitors will not be able to have the upper hand and will create obstacles in your path. This is a period when ego-gratifying circumstances are highlighted. You receive some sort of boost to your ego and confidence, perhaps through some form of recognition, however big or small. You are likely to feel energetically supported by others and by life's circumstances. Battles of will could occur now. Don't stress or strain--pushing your agenda on others is unlikely to do anything except cause friction.

Sun opposite Sun

Unnecessary fears and anguish will have their effect on you. An important relationship, perhaps an older person or someone in authority, may come into focus today. There could be some tension or sense of opposition requiring compromise or negotiation on your part. This is a time when tensions with others can come from a lack of self-confidence or a sudden awareness of unfulfilled wishes and goals. You are unlikely to feel on top of

your game now, so don't push matters. Instead, take time for rest and relaxation.

Sun conjunct Moon

Relations with your spouse's family will be sour and this may cause friction between you and your partner. Emotions are up, and you may even find yourself pondering a bit on the meaning of life. You feel at one with your situation. You can benefit now from a more confident manner and increased certainty about your goals in life. New attachments or projects may be formed now. The only cautions are to try to avoid making decisions that are based on your emotions of the moment, and to avoid taking everything too personally.

Sun sextile Moon

Lack of concentration, suspicion and unnecessary fears of being cheated and general unhappiness will give you anxiety and mental tensions. In particular, you will do well in activities that include children, younger people, and your home and surroundings. You could feel real support and harmony at this time for circumstances and those around you. You are currently able to handle opportunities well by focusing your energy on constructive activities and goals. This is a time of conscious striving knowing what you want and working towards getting it. Your vitality gets a little boost and your recuperative powers are better than normal. Relations with others tend to flow smoothly now.

Sun square Moon

This transit of the Sun brings a positive boost in your professional life. You may not have a sense of circumstances working against you or feel a lack of support and love from those around you. You could clash with younger people or old habits. This is

a brief period in which emotional frustrations or setbacks are more likely to occur. Relationship problems that arise now likely have their roots in emotional unrest and some confusion between what you want to do and what you think you should do. You will overcome problems easily and work will bear fruit.

Your enemies and competitors will take a back seat. You are more excitable than usual, and less inclined to make rational, thought-out decisions. Whims could take hold. If you are having problems on the domestic front, they are magnified now. Do your best not to force changes in your life. Circumstances and others tend to be less supportive than usual, and you might find you have to push yourself harder to achieve the same results you would on other days of the month. Your image and status will take a beating at the workplace. You must avoid arguments with your seniors and co-workers during this time. This is not an ideal time for new enterprises or undertakings. Inner restlessness may take you out of your typical routine. Relationships with others may be strained for the time being.

Sun trine Moon

Though work pressure will be high and stressful and this may affect your work adversely. Monetarily it is a period of fluctuating finances and make sure you save for the rainy day.

This is a time when you handle opportunities that come your way very well. The possibility of some form of recognition or validation for what you do may come during this brief but effective period. Favourable trends in your domestic or professional affairs may be noticeable. A positive frame of mind does wonders now. Familiarity and comfort are dominant motivators for you during this period. It's a good time to mend relationship problems and to surround yourself with people.

Sun opposite Moon

Your enemies and competitors will have the upper hand and will create obstacles in your path. Avoid arguments with your seniors. An important relationship, perhaps a younger person or someone in your near environment, may come into focus today. There could be an emotional overtone to all of this that may require understanding and flexibility on your part. You take things more personally now, and issues that have been stewing beneath the surface reveal themselves now. On the other opposite side, your relationships with others could be strained. You could be feeling less vigorous than usual or more stressed. You might find that you attract challenging situations simply because you are overreacting emotionally.

Sun conjunct Mercury

Your work will bear very good results. You will overcome obstacles easily and will get victory over your enemies and competitors. You may feel like talking a bit more than usual, exploring new ideas or getting happily lost in a conversation. There will be an urge to communicate. Also, perhaps a short trip or a special phone call is in order. You are especially sharp, communicative, and open at this time, as your wants are aligned with your thoughts.

It's a favourable time for solving problems. For the most part, you are on the ball. You will complete the unfinished projects and will initiate new projects and will gain the appreciation from your superior. Circumstances are such that you need to adapt, adjust, communicate, or travel. Transportation and movement, in general, are issues now. Because it's easy to rationalize your behaviour, it's a favourable time to work on improving your skills. You tend to say what you think now. Keep in mind that what you say or write now has impact, for better or

for worse.

Sun sextile Mercury

There will be opposition and clashes with your superiors at the workplace and this may result in disgrace and humiliation. New ways to communicate or an easy manner will make conversations and interactions go well today. You may find yourself more talkative and facile than otherwise. A dialogue with an older person may take place. During this transit, you find it easier than usual to rationalize your own behaviour and that of others. It's an excellent period for improving your skills and for opening up discussions on topics that you normally might side-step. Dealing with details may be necessary now, but also quite easy to do.

Sun square Mercury

At your work place you may be forced to take up undertakings beneath your current level and dignity. Don't be surprised if you are not in top mental gear today. You could find yourself struggling to communicate or being easily misunderstood. Hard words are possible with an authority figure or an older person. Circumstances are such that you need to adapt and adjust, deal with nagging details, and/or run a number of errands. You may have a hard time concentrating on any one subject. Either you are easily distracted or a whole slew of information and demands are thrown upon you at once. Nervous tension is a potential by-product.

Sun trine Mercury

Your bosses and employers will not be happy with your work and you will face blame and you face some humiliation. New ways to communicate or an easy manner will make conversations and interactions go well today. You may find yourself

more talkative and facile than otherwise. Improving your skills also comes naturally and easily. Taking tests, making plans, presenting your work or ideas, and communications of all kinds are favored. Others tend to value your opinions and ideas under the influence of this transit.

Sun opposite Mercury

There will be misunderstandings and clash of opinion with your spouse and family members. You may find yourself somewhat argumentative today.

For instance, you could disagree with ideas or find communication with others difficult or fouled up. You may clash with someone older or in authority over ideas. Words may be exchanged. This could be a time of nervous tension due to overactive or upset schedules. As well, you could feel slighted as a result of others misunderstanding what you communicate or get offended over a difference of opinion.

The progress of work will be excellent and your seniors will appreciate and honour your efforts. Try to avoid a tendency to look at matters with a negative perspective it doesn't help! New ideas or projects initiated now may not come to fruition. A change of mind down the road is likely. Take care in your personal and professional communications--you can too easily misrepresent yourself with what you say or write now.

Sun conjunct Venus

Your relations with your spouse and family members will be very good. Socially you will enjoy a more respectable position. This transit stimulates your love nature. This is a good day for expressing yourself creatively through relationships or other pursuits. You want to be the center of attention right now, and you are feeling more vulnerable to how others receive you, so

you may pay special attention to your charm and appearance or mannerisms. You might make some social contacts that benefit your career or life direction. Watch out for over-spending, as you may feel a greater than average need to please or pamper yourself.

Sun sextile Venus

This transit offers you increased clarity derived from a feeling that what you want and what you need are in harmony. A very nice day, perhaps filled with some renewed appreciation for all that is beautiful and fine. A sense of value and valuing that may find you lavishing affection on those near you. You might feel love or value for an older person. Some social networking is likely to occur now. Pleasurable activities are emphasized, and relationships with others tend to be gratifying and agreeable. It's an excellent period for negotiations and smoothing over of differences.

Sun square Venus

Don't pick out that new car today, because your sense of value may be stressed. You may be unable to appreciate or value people and things now. Your tastes may offend someone older or in authority. Do your best to control yearnings for more than what you have, and search for a creative solution for your inner dissatisfaction. Disagreements that may crop up now tend to be about differences in principles or matters of personal style

Sun trine Venus

A very nice day, perhaps filled with some renewed appreciation for all that is beautiful and fine. A sense of value and valuing that may find you lavishing affection on those near you. You might feel love or value for an older person. This is a pleasing influence for harmonious contact with others and for prosperity

in general. Expressing yourself creatively through relationships or other pleasurable pursuits is favoured now. Your personal charm is natural and well-received now, making this a good time to be amongst people.

Sun opposite Venus

You may come face-to-face today with someone who has very different values than you do. You could find yourself cast in an opposing position, and this might require compromise and understanding on your part. You may not appreciate authority now. Ego reactions to feeling underappreciated are quite possible now. Your gut instincts tend to serve you well now, as they are not undermined by fears or insecurities.

This is not the best time for ego stroking on social and romantic levels. You may not appreciate how others are handling your just now. Pushing it won't solve any problems. In fact, lonely or frustrated feelings that might arise now are likely a reflection of your own inner discontent. Getting in touch with what is making you feel down could help you to solve problems now. This is not the best time to ask for what you want.

Sun conjunct Mars

This is the day to start new projects or push forward with those already in motion. You may enjoy a sense of creating your own opportunities. Someone older or in authority may be a motivating force.

This is one of your most courageous and animated periods of the year. How you handle the energy at your disposal is the key to the kinds of outcomes you'll experience. You're not going to wait for anyone now. This transit rids you of inhibitions, at least for the time being. This is a time of much enthusiasm. Your intentions and actions harmonize, which improves your

relationships with others and with your own body and spirit. Acting on things you have only entertained on a mental level is probable. With the Sun placing its spotlight on Mars the planet that rules anger, assertion, sexuality, and competitiveness you can learn much about your desire nature and how you handle anger.

Sun sextile Mars

You may not find the support you flowing to you. Some sort of temporary obstacle may appear. You may feel like exercising or getting out and about. Emotions are very present but within control. You are able to creatively solve problems and to instinctively take action when necessary under the influence of this transit. Stress is eased as you feel confident about your abilities and your judgment. You are more able to assert yourself without rubbing people the wrong way just now. There could be a noticeable discrepancy between the demands of your personal life and what is expected of you at work.

You may feel frustrated. You may become aware of a conflict between what you want and what you need. You might find that you stand up for yourself or your principles. You are progress-oriented, and your more passionate nature comes to the fore. It's time to take the initiative, to apply your confidence and energy to something constructive. This is a period in which you are living spiritedly, indulging your desires without going overboard, and acting spontaneously.

Sun square Mars

Frustration, especially in getting things accomplished, may set today's mood. You could fly off the handle with very little provocation, so exercise some control and be ready for a possible emotional overload. You have spring fever now, no matter what the season! You could find yourself driven by a restless desire to

do something; but without a well-defined goal, you tend towards impulsive actions and get yourself into needless arguments.

It's easy to put your best face forward and to cooperate with others because you are not conflicted on the inside. Circumstances spur you into action. Your more passionate nature comes to the fore. You could be a little too eager to impress others with an aggressive or inappropriate stance, or you may find yourself competing with others in unhealthy ways. You can easily rub people the wrong way and instigate conflicts.

Sun trine Mars

You may feel like exercising or getting out and about. Emotions are very present but within control. You are living life with spirit just now, and your energy and vitality are strong. The natural confidence that you exude during this transit doesn't come across as offensive. In fact, your enthusiasm is well-received. It's a good time to take the initiative and to act on things that you've only been thinking about doing. You are drawn to physical activity, and if you are involved in a competitive event, you are more likely than usual to come out a winner. Effective decision-making is possible now. This transit whets your sexual appetite, increases spontaneity and courage, and helps you to let go of some of your inhibitions.

Sun opposite Mars

You may find yourself at odds with someone today, in particular at the gut or emotional level. Feelings could run strong, and this may require presence of mind and real patience in order to avoid a flare-up. Careless or impulsive behaviour can be a problem under this transit. You could find yourself feeling thwarted, frustrated, or restless. You may become aware of a conflict between the demands of your personal life and your professional life.

You are expressing yourself more genuinely, and you are received well as a result. This is likely due to the fact that you are not in touch with what it is you really want at this time. If you do know what you want, how to go about getting it doesn't come naturally to you right now. A tendency to fly off the handle characterizes this transit, due to inner tension between your will and performance. It's hard to find satisfaction or a sense of peace at this time.

Sun conjunct Jupiter

You will find a way around almost any obstacle and are in control and able to guide yourself with ease. Your sense of inner direction is good and should lead to opportunities. Vitality increases now as your confidence in your effectiveness builds. You feel more generous, optimistic, and sociable under this influence. You might hunger for increased **recognition and** respect, and, with your generous attitude and concern for others' well-being, you might just get them.

This is a good time to take steps to grow something your business, your significant relationships, and so forth. This transit also favours legal, educational, religious, and cultural endeavours. You seek a larger range of experience. Your actions are benevolent, your attitude is enthusiastic, and your style is dramatic. This transit suggests you now have a stronger sense of who you are and the principles you represent.

Decision-making can be challenging right now, as there is a basic conflict between your instincts and what you feel you should do. The realization of a long-term goal may come now. You may gain honour or distinction in some way. This is an excellent time to begin a self-improvement program. This is not an especially sexual energy you are more inclined to philosophize and seek out bigger and better experiences. You may be particularly generous, and perhaps indiscriminately so.

Sun sextile Jupiter

A very lucky day for making plans or decisions and finding your way through just about any problem you may discover. You feel successful and able to cope. Good advice from a guide or older person may be forthcoming. This transit represents hopefulness, good will, and increased influence. You may be especially sociable, tolerant, and generous. Confidence comes from a stronger sense of who you are and the principles you represent. People in high places can be generous to your cause, and you could receive gifts or rewards.

Sun square Jupiter

Not a great day to make plans or decisions. It could be hard to figure out the right move.

You may feel frustrated as to where you are headed in life just now. Someone older or in authority may disapprove of your actions or decisions. You may feel vague restlessness and discontent with life as it is. You want more than what mundane existence offers, but perhaps too much. You are emotionally charged now. You should be aware that your current state of mind can, in an indirect way, determine much about how you will be feeling in the month ahead. Overestimation and exaggeration are possibilities, either in your own attitude or in the circumstances and people you attract now.

Your mood may be elevated, but somewhat unstable as the source of your enthusiasm may not be based on reality. Take care that you don't throw practical considerations out the window. Avoid promising more than you can deliver, as you are unlikely to be able to follow through on your promises. Arrogant, boastful, wasteful, or extravagant behaviour could figure now. Channeled well, however, this energy can represent creative power.

Sun trine Jupiter

A very lucky day for making plans or decisions and finding your way through just about any problem you may discover. You feel successful and able to cope. Good advice from a guide or older person may be forthcoming. This influence represents growth and expansiveness. You are more aware of moral issues, and have a desire to improve and learn. Optimism and confidence are basic elements in the energy of this transit.

You are more sensitive and responsive than you are typically. You are more willing to take a risk or two, and you are motivated by a desire to impress others. Enthusiasm runs high, and cooperation comes easily. This is generally a good time to schedule new beginnings in business, education, personal relationships, marriage, creative projects, and so forth, all things equal. Sincerity and honesty works best for you now. A great time to reflect and understand your own situation, just how you feel about yourself. This could be a period in which you realize a long-term goal. Your enthusiasm is boundless, and you are inclined to take the high road in your dealings with others. Health and vitality are strong. An opportunity to take a trip or to embark on an adventure, however big or small, could arise now.

Sun opposite Jupiter

You may feel overworked; alternatively, you might welcome some discipline into your life. You may find opposition from others today to some plan of action or project of yours. You might find yourself struggling with someone older or even with yourself and goals. Conflicting urges with regards to what you think you should do and what you want to do can be frustrating now. There can be a tendency to go overboard and to indulge in extravagances. Watch that you don't overestimate your capabilities now. The desire to experience something new, or the desire for more freedom to explore new possibilities, can amount

to restlessness if you don't know what it is you want.

Sun conjunct Saturn

You may well be reminded of your various responsibilities today. A good time to get down to the nitty-gritty and take care of some business you have postponed. Obligations may come to your attention. You feel the constraints of time and you are motivated by the desire to manifest tangible results. Avoid launching new projects, particularly financial ones, for the time being, as progress may be slow. Instead, work on a new plan for creating order in your life, or on an old project that requires a new commitment. Serious matters may grab your attention now, or circumstances are such that you are required to show your more competent and responsible side. Self-restraint is characteristic of this influence.

Arguments of an emotional kind could be easy to find. Minor forced changes to your routine or habits may upset you now. It is easier for you to get in touch with your feelings and to recognize your inner resources now. Feeling emotionally at odds with others will pass soon enough. Emotional energy is not enough to fuel you for the time being; thus you could feel sapped on a physical level. However, making new commitments to old goals, shouldering responsibilities, and making careful use of your resources could feed your need for structure and order in your life.

Sun sextile Saturn

Today you will be able to tackle tasks that require real discipline or organization. You find yourself in a very practical mood and working with, instead of against, yourself. You may have some serious or contemplative moments. This is perhaps an unglamorous time, but one in which you feel grounded and stable. It's easy to stick to a specific task and make headway. Productivity

may be slow, but it's steady.

You may be very eloquent or forceful in speaking or communicating. You may find yourself having emotional differences with someone. Your emotions are stable with this influence. Feelings of contentment and a generally good mood help you to deal with changes effortlessly. You are happily self-reliant now, rather than grudgingly so. You may find yourself in a position of responsibility. Contact with older, mature, or more experienced people could be significant now. This could mark the start of a big, long-lasting project. Your outlook is serious and realistic.

Sun Square Saturn

You are more inclined towards personal communications, social discourse, and sharing. It may be hard to organize or persevere today. Everything may seem to be falling apart and coming unglued. Don't force things. Be patient and let the chaos blow itself out. Clashes with authorities or someone older over responsibilities are possible. You could feel blocked by circumstances or by others. It's too easy to feel discouraged, but remember that discouragement is a major time waster, unless it motivates you to get back on your feet. Connections could be made or enhanced with younger people.

You express your feelings in an honest way, and you are likely to be preoccupied with personal matters. Sacrifices may be necessary now. You might have to face failures or inadequacies. As you face obstacles to your goals, you begin to see the tools you have to overcome them. A heavy dose of realism seems forced upon you during this influence, but your efforts to measure up to expectations can ultimately increase your confidence in your ability to be responsible for yourself. This influence is a somber one. Sun trine Saturn Today you will be able to tackle tasks that require real discipline or organization. You find

yourself in a very practical mood and working with, instead of against, yourself.

You may have some serious or contemplative moments. You feel grounded and stable right now. You are willing to look reality in the eye and to take responsibility for your life. Practical, professional, and business matters come to the fore. Your respect for authority is natural and helps superiors to look upon you favourably. This could be a good time to make a lasting investment if concurrent influences are favourable.

Sun opposite Saturn

Obstacles to self-discipline or to your sense of organization may appear. You could be frustrated by someone in this regard, or external events might pile up and be thrust upon you. Authorities and red tape may stand between you and your goals. Your confidence may be undermined by feelings of doubt, pessimism, or feelings of guilt just now. Encountering obstacles to progress and inhibitions in your own attitude are prominent under this influence. There will be respect and honor from your circle of friends and relatives. You could be plagued by a feeling of not being good enough.

Lack of faith in yourself, in others, and in life itself could put a damper on your initiatives. This is a time when others don't seem to notice your efforts, when progress appears to be minimal if at all, when nobody seems to extend their hand to you. You will have a tough time with your bosses. Your efforts and hard work will not give you the desired result at this time. Because this is one of your less attractive and magnetic periods of the year, you might want to avoid scheduling personally significant activities, job interviews, or self-promotion efforts during this period. Although there is a positive side to every aspect, while it's happening, this one doesn't feel very good. A heavy dose of realism seems forced upon you now, but your efforts to

measure up to expectations can ultimately increase your confidence in your ability to be responsible for yourself. This influence is a sober one.

Sun conjunct Ascendant

This is a time when you can expect a little boost, some sort of extra support or recognition from those around you. You may feel much focused and even a bit radiant. You could find yourself in the limelight or able to really communicate and get yourself across to others Shine brightly!

This transit sometimes brings recognition for a personal achievement. Whether or not this occurs, you radiate strength and have increased personal presence now. Praise may be forthcoming.

Sun sextile Ascendant

You may appear very at ease and loose today. Everything seems to be working together, and you may find yourself expressive and able to communicate well. You possess strong presence and generally feel confident about who you are and how others are receiving you now. Others may praise you or recognize some of your better qualities today. Dealing with superiors is a breeze now, and you could win at a game or competition, if applicable.

Sun square Ascendant

You may lack any real sense of yourself today, or be unable to communicate or convey your ideas. You tend to feel that your personality lacks any vitality. An authority figure could be hard to connect with now. You should watch that you don't come on too strong today and attract conflict with others. Feeling slighted, overlooked, or misunderstood could lead you to seek out attention now. However, the attention that you receive is

unlikely to be very positive for the time being. You could have problems relating to superiors, and your vitality may be on the low side.

Sun trine Ascendant

You may appear very at ease and loose today. Everything seems to be working together, and you may find yourself expressive and able to communicate well. You possess strong presence and generally feel confident about who you are and how others are receiving you now. Others may praise you or recognize some of your better qualities today. Dealing with superiors is a breeze now, and you could win at a game or competition, if applicable.

Sun opposite Ascendant

You may experience opposition to the way you present yourself. Someone could challenge your sense of identity. You may not be able to communicate or get yourself across as well as you wish.

Expect significant encounters, meeting individuals who are or will be important players, at least for the moment. The focus is on relationship, balance, taking each person's tastes, styles, needs, and personal agendas into account. There may be some friction and adjustments needed.

CHAPTER 15

TRANSITING MOON

Overview

The Moon moves around the zodiac completing a cycle in approximately Twenty Eight days. They are brief in duration and not as meaningful and significant as outer planet transits. They are important while electing a date for any special event or function.

Moon Transits to Natal Planets & Points

Moon conjunct Sun Your manner may not be warm or loving at the moment. Perhaps not the best time to present yourself to others or take a job interview. Projects begun today have a good chance in turning out well. This is a time when you can expect a little boost, some sort of extra support or recognition from those around you. You may feel that you are in touch and in harmony with others. The support you need is there. Your needs are aligned with your wants right now, and it's an opportune time to make a few resolutions. Things seem to play in your style, so you don't have to stress or strain.

You may wish to do something special at this hour. Concentrate on what you want from your life, and where you want your life to head. The inner harmony you experience now is reflected in your outer experience and contributes to your personal success. You could experience some change or undergo inner changes that stimulate a new undertaking, relationship, or attitude change. You act with more confidence than usual. Without even trying, you are likely to draw attention to yourself or to receive support. This is an ideal time to establish inner peace and balance.

Moon sextile Sun

This transit offers you increased clarity derived from a feeling that what you want and what you need are in harmony. This is a good period for dealing with others in general, but particularly on professional levels or with those in charge. There is a chance to understand those around you and to have a special time with someone you love. General good feeling and a sense of support and harmony make this a happy time.

Your intentions and actions harmonize, which improves your relationships with others and with your own body and spirit. You could experience an improvement in your family affairs or domestic circumstances, as well as your business pursuits.

Moon square Sun

Working with rather than against the flow should be easy to do. You may not find the support you flowing to you. Some sort of temporary obstacle may appear. You may feel frustrated. You may become aware of a conflict between what you want and what you need. Even if you are not aware of this inner imbalance, it could cause some tensions or feelings of being unsupported by others or by circumstances in your life. You may find it very easy to overdo or work at cross purposes to yourself just now.

You may feel slightly out of step or out of synch, which could make you edgy. There could be a noticeable discrepancy between the demands of your personal life and what is expected of you at work. Minor problems in relationships are more likely during this transit. Arriving at decisions is harder now because you feel torn between choices.

There is a sense of testing the limits. You might find you have to push a little harder during this transit than you normally

would. If this transit occurs during the night, you could have a restless sleep. Examining bad dreams can help you understand what is bothering you. Use the dynamic energy of this transit to identify problems in order to find solutions to them, instead of harping on what is going wrong in your life or taking it out on others.

Moon trine Sun

You receive some sort of boost to your ego and confidence, perhaps through some form of recognition, however big or small. General good feeling and a sense of support and harmony make this a happy time. It's easy to put your best face forward and to cooperate with others because you are not conflicted on the inside. What you do and what you feel are in harmony, and you benefit from this clarity. The harmony that you feel between your body and spirit allows you to act more holistically and purposefully. As well, decision-making is improved.

If this transit occurs during the night, you sleep better. You are expressing yourself more genuinely, and you are received well as a result.

Moon opposite Sun

This is a period when ego-gratifying circumstances are highlighted. You may find yourself somewhat at odds with those around you today. You may be unable to get the support you require or find that some of your supply lines have been diminished or cut off. Someone may challenge you. Decision-making can be challenging right now, as there is a basic conflict between your instincts and what you feel you should do. Inner imbalance between your body and your spirit can wreak a little havoc on your personal relationships.

Moon conjunct Moon

Your inner resources and emotions are accented. Expect a sense of support and good will from those around you. Perhaps you feel this is really you how you feel and are. This transit marks the start of your personal lunar month. You are emotionally charged now. You should be aware that your current state of mind can, in an indirect way, determine much about how you will be feeling in the month ahead. As such, make it as positive as you can.

You receive some sort of boost to your ego and confidence, perhaps through some form of recognition, however big or small. Honour your feelings, reach into your well, and pull out the feelings that support your larger goals. Familiarity, a sense of belonging, and emotional connections fuel your spirit now more than usual. You are more sensitive and responsive than you are typically. Relationships with significant women in your life may be especially prominent now.

Moon sextile Moon

This is a time when tensions with others can come from a lack of self-confidence or a sudden awareness of unfulfilled wishes and goals. A great time to reflect and understand your own situation, just how you feel about yourself.

Emotions in particular, or the feelings of those around you, may be very clear. It is easier for you to get in touch with your feelings and to recognize your inner resources now. Emotions are up, and you may even find yourself pondering a bit on the meaning of life. You feel at one with your situation. A feeling of contentment and satisfaction can lead to inertia, or it can create opportunities for you to express yourself to others the choice is yours. You are unlikely to break the routine for the time being, as a feeling of familiarity is a deep need. This is a good time for all things domestic--for bridging emotional gaps with family

members, and for tending to domestic affairs with general success.

Moon square Moon

You may feel blocked or frustrated emotionally by someone or by your own life situation in general. You might feel that some avenues of support have been cut off or blocked. Arguments of an emotional kind could be easy to find. Minor forced changes to your routine or habits may upset you now. Friends and associates may burden you, and indecision keeps you from making good financial or business decisions.

This can indicate a a brief period when you are not as popular as you normally are. Tempera mentality is your worst enemy for the time being. You may be feeling stressed or unsupported, which can negatively influence your health. Feeling emotionally at odds with others will pass soon enough. For now, avoid taking little upsets to heart. It's probably best to avoid new initiatives on the domestic front as well as business changes.

Moon trine Moon

You could feel real support and harmony at this time for circumstances and those around you. You are more receptive and are more able to rely on your instincts. New friends could be made. You are currently able to handle opportunities well by focusing your energy on constructive activities and goals. This can be a time of heightened yet manageable emotions. Family and financial affairs should run smoothly. Your personal popularity peaks. This is a good time for making business decisions, investing, and property deals, all things equal.

Moon opposite Moon

You may find yourself having emotional differences with

someone. Those around you, or the situation you find yourself in, may not feel right to you. You could be challenged. Decisions made now, if you can come to any conclusions at all, may not be sound. This is a time of conscious striving knowing what you want and working towards getting it. Feeling emotionally out of step with others may get the better of your spirits for the time being. Your reactions are presently strongly emotional, and it is easy for events or for people to trigger resentments or buried emotions.

Moon conjunct Mercury

Ideas and thoughts will have greater meaning and form just now. You may be very eloquent or forceful in speaking or communicating. People will understand just what you mean. Imagination is brought to your communications and your mental pursuits, and your ideas and thoughts flow smoothly. You are more inclined towards personal communications, social discourse, and sharing. As well, you may easily get caught up in reminisce.

You may have a sense of circumstances working against you or feel a lack of support and love from those around you. Your mind is more receptive and alert than usual, and you may find yourself especially busy and curious, but perhaps too scattered to concentrate for very long on any particular subject. Your memory is particularly sharp. Connections could be made or enhanced with younger people.

You express your feelings in an honest way, and you are likely to be preoccupied with personal matters. Seeking advice could be a theme now, whether you are the one looking for it, or others are turning to you for answers.

Moon sextile Mercury

You could be most persuasive with others, and eloquent in speech and communication. The situation is a natural for self-expression and lends itself to your particular ideas and thoughts. A good conversation with those you love is possible. This influence brings imagination to your mental pursuits.

In business terms, it's a strong influence for negotiation, trading, and communications. A positive connection to a younger person may be made now, whether it's a new connection or simply a boost to an existing relationship. You are more excitable than usual, and less inclined to make rational, thought-out decisions. You are at your most persuasive. Circumstances and others tend to be less supportive than usual, and you might find you have to push yourself harder to achieve the same results. This is an especially favourable transit for public speaking and presenting your ideas with flair.

Moon square Mercury

Others may cut you off or make it difficult for you to express yourself today. You could find that you lack depth and feeling and the ability to move or communicate with others. Your ideas may not find the support you need. Don't sweat the small stuff. What feels right clashes with logic right now? What you say may be a misrepresentation of your true feelings and emotions. Car and other transportation troubles, as well as computer glitches, miscommunications, and dealing with red tape, are more likely now than usual.

Relationships with others may be strained for the time being. This is a good time to uncover issues of emotional unrest that have been bubbling under the surface. It takes extra effort for you to understand others, or they to understand you. You're less likely to be objective and prone to changing your mind frequently, so it would be better to postpone important

decision-making. Although you are in the mood to talk about personal matters, you could be communicating with an air of defensiveness. Avoid getting stressed out over the little things.

Moon trine Mercury

You could be most persuasive with others, and eloquent in speech and communication. The situation is a natural for self-expression and lends itself to your particular ideas and thoughts. A good conversation with those you love is possible. Your head and your heart agree with one another now, so take advantage and open up the lines of communication with others. You are in a more sociable frame of mind. It's easier than usual to flaunt your talents without even trying, and articulating your feelings without upsetting anyone comes easily.

Moon opposite Mercury

Your current situation may demand some re-evaluation or otherwise challenge your ideas. It may be very hard for you to communicate what you mean to others. Minor disagreements, especially over domestic matters, are more likely than usual now. It can be hard to stick to the facts and to remain clear-headed under this influence, so do what you can to avoid scheduling negotiations, test-taking, or contract-signing now. Also, because you are not received as well, public relations initiatives should be postponed.

Moon conjunct Venus

You could feel real support and harmony at this time for circumstances and those around you. You may be moved to appreciate and discover the beauty in your life and in those around you. At the same time, everything could take on added value and importance. Be careful that you don't overspend or indulge too much just now. This is an affectionate and friendly

influence not wild or exciting, but pleasing and perhaps a little self-indulgent. Your personal popularity moves up a notch.

Moon sextile Venus

You may be able to enjoy and value your own life situation today or feel especially kind towards a friend or loved one. Someone may compliment you on your tastes or belongings. Love and romantic matters are favourable for you now. You might enjoy a happy social event or other pleasurable activity. It's a good influence for beauty treatments, redecorating, and the arts; and favourable for scheduling dates. This transit increases intimacy and improves relationships with others, particularly with women.

Moon square Venus

A strong urge for the social life may find you out and about. However, you will walk a fine line today between good company and disapproval, so beware. You could find yourself working against the values of another, going against the flow. You are a little more vulnerable than usual, likely because you don't seem to know what you want for the time being.

There could be clashes between your desire for familiarity and your need for pleasure right now. The possibility of some form of recognition or validation for what you do may come during this brief but effective period. Social upsets are possible, or you may find that you are unable to do something pleasurable even though you would really like to.

This sometimes triggers an attraction to someone who is simply not right for you, or minor problems in existing love affairs. On other occasions, this can signal a new love affair or friendship, particularly with a female. Domestic matters could annoy you. Avoid money transactions if you can.

Moon trine Venus

You may be able to enjoy and value your own life situation today or feel especially kind towards a friend or loved one. Someone may compliment you on your tastes or belongings. This is a good influence for scheduling dates and for love in general. You are somewhat vulnerable, wearing your feelings on your sleeve. This can indicate happy social events, and is fortunate for beauty treatments, pleasurable outings, music, the arts, and holidays or gatherings. It's good for money as well, but you might spend it as quickly as you earn it! You are especially warm and friendly with people you meet, and others sense your sincerity.

Moon opposite Venus

Someone may challenge your values or good taste. Or, you could find it difficult to be appreciative of others at this time. Not the best time to shop, choose colors, and so on. You may not find much support for your particular tastes and values. Interference that prevents you from doing something pleasurable may be in store for you now. An unusual attraction to someone perhaps unsuitable is possible. There could be minor problems with money, and some hypersensitivity that undermines your good humor or that disrupts cooperation with others.

Moon conjunct Mars

Everything points to your taking the initiative today. You could feel great support from those around you, or circumstances could dictate your taking action. You feel healthy and natural.

Your emotions intensify and you instinctively desire change and adventure. It would be wise to keep your cool and avoid confrontations. Excessive haste or rash behaviour can leave you

vulnerable to accidents or injuries, but healthy risk-taking might simply serve to enliven you. This sometimes points to a passionate time, or a new relationship with a man.

It's a good time to mend relationship problems and to surround you with people. This is a good time to take a chance, say what you feel, or do something exciting outside of your normal routine. Taking the initiative is appropriate now. You are braver and more decisive. Your instinctive reactions are quick, your sexual appetite is voracious, and you naturally take the lead.

Moon sextile Mars

You could find that you are appreciated or valued for your feelings or your ability to act and get things done. Someone understands how you feel and is sympathetic today. This influence heightens your feelings, awakens your impulses, and stirs your passions, mostly in a positive way. This is sometimes an indication of connections made with men. You are more in tune with your natural impulses and less inclined to think things through before taking action. It's an excellent period for taking the initiative. Expressing your feelings comes naturally now, and you make no apologies for doing so! This transit gives you self-confidence and backbone without backlash from others.

Moon square Mars

This is a period when you are more inclined to be immature. This transit fires up your feelings and stirs up your need for action, activity, and challenges. You are more inclined to act on impulse now, and you could be quite temperamental. You could be feeling less vigorous than usual or more stressed. There could be problems with men. It could also be a rather passionate time, simply because, for the time being, you tend to be ruled by your passions. There could be an emotional overtone to

all of this that may require understanding and flexibility on your part. Doing something rash is quite possible now, but it's not always a bad thing.

The dynamic energy of this transit could give you just the right kick in the pants to push you out of a bad situation, for example. Still, it would be wise to use some caution, and don't push yourself too hard.

Moon trine Mars

You could find that you are appreciated or valued for your feelings or your ability to act and get things done. Someone understands how you feel and is sympathetic today. This transit boosts your self-confidence and ability to assert yourself without ruffling the feathers of people around you. Your desire nature and your emotions are cooperating beautifully just now, which increases your resourcefulness and independence. Others allow you to be yourself, and you feel "in sync" with your environment.

If circumstances call for an aggressive or forthright approach, you are more inclined to shy away or to fumble. You can more confidently rely on your instincts now, and you react well to competition. This influence heightens your feelings, awakens your impulses, and stirs your passions, mostly in a positive way. This is sometimes an indication of connections made with men. As well, passionate liaisons sometimes begin under this transit. You're a natural leader under this influence, so it's an opportune time to take the initiative. Do something that breaks the routine or that you've always wanted to do but have been hesitating to do due to shyness or fear. You'll pull it off with finesse now.

Moon opposite Mars

Circumstances may seem to conspire to irritate you or cause you to become emotional. Someone could challenge you or find a way to anger you. It could be difficult to remain calm and within control. Acting on impulse is what this transit tends to spur you to do. On the negative side, you could be very temperamental and touchy. Used positively, you could possess just the right amount of verve to do something you've never done before. You may feel like talking a bit more than usual, exploring new ideas or getting happily lost in a conversation. You might find that you attract challenging situations simply because you are overreacting emotionally. Be aware that you are ruled by your passions now. A new connection with a man, or problems with males, may feature. You could get caught up in a domestic squabble.

Although overly hasty or rash actions taken now could rebound on you, some healthy risk-taking could simply help you to break the routine and get you out of a rut. This transit excites your passions, and you are less in control of them than usual.

Moon conjunct Jupiter

You may find yourself serving to guide someone younger than you in matters of importance. Or, you may perceive how to proceed with plans and decisions in regard to your life situation. This is a lucky expansive, happy, and prosperous period. Some sort of emotional relief is likely, particularly with regards to your personal life. Domestic changes and legal affairs are favored, particularly dealings with property and renovations. It's a good time to write, teach, learn, publish, promote, and take tests.

You are especially sharp, communicative, and open at this time, as your wants are aligned with your thoughts. You may enjoy opportunities to do any of these things now. Your personal popularity increases, in direct proportion to your own elevated,

positive mood, and some kind of recognition or honour may come your way. It's a better time of the month to buy a lottery ticket. Your desire for pleasure is strong. Occasionally, losses are required in order to see gains.

Moon sextile Jupiter

You may be sought after as just the person for a particular job. Your management and directional abilities are in high focus. This signals an emotionally upbeat period when you enjoy your family, friends, and social life. Legal and real estate matters proceed smoothly. Public relations and general good favour and approval are more likely now. You may stumble upon opportunities to expand your horizons through travel, higher education, or contact with those of a different background than your own.

It's a favourable time to work on improving your skills. You tend to say what you think now. This is a fortunate, albeit brief, period for achievement and recognition in business. This is a favourable influence for learning, teaching, taking exams, publishing, and promotion. Business opportunities may present themselves.

Occasionally, a loss is necessary in order to achieve a gain. This sometimes indicates the beginning of a friendship, particularly with someone who expands your mind or your social circle.

Moon square Jupiter

New ways to communicate or an easy manner will make conversations and interactions go well today. You may find yourself more talkative and facile than otherwise. The bottom line is that you are not especially realistic due to moodiness. Minor annoyances, such as unexpected bills coming your way or arguments with others over personal philosophies, may be part of the picture. This is not an ideal time for publicity, promotion, or legal

matters. You're not as inclined to consider the consequences of over-eating, over-drinking, or overdoing in general.

Moon trine Jupiter

You may be sought after as just the person for a particular job. Your management and directional abilities are in high focus. Your positive state of mind can attract others, as well as favourable circumstances, to you. It's a better time of the month to buy a lottery ticket or to engage in reasonable speculation. You are more tuned in to the big picture and less inclined to worry over details. Others might find you particularly wise right now, and you are more generous with your time, energy, and money.

Moon opposite Jupiter

You portray the more reasonable, refined, and likable side of your personality now, and others tend to respond warmly. Not perhaps the best time to make important decisions that affect your living situation or life circumstances. Others may challenge your authority or the direction you are taking. You're given to excesses just now, and it can be hard to think of the consequences of overdoing things when you're in such an elevated mood. If you can, hold off on publicity or promotion activities. Don't let differences of opinion get the best of you. Otherwise, this is a sociable and mostly pleasurable transit.

Moon conjunct Saturn

A good time to consolidate and organize your affairs or rearrange your living situation. You could be seen by others as just the person to be put in charge of some project requiring a conservative mind. A tendency towards isolation and starkness. Situations that require you to keep a cool head will work out well under this transit. You are not easily swept away by your

feelings now, enabling you to effectively tend to business. Authority figures or people who are older than you could figure prominently now.

A heightened awareness of your responsibilities, or taking on new responsibilities, characterizes this influence. It's easier for you to buckle down and work, organize, and plan. What you output now will benefit you down the road, as it's likely to be solid and realistic. This is a good time to make plans and lists. Some of us feel lonely or unsupported under the influence of this transit. Others welcome the feeling of self-reliance that comes now. A domestic problem or a burden might drop into your lap now, but you are likely to handle it well.

Moon sextile Saturn

You may find yourself being put to good use by your friends, or it could be that circumstances force you to reorganize and be more conservative. All of this should go rather smoothly. Your more taciturn qualities are to the fore and found to be valuable. Although there isn't much in the way of instant gratification for the work you do now, you will see real benefits from your efforts down the road. Connections with older people or authority figures can be made and are generally positive now.

During this transit, you find it easier than usual to rationalize your own behaviour and that of others. Because you are not easily swept away by your feelings at this time, you can take advantage by making clear-headed and realistic decisions. You are more reliable than usual, and more willing to go it alone. Others might find you a little distant emotionally, but they also view you as responsible and competent.

Moon square Saturn

You may feel left out or passed over just now. Your own

requirements may appear to limit and separate you from where the rest of the gang is headed. A sense of isolation and loneliness is not unusual.

This is of short duration. You may need to work overtime, or you could feel a pinch with your finances. Some feelings of being blocked are possible now with Saturn, the great teacher, activated and urging you to slow down. It's an excellent period for improving your skills and for opening up discussions on topics that you normally might sidestep. Domestic affairs may be a little messy. A feeling of being unsupported, alone, or too independent might grab hold of you for the time being. Expressing your feelings or your need for others is hard to do at the moment. Treat this period as a time when you are learning to rely on yourself.

Moon trine Saturn

You may find yourself being put to good use by your friends, or it could be that circumstances force you to reorganize and be more conservative. All of this should go rather smoothly. Your more taciturn qualities are to the fore and found to be valuable. New responsibilities may come your way now, or there can be a heightened awareness of existing ones. It's relatively easy to discipline yourself and work hard now. You could find yourself struggling to communicate or being easily misunderstood. You may have a hard time concentrating on any one subject although it may not be immediately obvious. Others would be hard-pressed to sweep you off your feet or sway you from your path right now! Appeals to your emotions won't work as much as appeals to your common sense, logic, and sense of responsibility.

Moon opposite Saturn

You might like to ignore responsibilities and do some socializing, but realities may demand that you tend to business and forget your friends for the moment. The crowd may ignore you and leave you old sober-sides to take care of business. Feeling blocked from expressing yourself makes for a less than spontaneous period. Avoid clashes with authority figures or older people you simply aren't getting the recognition you deserve right now, but this influence will pass soon. You are more willing than usual to bend and compromise. Remember that you get what you want by the forces of attraction during this period, rather than coming on strong.

Your feelings are going against much of what you value, so make way for possible difficulty. Saturn often brings with it some blockage, hardship, or restriction.

Moon trine Ascendant

You can demonstrate great understanding and sensitivity to the needs of others just now and are in a good position to communicate concerning groups and society in general. This is a personally popular time when you are in good spirits, don an optimistic outlook, and enjoy supportive people and/or circumstances. This is a good time to start a new project or to start fresh in some manner. Business and domestic affairs tend to run smoothly.

CHAPTER 16

TRANSITING MARS

OVERVIEW:

A time of much energy and drive, perfect for starting something out some new. The transits of Mars to planets and points in the natal chart are brief influences, lasting approximately 2-3 days. Mars acts to energizer and activate the conditions surrounding the planets and the points it touches.

Mars Transits

Mars conjunct Sun

You may be especially dynamic and assertive just now. There is a lot of energy and drive available, and you may have an urge to push forward. Taking action is the theme now. You may jump into something impulsively, do something you normally don't have the courage to do, or something you have always wanted to do but haven't had the chance to act out. Competitive activities are favored. Males or traditionally masculine activities figure prominently.

Mars trine Sun

You may be especially dynamic and assertive just now. There is a lot of energy and drive available. You may be especially dynamic and assertive just now. There is a lot of energy and drive available. Taking action on an instinctive level is the theme now. This is a good time to do something that requires additional bravery or courage, as this influence tends to release some of your inhibitions. You are living spiritedly now. It's an excellent influence for competitive activities, such as sports or business.

Mars opposite Sun

You are at a peak of physical energy now. Your enthusiasm runs high, and so does your courage.

You may have an emotional confrontation with someone older than you or with an authority figure. Your feelings and emotions may be running against your best interests.

Mars square Sun

Emotions may flare up or arguments occur that work against your own best interests. Be prepared, and walk softly. You are taking things quite personally now, and something that someone says or does now can easily rile you up. Challenges with those in authority or with males could figure. Impatience and impulsiveness tend to rule. You are in no mood to compromise just now. A tendency to be more accident-prone could be due to stress or physical exhaustion.

Mars conjunct Moon

You take things more personally now, and issues that have been stewing beneath the surface reveal themselves now. You have a lot of energy for improving your surroundings or life situations. You are very motivated to improve. There could be some hard feelings, especially from younger persons, if you become too aggressive.

Acting upon your emotions in some manner, or taking action in your home, could figure now with the fiery planet stimulating your emotional, domestic Moon. You have all the drive and energy you could want, and it should be easy to channel it. You are looking to expand something right now the bigger the better. You are confident, straightforward, direct, and ambitious. You are likely to feel especially energized and enthusiastic

about what you believe in or regarding business ventures.

Mars sextile Moon

You have all the drive and energy you could want, and it should be easy to channel it. You possess willpower, verve, and energy that you can direct toward achieving your more lofty goals. You are very motivated to improve. There could be some hard feelings, especially from younger persons, if you become too aggressive.

Mars trine Moon

You are very motivated to improve. There could be some hard feelings, especially from younger persons, if you become too aggressive. A pleasing emotional or sexual experience can be part of the picture now.

Your emotional drive and sense of things may be at odds with your best interests, the way to proceed. The desire to take action for the good or to better your life is strong now. Your emotions are spirited, your lust for life is strong, and you are willing to act on a hunch. There's nothing neutral about your feelings now, yet you still manage to come across as level-headed. This is a good time for projects around the home, sexual activity, and anything that involves putting your heart into what you do.

Mars opposite Moon

Positively, however, you might feel much enthusiasm for getting your life into order in some significant manner. Your feelings, or the feelings of someone who supports you, may be hurt.

Mars square Moon

Emotional flare-ups, especially with younger people or those

you spend time with are, possible right now. You could push too hard and damage your living situation or means of support. You are acting on your feelings right now, but it might get you into hot water if you are not truly in touch with what you want. You are capable of some childish or impulsive reactions during this transit. Tempers may flare, domestic squabbles are possible, and you could be feeling under the weather. If you are feeling particularly disgruntled, this could be a good time to get in touch with what has been brewing inside.

Mars conjunct Mercury

You may be very forceful in what you say and think. With all of this emotional energy, you could speak or communicate very well. You have mental drive. You are very busy and potentially very productive during this transit. Your ambition to complete projects, for example, is stimulated. You could be itching to express yourself, but not very receptive to others' points of view. As such, it can be hard to carry a satisfying and healthy conversation.

Others might find you too aggressive when it comes to expressing your point of view. You are also inclined towards impulsive decision-making and off the cuff remarks.

Mars sextile Mercury

You are especially aware of the process right now, and this gives you a sense of responsibility and purposefulness. There is a lot of energy available for disciplined work, but push too hard and you may break something. You may be very forceful in what you say and think. With all of this emotional energy, you could speak or communicate very well. You have mental drive.

Mars trine Mercury

You may be very forceful in what you say and think. With all of this emotional energy, you could speak or communicate very well. You have mental drive. It's easier than usual for you to make quick decisions, communicate with others directly and effectively, and to make serious progress in any projects or mental work now. You could be enthusiastic about a particular idea or concept. Lively conversations can figure. Your desire to solve problems is strong and your mental energy levels high. You are proactive, and willing to put your ideas into action.

Mars square Mercury

On the negative side, your relationships with others could be strained. You could be feeling less vigorous than usual or more stressed. It's a good time to temper your energy or apply yourself, using traditional methods. Excessive emotional energy could produce flare-ups, harsh words, and arguments. Your mind is very during this time and can cause as much harm as good.

Mars opposite Mercury

You might find that you attract challenging situations simply because you are overreacting emotionally. Managed well, this can be a time in which you arrive at increased self-understanding of your innermost needs and wants. You may have words and possible hurt feelings with someone during this time.

You won't accept opposition to your ideas right now, although you are likely to encounter it. You could be coming on too strong with your opinions or point of view. Resist turning an intellectual debate into an argument.

Mars conjunct Venus

You may feel like talking a bit more than usual, exploring new ideas or getting happily lost in a conversation. Your desires are strong and you will want to enjoy yourself. Spending is very possible. There is a basic drive to appreciate and taste life. Sexual and creative energy is high now. You are hungry for experience--you want to put into action many of your wants and desires. Although you might be a little too eager, and perhaps come across as insensitive, this could also be a time when you take the lead and make your move.

You could meet with some opposition. Someone's emotional state may block your own interests. be impulsive with your affections and your pocketbook during this transit. You have an opportunity now to take the initiative in order to achieve harmony and sexual fulfilment. Social relations are impassioned, and perhaps demanding or extreme. Your romantic impulses may be more forceful and pressing. Some level of competition is present in your interactions with others.

Mars sextile Venus

You have just emerged from a period in which you were less forthright or in which you were considering new plans but not quite ready to take action. This is a time in which you are especially sensitive to the limitations or blocks in your path, which can point to frustration or stress. Your own drive and emotions are hard set against the way things are, your particular set of realities.

Mars trine Venus

Your desires are strong, and you will want to enjoy yourself. Romance is very possible. There is a basic drive to appreciate and taste life. You may find it easy to go after your heart's desire right now, whether that's a person, circumstance, or object!

Sexual and romantic activities may be initiated or simply feel

Your sense of timing is strong. The desire to enjoy life, for comfort and pleasure as well is stimulated. Creative endeavors are favored at this time. Sensuality is also strong now.

Mars opposite Venus

You are especially sharp, communicative, and open at this time, as your wants are aligned with your thoughts. You may be a little too forward-looking, forgetting or ignoring important details. Now, you are ready to go forward, push personal plans, or go after what you want. You can really communicate and convey yourself to others right now. Others may oppose or confront your value system. Their push or drive may tend to conflict with the way you feel and do things. Your own desires may be ignored.

Mars square Venus

You could find yourself driven by a restless desire to do something. You could be especially defensive and emotional, or possessive and protective of loved ones. With all of this emotional energy, you could speak or communicate very well. Powerful desires and amorous feelings are stimulated now perhaps through an enticing interaction or personal encounter. Strive for a balance between taking the initiative and being sensitive and aware of others' needs and wants. You might feel the need to take charge or lead a project.

Mars conjunct Mars

A time of much energy and drive, perfect for starting something out or taking care of business. Exercise or romance is in order. You are at a peak of physical energy now. Your enthusiasm runs high, and so does your courage. It's a time of

decisiveness, taking the initiative, handling problems directly and straightforwardly.

Mars sextile Mars

You may find yourself at odds with someone today, in particular at the gut or emotional level. You are drawn to physical activity, and if you are involved in a competitive event, you are more likely than usual to come out a winner.

It's a good time to take the initiative and to act on things that you've only been thinking about doing. A time of much energy and drive, perfect for starting something out or taking care of business.

Mars trine Mars

A time of much energy and drive, perfect for starting something out or taking care of business. Exercise or romance is in order. You have excellent rhythm and timing right now. You are confident, straightforward, direct, and ambitious. You might enjoy competition at this time in your life. Enthusiasm runs high, and you easily find motivation to do something physical or brave.

Mars opposite Mars

During this transit, you find it easier than usual to rationalize your own behaviour and that of others. You tend to say what you think now. Keep in mind that what you say or write now has impact, for better or for worse. Feelings could run strong, and this may require presence of mind and real patience in order to avoid a flare-up.

Mars square Mars

Harsh energy could leave you feeling emotionally blocked and

frustrated. Don't try to push too hard. You are only fighting yourself. Wait this one out. A sense of frustration is likely now, possibly because you are feeling out of step with your natural rhythm. Buried angers can surface now as tension or impatience. You are touchy and over-sensitive now, and it is very easy to take offence.

Mars conjunct Jupiter

A perfect time to be assertive and to move forward in your career decisions. You have all the drive and energy you could want, and it should be easy to channel it. The path is open and clear. You are likely to feel especially energized and enthusiastic about what you believe in or regarding business ventures. The desire to do something about your beliefs or ideals is strong now, or you are in a position to stand up for your beliefs. This is likely due to the fact that you are not in touch with what it is you really want at this time.

If you do know what you want, how to go about getting it doesn't come naturally to you right now. Your sense of timing is excellent, all things considered. You more readily take chances, and you feel especially strong, positive, adventurous, confident, and energetic. You are looking to expand something right now--the bigger the better. You are competitive in a friendly manner, and you readily rise to a challenge now.

Mars sextile Jupiter

It's an excellent period for improving your skills and for opening up discussions on topics that you normally might sidestep. You will find a way around almost any obstacle and are in control and able to guide yourself with ease. A perfect time to be assertive and to move forward in your career decisions. You have all the drive and energy you could want, and it should be easy to

channel it. The path is open and clear.

Mars trine Jupiter

You have all the drive and energy you could want, and it should be easy to channel it. The path is open and clear. All systems go! This is a strong aspect for beginning a new enterprise or endeavor. Decisive action comes naturally now. You possess willpower, verve, and energy that you can direct toward achieving your more lofty goals. You have the urge to expand, branch out, or take on more challenges. The desire to take action for the good or to better your life is strong now.

Mars opposite Jupiter

You feel more generous, optimistic, and sociable under this influence. Emotional considerations may block or oppose how you proceed with a project or plan. Someone may get pushy or obscure the real choices and the right path.

Mars square Jupiter

Your emotional drive and sense of things may be at odds with your best interests, the way to proceed. You could make some bad decisions, be too generous, or squander your resource. You may be boastful or arrogant in manner right now, and you tend to overestimate your capabilities.

The tremendous energy you have at your disposal now should be used constructively or you might find you are just spinning your wheels. You may be a little too forward-looking, forgetting or ignoring important details. Your ideas or plans may be too big.

Mars conjunct Saturn

Irresistible force meets immovable object. Proceed with caution!

There is a lot of energy available for disciplined work, but push too hard and you may break something. You may be particularly aware of, and frustrated by, slowness, blocks to your plans, limitations, and other realities right now. Positively, however, you might feel much enthusiasm for getting your life into order in some significant manner. Eliminating waste or excess may be the focus now, for which you can channel tremendous energy.

Mars sextile/trine Saturn

This transit suggests you now have a stronger sense of who you are and the principles you represent. Irresistible force meets immovable object. Proceed with caution! There is a lot of energy available for disciplined work, but push too hard and you may break something.

Mars trine Saturn

New ways to communicate or an easy manner will make conversations and interactions go well today. You may find yourself more talkative and facile than otherwise. There is a lot of energy available for disciplined work, but push too hard and you may break something. This is a good time to appreciate determined effort and actions. You are especially aware of the process right now, and this gives you a sense of responsibility and purposefulness. It's a good time to temper your energy or apply yourself, using traditional methods.

Mars opposition Saturn

You can translate your thoughts into actions readily now decisiveness helps you to say what you think and think what you say. The trick is to realize that pushing matters right now simply won't do you any good. Try to think about the long term instead of pushing for immediate results. You will find a way

around almost any obstacle and are in control and able to guide yourself with ease. Your sense of inner direction is good and should lead to opportunities.

Mars square Saturn

Making plans, presenting your work or ideas, and communications of all kinds are favored. Others tend to value your opinions and ideas under the influence of this transit. Your own drive and emotions are hard set against the way things are, your particular set of realities. Push on now and you risk breaking something. Be patient, and let this one blow over. This is a time in which you are especially sensitive to the limitations or blocks in your path, which can point to frustration or stress. You may be especially impatient with protocol, red tape, traditional methods, superiors, and rules that seem oppressive.

Mars conjunct Ascendant

You can really communicate and convey yourself to others right now. You have a lot of energy and come across as assertive and dominant. You have just emerged from a period in which you were less forthright or in which you were considering new plans but not quite ready to take action. Now, you are ready to go forward, push personal plans, or go after what you want. You are more direct, courageous, and initiating.

CHAPTER 17

TRANSITING JUPITER

Overview

We must always remember that Jupiter transits to benefit us to the utmost, we need to get hold of the opportunities that are being offered to us. We cannot wait for things to happen to us. At the same time, we must know of the potential for overdoing, for glossing over details to feed our optimism and greed.

Jupiter-Sun Transits

Jupiter transits conjunct Sun

This is a highly auspicious aspect, but much will depend on the condition of the Sun at birth. If the Sun is challenged naturally, Jupiter transiting conjunct the Sun may bring about some opportunities, but they may not be easy to grab unless you have built your self-confidence before the transit occurs. Sometimes, unexpected windfalls come during this transit, but don't count on it. It's an excellent time to start new long-term projects. You might find that you feel more vital, confident, and optimistic about the future at this time.

It's a good time to resolve conflicts. Events may give your ego a boost, and you could be feeling quite vital and alive.

Jupiter transits sextile Sun

Your work will bear very good results. You will overcome obstacles easily and will get victory over your enemies and competitors. This can be an excellent time for financial transactions, making plans for the future, making investments, resolving conflicts with others, and boosting your self-confidence. You may be feeling particularly vital and confident, and this inner

can bring its rewards.

Jupiter transits square Sun

Financially a very good month and you will gain through investments and speculation however there may be a tendency to wastefulness during this transit, as well as faulty decision-making due to over-optimism or arrogance. Avoid making any large purchases during this transit, as you might find that once Jupiter passes, you didn't really need the item. Jupiter is infusing you with a boost to your ego at this time, and it is up to you how to handle it.

Jupiter transits trine Sun

This transit represents considerable opportunity. You are likely to feel very good at this time, and reasonably confident. This is a time to find ways to improve your life and your satisfaction from life. Resolving conflicts with others is favored, and you do come across in a more favourable light than usual. It's generally a good time to invest. Jupiter is giving your ego a boost, and it's likely a much-needed boost.

Jupiter transits opposite Sun

You could be feeling less vigorous than usual or more stressed. You might find that you attract challenging situations simply because you are overreacting emotionally. This is a very good period for networking and improving your social contacts. You are likely to be feeling quite powerful and optimistic. The problem with the transit is that you might over-reach as a result of these inflated feelings of importance. This need not be the case at all. In fact, you might find that you receive a much-needed boost to your ego at this time.

Jupiter transits to the Moon

There will be opposition and clashes with your superiors at the workplace and this may result in disgrace and humiliation. During these transits, you are especially aware of what you need to feel secure. You may tend towards self-indulgence, and you may encounter issues surrounding your need to commit versus your need to be free. Problems from your past may re-surface. You are likely to want to improve your domestic affairs and relationships.

Jupiter transits conjunct Moon

At your work place you may be forced to take up undertakings beneath your current level and dignity. You may be looking to improve your home life and domestic affairs when Jupiter transits your Moon. At the root of this is a desire for more security and a stronger home base or foundation. This is a friendly transit period when you may find yourself more amiable and personally popular. Take advantage of this time by resolving conflicts with others in your personal circle.

Jupiter transits sextile Moon

Avoid getting involved in any kind of arguments or quarrels with your enemies as you will be the loser. Your sense of humour is improved, your ability to derive pleasure from life is augmented, and you come across as considerably more friendly and popular during this transit. Follow your heart, expand your personal circle, spice up your home, and improve your close relationships.

Jupiter transits square Moon

Relations with friends and relatives will also be not cordial and social life will be dull. You might be feeling somewhat dissatisfied with your domestic environment or your personal circle at this time, or you might be dealing with personal issues that

tug you in two different directions. Avoid the tendency to splurge or to pamper yourself for no other reason except to tame your moodiness. What you are really looking to do is to expand your emotional life with joy and pleasure, and the best way to find satisfaction is to weed out what is making you unhappy on a spiritual level.

Jupiter transits trine Moon

This can indicate a a brief period when you are not as popular as you normally are. Friends and associates may burden you, and indecision keeps you from making good financial or business decisions. You might be feeling quite personally popular and well-received by others at this time. If it's not immediately apparent to you, dig deeper and appreciate your relations with your family and close friends. Good will and optimism characterize this period of time.

Jupiter transits opposite Moon

It's probably best to avoid new initiatives on the domestic front as well as business changes. Some of us experience swings from optimism to self-pity. Problems rooted in the past and with family and early childhood are apt to surface during this period, and productivity may be adversely affected as you nurse your wounds. Your emotions are stable with this influence. Feelings of contentment and a generally good mood help you to deal with changes effortlessly.

Managed well, this can be a time in which you arrive at increased self-understanding of your innermost needs and wants. There can be a tendency to put on weight or to be financially extravagant. If this is the case, recognize that it's a sign that you are looking for emotional satisfaction in the wrong places. You may be questioning the amount of support you are receiving

from others, but be aware that your judgment on this matter is likely skewed. You might be setting others up on some level to prove to yourself how unsupported you are. We all need to feel emotionally supported, and this transit makes us more aware of that need.

Jupiter Trine Natal Mercury

As with other Jupiter Trines you are more receptive and are more able to rely on your instincts. That is why it is important to stay focused and to take the initiative and keep active. Grand and lavish ideas that are profitable. Good for signing and formulating contracts. Good for communicating about opportunities and business matters that involve dealing with authority. Good for traveling and possible to make money through traveling, foreign countries or foreigners.

Jupiter transits to Mercury

Occasionally, this influence brings you before the public in some manner. This can be a time of heightened yet manageable emotions. Stimulate and expand your curiosity, and offer the opportunity for growth through learning, self-promotion, and increased chances to get your ideas across. You are more alert than usual to possibilities, and your curious spirit is aroused. You begin to think in big ways. You feel more confident of your capacity to communicate and of your intellectual capabilities.

Jupiter transits conjunct Mercury

You may find yourself having emotional differences with someone. This is a good time for making business decisions, investing, and property deals, all things equal. This transit brings a generally positive state of mind. Good for all mental business, negotiating skills, learning something new, languages and art. Dealings with the law are favourable. This is a time when your

usual way of thinking and seeing the world is infused with a grander, bigger perspective.

Feeling emotionally out of step with others may get the better of your spirits for the time being. Emotional desire is strong, but could very well conflict with the demands of your personal life. This is a time when your usual way of thinking and seeing the world is infused with a grander, bigger perspective. You see the big picture now, but be careful that it is not at the expense of critical details. Details may be glossed over, and you may tend towards over-optimism at this time. This transit presents an excellent opportunity to grow mentally and intellectually. Your positive attitude lies at the heart of this opportune time.

Jupiter transits sextile Mercury

This is a time when you have an opportunity to learn things that will expand your vision, improve your business or business dealings, and boost your confidence. Hold off on making business decisions or embarking on new projects on the domestic front. Ideas and thoughts will have greater meaning and form just now. Your life may feel a little easier as you now entertain more pleasant and inspiring thoughts, and your communications are well-received. You may find that you are inspired to do more and to be more. Take advantage of this opportunity to put your best foot forward and to learn something that will benefit your working life and your personal relationships.

You are more inclined towards personal communications, social discourse, and sharing. This is a time when you have an opportunity to learn things that will expand your vision, improve your business or business dealings, and boost your confidence. It's generally a good time to buy and sell, sign contracts, and promote yourself and your ideas. Your life may feel a little easier as you now entertain more pleasant and inspiring thoughts, and

your communications are well-received.

You may find that you are inspired to do more and to be more. Take advantage of this opportunity to put your best foot forward and to learn something that will benefit your working life and your personal relationships.

Jupiter Square Natal Mercury

New information enters your mind causing you to reevaluate certain ideas and plans. May also indicate an absentminded and mentally lazy time. If you are now encountering some problems in your communications with others, it may be because you are not listening very well. Likewise, if your business dealings are frustrating at this time, it could be because you are not seeing the trees for the forest. With everything that is going on around you, it can be hard to keep track of everything.

Jupiter transits trine Mercury

You may feel like talking a bit more than usual, exploring new ideas or getting happily lost in a conversation. This is a time when you handle opportunities that come your way very well. Take this opportunity to learn something new. The possibility of some form of recognition or validation for what you do may come during this brief but effective period. Your attitude is generally positive. Your interests are increased, and you are mentally busy during this period.

Jupiter transits opposite Mercury

It's a good time to mend relationship problems and to surround yourself with people. Positive new connections may be made now. The possibility of some form of recognition or validation for what you do may come during this brief but effective period. This could also be a time when you are prone to making

miscalculations based on an avoidance of critical details.

Jupiter-Venus Transits

Favourable trends in your domestic or professional affairs may be noticeable. A positive frame of mind does wonders now.

Jupiter transits to Venus stimulate your desires to share pleasures with significant others and with friends. They urge you to find enjoyment in your life through leisure activities and romance. You may want to acquire new material goods as well.

Jupiter transits conjunct Venus

There could be an emotional overtone to all of this that may require understanding and flexibility on your part. You have a strong urge to socialize and to improve your enjoyment of life through leisurely activities and romantic connections during this transit. You might find yourself feeling lazy with regards to work and business matters, preferring to enjoy and indulge yourself. On the other hand, you might pour a lot of energy into creative activities and hobbies, and if you happen to love your work or do creative work, then you might find this a particularly busy and satisfying time. Otherwise, you might want to schedule a vacation at this time. You might end up spending too much money on frivolous items.

Jupiter transits sextile Venus

This transit may pass you by largely unnoticed, save for feeling rather friendly and sociable and a bit lazy. However, if you plan for it, you might want to grab the opportunities of the positive energies generated. Expand your social circle or simply make sure you get out there. Why? You are more friendly than usual, and you come across in a better "light" on a social and romantic level.

You have the opportunity to make a good impression, so schedule an interview, ask for that raise, or make time for social activities. It may be subtle, but your demeanor is more friendly and sincere than usual. You are that much more charming and you are feeling generous as well. It is also possible that you will attract money at this time.

Jupiter transits square Venus

This is a period when you are more inclined to be immature or childish if you have not been managing or acknowledging your emotions in a healthy manner. Overindulgence is the theme of this transit.

Your desire for pleasure increases dramatically, and you are likely to overestimate your ability to indulge and get away with it. You may overspend or over eat both symptoms of your inner restlessness. It can be hard to focus on your responsibilities at this time due to a desire to spoil yourself with pleasurable activities. You need to exercise some moderation at this time.

Jupiter transits trine Venus

You are feeling generous and romantic during this transit. This positive attitude can help you attract positive experiences and situations. You are very creative, and your social life is activated or enhanced. Jupiter is acting to expand your desire for pleasure, romance, and material goods as well. This is a favourable time to start a new endeavour, especially one that is intended for profit (unless, of course, there are other serious afflictions). This is also a favourable time to start a new relationship. The only potential problem associated with this transit is the tendency to be a little too carefree and to pass opportunities away with an overly optimistic attitude. Keep your eyes open to potential opportunities.

Jupiter transits opposition natal Venus

You could be feeling less vigorous than usual or more stressed. You might find that you attract challenging situations simply because you are overreacting emotionally. This is not a good influence, although being an aspect between two beneficial planets, its power for ill is slight. It will, however, tend to cause some loss, whether financial, through travel or through dealing with religious people. This is not a good aspect for domestic affairs, or for any relationships that may be formed at this time. It is not, on the whole, a good influence for pleasure; in fact there is usually a mixture of pleasure and sorrow combined under this aspect. However, with care it will not affect you seriously.

Jupiter-Mars Transits

You may feel like talking a bit more than usual, exploring new ideas or getting happily lost in a conversation. There will be an urge to communicate. Jupiter stimulates your drive, motivation, passions, and assertive powers.

Jupiter transits conjunct natal Mars

You are especially sharp, communicative, and open at this time, as your wants are aligned with your thoughts. Your energy levels and your competitive spirit expand with this transit. Be cautious of immoderation at this time, especially if your natal Mars is afflicted. Overestimating your abilities is possible. However, if some level of moderation is employed at this time, this is an excellent time to gather the courage to start something new or enterprising. At this time, you are drawn to traditionally male qualities and strength.

Jupiter transits sextile natal Mars

Your spirits are high during this transit. You are especially

sharp, communicative, and open at this time, as your wants are aligned with your thoughts. You are hungry for a bit of adventure. There may be an opportunity presented to you through a male acquaintance. Your powers of assertion are strong at this time, but they go over well with others. You are dynamic at this time, and it's a good idea to recognize opportunities and seize them.

Jupiter transits square natal Mars

New ways to communicate or an easy manner will make conversations and interactions go well today. You may find yourself more talkative and facile than otherwise. You may be overconfident at this time. Success and progress can be had during this transit, but only if you apply moderation to your efforts. You are restless in physical terms and with regards to your desire nature. You are looking for more from life, but you may have a hard time satisfying your urges.

Jupiter transits trine natal Mars

During this transit, you find it easier than usual to rationalize your own behaviour and that of others. It's an excellent period for improving your skills and for opening up discussions on topics that you normally might sidestep. You feel more confident than usual, and you have a dynamic energy that should be harnessed and directed into something productive.

Be aware of opportunities that may present themselves at this time, possibly from a male acquaintance or with regards to travel, business, or physical activities. Your competitive spirit is high, but it's a non-grating kind that goes over well with others.

Jupiter transits opposition natal Mars

An inner restlessness can dominate this period in your life.

What you do with this extra energy is very much up to you. Don't be surprised if you are not in top mental gear today. You could find yourself struggling to communicate or being easily misunderstood. Hard words are possible with an authority figure or an older person. However, be aware that you will have a tendency to overestimate your abilities. Be cautious with regard to putting yourself at physical risk, as accidents are more likely at this time. Avoid the tendency to boast or to come on too strong, as you may end up rubbing important people in your life the wrong way.

Jupiter-Saturn Transits

You may have a hard time concentrating on any one subject. Either you are easily distracted or a whole slew of information and demands are thrown upon you at once. Jupiter transits to Saturn test the balance between your desire to grow and to expand, and your awareness of your personal limitations. You become more aware of opportunities, and your desire is to grow, but at the same time you are reminded that there are limitations to what you can do.

Jupiter transits opposite

It may be challenging to get in touch with what you truly want to do as you tend to live in your brain rather than your heart for the time being. You have a desire to grow and expand, but your attitude is tempered with some caution and feelings of restriction. Perhaps what you want to do is not exactly feasible at this time. It is a good time to breathe new life into old plans rather than to strike out with a new plan altogether. Some caution is in order regarding your finances, although you might find that you are able to get some help from older or more stable individuals at this time. Something is telling you to push forward and to expand and grow, but with a close eye on your

limitations. Take steps to grow, but don't overextend yourself at this time or you are bound to face frustrations.

CHAPTER 18

TRANSITING SATURN

When transiting Saturn trines or sextile our natal Moon,

Most of you would see success in all your undertakings. The improvement in your overall financial condition would make you feel secure, comfortable and happy. We feel more in control of our emotions, our domestic affairs, and our personal habits. We feel considerably more mature and capable of handling our personal lives. Family matters assume more importance in our lives now, and we meet our responsibilities with maturity and competence.

When Saturn transits trine or sextile Mercury,

We are more apt to organize our lives and to improve our skills. Progress made during this transit period is likely to bring us rewards in our careers and/or our social lives if not now, in the future. Our thinking is clear, and we can study and absorb information, perhaps not more readily, but certainly more deeply. What we learn now, we retain. Our thinking is more realistic and practical.

We are less inclined to jump to conclusions or to make poor judgments, simply because we take into consideration the consequences, the probable outcome, and the bottom line. This is not a time when we take risks unless they are very educated risks. We tend to rely on time-honored, traditional approaches to new ventures. We are able to formulate plans, lists, and budgets and we think things through.

When Saturn transits trine or sextile Venus,

Most of you would see success in all your undertakings. The

improvement in your overall financial condition would make you feel secure, comfortable and happy. This is also the time to win over your enemies. Your romantic lives and our financial lives become more grounded. This is a good time to formulate a plan to curb spending and to cut away some accumulated debt, as our outlook is more reasonable and practical in these matters.

We might begin a more serious romance, or our current relationship may take on a more responsible, mature, or serious tone. Relationships begun during this transit have a good chance of being long-term. You would also be able to live in with peace in mind and a sense of fearlessness would prevail in you. We may be more inclined to socialize with older or more mature people, or we may cut back on socializing of our own doing, perhaps to reserve more energy and time for serious creative endeavors or romantic relationships.

We might find that circumstances are such that we mix business and pleasure in pleasing ways, or we make social contacts that lead to business propositions, or we turn an artistic hobby into a business. Our overall manner in social situations is more mature, and we can easily make a good impression with our peers and with those older than us.

When Saturn transits trine or sextile to Mars,

Most of your enemies would withdraw and victory would be yours. You are also likely to command more respect and honor in the society. We experience a period of time when disciplining ourselves is easier. We are more in touch with our bodies in the sense that we see them for what they are, and many begin exercise programs during this transit.

When Saturn trine Ascendant

Make peace with your friends and dear ones. You are also likely to be put to anguish by your kinships. Self-discipline and self-motivation, a necessary cooling of the passions, increased focus in work and activities, and a sense of purpose are themes now. We feel in control of our passions and our impulses, and we face life with more purpose and maturity. We are more practical than usual, and our progress in most projects is perhaps slow but steady. This can be a very productive time in our lives. While the changes come quite naturally and flowingly with the trine, the sextile represents opportunities that need to be grabbed.

When Saturn transits conjunct the Sun,

You would also be able to live in with peace in mind and a sense of fearlessness would prevail in you. Our level of maturity, realism, and responsibility come up for inspection.

The goals we have set for ourselves, as well as our very character, are now re-evaluated for strength and purpose, and tested against reality. Saturn has a way of slowing down our life, as if it is forcing us to take a really good look at it. Because the Sun rules our vitality, we may feel that our energy is somewhat depleted. Most of your enemies would withdraw and victory would be yours. You are also likely to command more respect and honor in the society. We may be assessing our achievements to date, and we are extremely sensitive to whether or not we have been recognized on a professional level as well as on a personal level.

Whether our talents and abilities, and our unique individuality and character, are recognized by others becomes especially important to us. Some of you may even tend to lose their glory and fame during this phase. This may be a time when we cut out projects or possibly relationships that are no longer working

for us, or that have been built on weak foundations. We are essentially conserving our energy for those things that do work for us, and we work on building and strengthening them

When Saturn transits conjunct the Moon:

Take care to keep your respect and position in the workplace intact. Make sure you don't have to regret any of your actions done at this time. An increased awareness of the flaws or weaknesses in our support system is likely now. This can lead to some feelings of isolation or a feeling of being un-parented and alone in this world. This is a strong period for introspection.

We might discover that we have not left enough doors open to our inner worlds, or that we have not been supportive of others in tangible ways. Watch out for probable hurdles before venturing into something new. Demands from family and loved ones might be, or seem, greater now than usual. Or, you might be pulling yourself back from others, perhaps in self-pity or due to fear that your needs will not be met. If you are going through a self-pitying phase, allow it to happen for as long as it serves its purpose. Sometimes we can draw great strength from these phases. In fact, this transit eventually leads us to discover our own inner courage and strength.

Take some time to be alone, to reflect, and to understand what it is you want back from life on an emotional level. During this period you are susceptible to become irritable and may try to find out faults in all matters. Deeply ingrained personal habits are also something to re-assess. Some might need to be left behind in order for you to move forward in a healthier manner. You might feel a little hardened or toughened up, but as long as this puts you in a more realistic state rather than a resentful one, this may not be such a bad thing. In fact, it may very well be exactly what you need right now.

When Saturn transits conjunct Mercury

This period may also demand more labour from you in order to accomplish any task undertaken. Seriousness of thought is likely now, as you crave simple answers and truths. You may doubt many of the ideas you've had to date, or the projects you've been putting your energy into. The purpose of this transit is to pare down your thinking process, improve your communication skills, and simplify your tasks.

This denotes contentment and good times for you. You would be happy and successful in all your endeavors. Others might notice that you are a little withdrawn socially, perhaps sarcastic or negative in your speech, and less available in general. You might be pouring more of your energy into a particular project, study, or course and have little time for others as a result. This is not the best time for presenting your ideas, as you might be finding that others are not supportive of them.

You would be able to finish off the work given to you successfully on time. However, it's an excellent period for reviewing, reassessing, perfecting, and improving ideas, projects, skills, and communication so that in the future, you will be more confident about all of these things. Some projects or ideas might need to be left behind so that you can conserve your energy for those that truly work for you, and that you can feel honestly confident about. You are becoming more mature in your thinking, and while you may be swinging to a more negative or critical outlook in the initial stages of this transit, this process may be necessary in order to reach a balanced, mature, and realistic state.

When Saturn transits conjunct Venus

Possibility of gain from this person is also indicated during this

particular time. What has carried you to date in the world of your social and romantic relationships may no longer feel satisfying or worthwhile for you during this transit. It's time to assess your relationship needs, attitudes, and capabilities. Some of you may also expect to spend some passionate time with someone new of the opposite sex. You may be withdrawing yourself emotionally as you become more serious, critical, and concerned about a significant relationship in your life.

This period may also bring in a rise in your status in the society. You are likely to be honored and may command more respect in the society. Letting go of things that truly do not work for you anymore may be necessary, but there is also a strong probability that an existing partnership can be redefined and strengthened. This can also be a time when you begin to question your ability to attract others or what you want from life. Questions of beauty, attractiveness, social charm and grace, and financial power can be themes now.

You may expect to receive higher monetary gains from different sources. Your personal endeavours, businesses and investments are likely to bring in higher financial gains and more profits. This can all take place in your inner world, but for many, there is an external trigger in the form of an event or circumstance that changes your perception of things. Eventually, you will come to a point where you are more confident of how you go about attracting love, money, favour, and pleasure into your life, and this comes from arriving at truths and realities. It's a strong period for reassessing your spending habits. Financial stresses may be part of the picture now, leading to a more conservative, mature, and realistic approach to handling your finances.

When Saturn transits conjunct Mars

You are likely to prosper in your field of activity especially during this time. You may become more soft-spoken and very cordial in your behaviour. You may also expect to get some favourable news. The purpose of this transit is to cool your passions in some manner, to conserve your energy for what truly matters.

You may be encountering resistance or blockages if you push yourself too hard, assert yourself too strongly, or express anger in an excessive manner. You are likely to be surrounded by material comfort. Socially this is a good phase as well. You would be able to command more respect in the society. As the transit progresses, you will be learning to direct your energies into endeavors that are truly helpful and useful to you. You might also be learning to curb some of the excesses in your life, as well as to go about getting what you want in a more mature, temperate, and moderate manner. You will be examining the ways you express your anger, how that has hindered you in the past, and how you might better do so in the future

When Saturn transits square or opposition the Sun,

You may also have to work extra hard to accomplish any of the task undertaken by you. Beware of your enemies and stay out of their way in order to avoid any humiliation. We may experience some form of disillusionment with regards to an important person in our life, with authority figures, with personal plans and achievements, or with aspects of our own personality. We may feel blocked from advancing in our chosen life path, and lacking in energy and confidence.

You are susceptible to worries and restlessness during this particular time. You are also likely to be distressed and feel discontented during this phase. It is also associated with mechanical breakdowns in your life. However, these generally happen because you haven't been managing your life effectively, and

Saturn calls upon you to identify the weaker areas of your life, and to fix or strengthen them. Take the time to sort out your life, improve your work, and to become more efficient. If things or people leave your life, it is likely because the connection between you was weak, or they somehow no longer serve a healthy purpose in your life.

When Saturn transits square or opposition the Moon,

Some may be displaying bouts of jealousy or holding something over your head. Intensity characterizes your relationships for the time being. Feeling overlooked, left out, on our own, and even uncared for. Domestic problems may be part of the picture, often connected to women and sometimes the mother.

It can be hard for us to take risks at this time, and we are likely to focus on the negatives in our lives. Fears and insecurities of all kinds are magnified during this period--fear of rejection, fear of what the future might bring, fear that we won't be able to handle our lives masterfully, and so forth. You will be able to be understanding and handle this very volatile material. You are able to cut through the red tape and get at what is beneath and behind. You may be given to sulking, feeling sorry for ourselves, dredging up the past, and focusing on what we haven't done or can't do. We may be feeling awkward and self-conscious, and consequently less sociable as spontaneity is lacking for us now. It is important to remember that this is very much our perception at this time, and it can be managed if we are aware of the general meaning of Saturn's influences. It is a time when we are called upon to take a realistic look at our personal and emotional lives.

This is a great period for getting organized, downsizing, or otherwise improving your anything that requires willpower is more likely to enjoy success. This is a period when progress on

the domestic front is slow, delayed, or denied. Our personal popularity is weakened temporarily, and business may also be affected. The best way of handling this energy is to recognize that it's a time to slow down and re-evaluate our personal lives, and that pushing ourselves to do too much will be frustrating and possibly costly. We need more rest than usual, and we need to learn to rely on ourselves for the time being. This is a time when we are called upon to examine our priorities and make necessary changes to our daily routines in order to improve our lives.

When Saturn transits square or opposition Mercury,

You have a new, intense, emotional outlook on life with the urge to get things done and to make a fresh start if necessary. This is a time when we are called upon to examine our thinking patterns to find rigid or negative attitudes that have been holding us back from advancing. We are ridding ourselves of projects that no longer serve their purpose, and learning to cut out the fluff in our lives so that we can focus on projects that truly matter. It's not the best time to present your ideas, but rather to reassess them, and work on perfecting them for presentation at a later date. You are seeking truths now, and in the process, you might experience many doubts.

When Saturn transits square or opposition Venus

This is a time to engage in some sort of transformation in which you weed out the bad in order to more effectively use the good. This might be a time of relationship tests, struggles, or trials. You may not be attracting things and people that you want in your life as easily as you were before this transit and this can be eye-opening. It's a signal to work on improving your manner as well as the things that you offer to others in partnership.

Someone could challenge you on a very sensitive issue, resulting in an argument or, at the least, a very intense discussion. You are working towards ridding yourself of self-delusions when it comes to close partnerships, socializing, finances, and attractiveness. In the process, you might feel disdain for superficial interactions and resent "going through the motions" on a social and/or emotional level. Your goal is to find deeper connections to others. Relationships built on weak foundations may not survive, but other relationships can be improved and strengthened. Financial matters might be stressful for the time being, which forces you into a position of conservation and moderation.

When Saturn transits square or opposition Mars

This is a time when that which is hidden has a tendency to surface. Someone close to you might be dredging up the past. Excessive or wasteful endeavors and personality traits may need to be tempered now. You are becoming more cautious now, and you might experience a temporary loss of enthusiasm or setbacks that make you doubt your ability to win in life. You are learning to live life in moderation, but it may be frustrating at first as you face tests, rejections, or trials that remind you that pushing too hard or too fast doesn't always yield the results you crave.

Saturn Transits to Other Natal Points Transiting Saturn conjunct, square, or opposition Jupiter

You have a new, intense, emotional outlook on life with the urge to get things done and to make a fresh start if necessary. Transits of Saturn to

Jupiter deal with your life priorities, and how they can better be organized or structured, as well as your expectations and

general outlook on life, and how you can come to a more realistic, mature, and balanced state of mind. You may be required to re-align your plans and goals, particularly in business, towards more realistic avenues.

Transiting Saturn sextile or trine Jupiter

It's easier for you to employ strategy, and you tend to read between the lines rather than accept life at face value. Your expectations and outlook on life are considerably more realistic now as you naturally seek balance between too negative and overeager attitudes. It's a strong time for realigning your projects and getting your life priorities straightened out. You are concerning yourself with the long term now, and practically preparing yourself for a better future.

Saturn Trine Natal Saturn

You are more able to influence others, and you are personally popular in an understated, quiet way. A time when clear indications and realizations of what is working and what is not working in your life is shown. Things can get back on track with this aspect. Emotionally eases your life and brings general contentment.

Opportunities a good time to move forward with long range plans that will bring future success. Possibilities of being in the best place for achievements now. A transit that makes up for lost time or opportunities gone by. Also success may come because of seeds planted earlier.

Saturn Square Natal Saturn

A time when you are no longer sure of the directions and choices you've taken to fulfil ambitions. This is a shake-up of your structure. Feeling apprehensive and insecure is normal now

allowing you to question and search for your true desires. Insist of yourself to let go of your worries and have faith that the best of your life will remain after this transit is done. Socially limiting with job and career difficulties. Problems with authority, government, legal affairs, bills and/or property. Money is scarce. Worry and anxiety especially about the future. A time to reassess however don't throw the baby out with the bath water.

Saturn conjunct Sun

Difficulties, blocks, and all manner of hot spots may be discovered and have to be worked through. A crucial time during which, depending upon what age this takes place, you may reach new highs of determination and accomplishment. This will bring great discipline and a concentration or focus that could make or break you the ability to work hard.

CHAPTER 19

TRANSITING MERCURY

Your thoughts and ideas may not mesh with the plans and methods of someone you meet with today. This transit of mercury denotes good communication. You could be pleasantly busy now, conversing and socializing, writing or speaking, and handling details.

Mercury conjunct Sun

You find yourself talkative and quick-witted today. Ideas are clear and easy to come by. This could be a good time for thinking over your own affairs. You may have a conversation with an older person or someone in authority. You are especially sharp, communicative, and open at this time. This is because your wants are aligned with your thoughts. It's a favourable time for solving problems. What you say or write now has impact, for better or for worse! You are likely more interested in talking about yourself than in listening to others. This can be a very busy, communicative, or even hectic day.

Mercury sextile Sun

Opportunities a good time to move forward with long range plans that will bring future success. You are inclined to think positively and with growth in mind. Others tend to cooperate with you, and perhaps seek out your advice. You are at your mental best with sharp ideas and clear thoughts. This is an excellent time to make decisions and take care of mental work. Your ideas are especially intelligent and creative now, and come from the heart. Decision making comes easily now. You are expressing yourself with strength of character now, and others take note. Your confidence in what you have to say now helps you to be well-received.

Mercury square Sun

You may have a hard time being clearheaded right now. Thoughts and ideas that come may be inappropriate or misleading.

Arguments are possible with an authority figure or someone older than you. Others' communications could frustrate you today or rub you the wrong way. Nervous tension is possible. Avoid letting your ego spoil your mood. Try not to read negativity into what others say now. However, it is more likely now than usual to hear criticism or news that makes you tense.

Mercury trine Sun

A time when you are no longer sure of the directions and choices you've taken to fulfil ambitions. Increased confidence in what you have to say means your audience receives your message. You are able to think quickly on your feet now, and you are communicating with authority. Alternatively, you could receive important information from a superior now. Your reasoning skills are especially strong now.

Mercury opposite Sun

Something you say or communicate may go against your own best interests. You could clash with an older person or one in authority. Someone may argue with you. You find it hard to clearly express yourself during this transit. You might unwittingly misrepresent yourself or your intentions through something you say or write. You might meet with people, or communicate with others, who don't share your perspective. You could also feel bogged down with details, tasks, or errands.

Mercury conjunct Moon

You may find yourself analyzing your life situation and surroundings. Conversations of an inspiring kind may be in order with younger persons or others around you. Awareness of your emotions, as well as the need to verbalize them, comes with this transit. Verbalization can take the form of actual communication through speech or the written word with others, but it can also be an internal process. There could be some tension or sense of opposition requiring compromise or negotiation on your part. Thinking about your past, feelings, and personal connections characterizes this influence.

You might make a verbal connection with a female, your mother, or a person from your past now. This might be a good time to discuss domestic matters, as you are more likely to approach the topic with objectivity. It can also be a busy time with visits, conversations, and discoveries. Getting in touch with relatives, neighbors, and acquaintances can figure now.

Mercury sextile Moon

You have a natural sense for communicating with others, especially those younger than yourself. Clear thoughts about the past may also be flowing in today. News that you hear now is likely to be satisfying on an emotional level. Pleasing conversations with females, relatives, neighbors, or people from your past figure now. It's easy to ask for what you want and get it! Expressing your wants and needs is flowing, natural, and spontaneous right now.

Mercury square Moon

You may find that your ideas and thoughts run counter to what is going on around you, resulting in a lack of support or respect for what you think. There could be arguments, especially with younger persons. It can be challenging to get in touch with

what you want and need now, yet you are inclined towards verbalizing your feelings nevertheless. You are easily distracted right now, and news you hear can be irritating as well. This is a time when you tend to misplace your keys, miss important phone calls, get stuck in traffic, forget appointments, and the like.

Mercury trine Moon

You have a natural sense for communicating with others, especially those younger than yourself. Clear thoughts about the past may also be flowing in today. News that you hear now is likely to be satisfying on an emotional level. Pleasing conversations with females, relatives, neighbors, or people from your past figure now. It's easy to ask for what you want and get it! Expressing your wants and needs is flowing, natural, and spontaneous right now.

Mercury opposite Moon

You may find yourself reflecting on your own youth or some event in the past. Communication with those around you, especially younger people, may be difficult or combative. You are likely to hear news that is in opposition to what makes you feel satisfied. Conversations can be frustrating now, and you could be hypersensitive to the opinions or statements of others. This is a time when you don't really want to hear truths or facts. It's also likely that plans are upset, keys misplaced, traffic prevents you from being timely, and so forth.

Mercury conjunct Mercury

You are just plain witty now, and the ideas roll off your tongue. A real time for communicate by phone, by letter or in person. The mind is clear. This is a time when you are bound to discover information that you need at just the right time. It's a

strong period for objective observation and discussion. Your thinking is in line with current trends, and your ideas are received well.

Mercury sextile Mercury

This is a time when tensions with others can come from a lack of self-confidence or a sudden awareness of unfulfilled wishes and goals. Your mind could be quite clear and natural just now. Ideas are flowing and could come with ease. This is a time when you are bound to discover information that you need at just the right time. It's a strong period for objective observation and discussion.

Mercury square Mercury

During this transit, you find it easier than usual to rationalize your own behaviour and that of others. You will find that your mind and thoughts will be very intense just now. There could be a lot of pressure to make decisions that you will regret later. Disagreements on an intellectual level are quite possible. You are likely very busy processing information and thinking just now. You could be feeling quite restless now, and in the mood for new scenery.

Mercury trine Mercury

You can benefit now from a more confident manner and increased certainty about your goals in life. Your mind could be quite clear and natural just now. Ideas are flowing and could come with ease. This is a time when you are bound to discover information that you need at just the right time. It's a strong period for objective observation and discussion.

Mercury opposite Mercury

The only cautions are to try to avoid making decisions that are based on your emotions of the moment, and to avoid taking everything too personally. You could blurt out the wrong thing today or be unable to convey what you really intend to someone. Ideas and thoughts may not come with ease. Also, others may disagree with your ideas. You are likely to engage in a conversation with someone who has a different perspective on matters now. You can learn from the experience if you open your mind. You could be feeling quite restless now, and in the mood for new scenery.

Mercury conjunct Venus

It's easy to see what you value and care about. Your sense of appreciation is sharpened and in high focus. You find yourself more socially composed than usual now. Light-hearted conversations, sociability, humour, and cooperation characterize this period. It's a strong time for socializing and communicating with ease, telling others how you feel, and negotiating.

Mentally, you are not as disciplined as usual, however, as you prefer to chat with others and to think about more pleasant things than work. You could receive a compliment or other pleasing communication. Alternatively, new information or knowledge learned now makes you feel good. This is a favourable transit for commerce and business transactions, all things equal.

Mercury sextile Venus

It's an excellent period for improving your skills and for opening up discussions on topics that you normally might sidestep. You could feel real support and harmony at this time for circumstances and those around you.

You have a clear vision into your own inner sense of values,

how you appreciate and love. You are currently able to handle opportunities well by focusing your energy on constructive activities and goals. It could be a time when promises and clarifications are made in love relationships.

Mercury square Venus

Your ideas and thoughts may run counter to accepted values, you're own or those of others. You may find yourself in a disapproving mood. Decisions made now may have to be re-thought later. You could find yourself tense. Hypersensitivity and lack of mental discipline could be issues in the circumstances you attract now. You could take offense at someone's ideas or communications, as it disagrees with your values.

Mercury trine Venus

You are more excitable than usual, and less inclined to make rational, thought-out decisions. Whims could take hold. You have a clear vision into your own inner sense of values; how you appreciate and love It's easy to make social connections under this influence. This transit favors diplomacy, charm, social graces, negotiations, presentation of ideas, romantic overtures, teaching, business deals, publishing, commerce, public relations, and joint ventures or partnerships. It could be a time when promises and clarifications are made in love relationships. Something you hear now, or new information that you learn, can give you pleasure. As well, you are more able to express your more charming or loving nature verbally.

Mercury opposite Venus

You may have difficult thoughts or conversations with someone you love or care for, or your ideas may go against the values of someone who confronts you. Something you hear, learn about, or the opinion of someone could bother you and disturb your

sense of balance now. You might find it inappropriate, rude, or downright irritating! Superficiality in others could also be particularly irritating to you. A lover or friend might offer you information or advice that you don't want to hear. Others simply aren't pleasing you right now. It's not the best time for business transactions, beauty treatments, or purchases for the home.

Mercury conjunct Mars

There is a lot of energy behind what you say and think. You can make quick and sharp decisions. Also there is the possibility of sharp words. You communicate with feeling and strength. This is a time of quick wit and strong mental impulses. You are especially enthusiastic and productive. You are more inclined than usual to express your desires, and perhaps what gets your goat as well! Your observations are sharp, but you could be inclined towards mental pressures or impatience with others who don't seem to be getting your point right away. This is a time when plans are put into action.

Mercury sextile Mars

Your mind is quick and sharp, and your words are the only weapon you will need today. You have insight into your emotions and drive, and you can talk about your feelings with great insight and fluidity. Mental alertness, enthusiasm, and energetic communications figure now. Quick decisions can be made. You are productive and take "busy-ness" in stride. You are alert and aware, and can easily turn ideas into workable projects. You can talk your way out of practically anything now. Your conversations are animated and expressive now, and spontaneous impulses tend to work for rather than against you.

Mercury square Mars

Your mind is very sharp now, with the result that you may be a bit irritable or say too much. Quick-witted you are, but this could also result in arguments and hard words mental agitation. Although you are quick-witted now, you could also be ready to argue! Alternatively, you could be meeting with aggressive or critical people now. This could be a time when you are working under stressful or hectic conditions, as you feel pressure to get things done quickly. If you are having problems on the domestic front, they are magnified now. Do your best not to force changes in your life. You are inclined to be snappy and irritable, and you might too easily interrupt others rather than listen. Conflicts of interest are likely to occur now. This is an unfavorable time for any kind of meeting, starting a new project, and business proposals. You can be irritable and say all the wrong things. Impulsive communications and hasty decision-making are things to watch for now.

Mercury trine Mars

This is a good time to uncover issues of emotional unrest that have been bubbling under the surface, and to take steps to take better care of your emotional needs. Enthusiasm and energetic communications occur during this transit. You are mentally alert and aware, and can easily turn ideas into workable projects. You can talk your way out of practically anything now. Your conversations are animated and expressive now, and spontaneous impulses tend to work for rather than against you.

Mercury opposite Mars

Steer clear of arguments and possible hard feelings. Your thoughts may not be in sync with your feelings, and this could result in a clash with someone today. Instead of listening to what others have to say, you could end up interrupting them and making assumptions. You could be quick on the trigger

when it comes to verbal reactions to others, and you may seriously lack diplomacy at this time. You might find yourself doing the opposite of what you are told or what you normally think is best! Information that you receive now could lead you to take a wrong turn or action. This is not the best time to take a trip.

Mercury conjunct Jupiter

You are in a planning mood and are very clearheaded and able to view all the alternative paths. Go ahead and make those decisions. You can see the road ahead and will make the right choices. This could be a time when you have a strong desire to verbalize your own goals and ideals. You are optimistic, which can help you attract positive circumstances.

Mercury sextile Jupiter

You could feel real support and harmony at this time for circumstances and those around you. A clear-minded insight into your own plans and methods is available to you. This is a favourable influence for short trips, writing, teaching, studying, mailings, interviews, advertising and promotion, submitting applications and forms, and accurate observations. You are inclined to think positively and with growth in mind. Others tend to cooperate with you, and perhaps seek out your advice. You might receive some interesting offers now.

Mercury square Jupiter

You could find yourself mentally acute and in a problem-solving mood. However, there is a real possibility that the decisions you make today and the solutions you find may have to be re-done tomorrow. Information overload. It is all too easy to miss or neglect important details under the influence of this transit. You may be tempted to exaggerate or overstate now, or

you could have a hard time putting your ideas to practical use.

Mercury trine Jupiter

A clear-minded insight into your own plans and methods is available to you. This is a favourable influence for short trips, writing, teaching, studying, mailings, interviews, advertising and promotion, submitting applications and forms, and accurate observations. You are inclined to think positively and with growth in mind. Others tend to cooperate with you, and perhaps seek out your advice. You might receive some interesting offers now.

Mercury opposite Jupiter

Your thoughts and ideas may not mesh with the plans and methods of someone you meet with today. You could find yourself saying things against the way they do things. Your ideas may run counter to some plan of action. Avoid jumping into something without planning ahead, as important details are too easy to overlook right now. Also, avoid making promises you may not be able to fulfil, and be sure to read the fine print! In a search to attach greater meaning to your thoughts and ideas, you may exaggerate, overstate, or overestimate.

Mercury conjunct Saturn

It's an excellent time for taking tests or presenting your ideas. Your opinions and thought processes are generally well-received and appreciated now. This is a time when you handle opportunities that come your way very well. You are in a serious frame of mind and find yourself dealing with matters of much concern and responsibility. Your ability to concentrate and focus is enhanced now. You could experience an increased need for solitude in order to think or work. Travel for business purposes is possible.

Mercury sextile Saturn

Put your mind to work and take care of any details that you may have, for mental discipline should come easily. Problems and obstacles that have heretofore been confounding should find easy explanations under your keen examination. This is a good time to get organized, do detail work, and prepare for the future. Decisions made now tend to be practical and well thought out. Work done now is likely to pay off in the future. Your thinking is clear and realistic under this influence. Conversations may be spare but to the point. Manifestation and achievement are what satisfy you.

Mercury square Saturn

It's a good time to mend relationship problems and to surround yourself with people. You may feel mentally depressed or restricted. Perhaps this is not the time to try to solve any serious problems or make important decisions. It could be hard to think. Getting from point A to point B can be a challenge during this transit due to obstacles. Communications may be blocked or delayed, and negative thinking could dominate at this time. Projects we thought were complete may need revision, and others could appear overly critical, insensitive, or sarcastic. Avoid signing on the dotted line at this time.

Mercury trine Saturn

New ways to communicate or an easy manner will make conversations and interactions go well today. You may find yourself more talkative and facile than otherwise. You may feel like talking a bit more than usual, exploring new ideas or getting happily lost in a conversation. You might find that you attract challenging situations simply because you are overreacting emotionally. There could be an emotional overtone to all of this that

may require understanding and flexibility on your part.

Mercury opposite Saturn

Someone may tend to put the damper on what you say or think, or in some way manage to restrict your ability to communicate. You may have thoughts that differ with the establishment (the law). Communication challenges today make it hard to get a point across.

Delays, red tape, and vague feelings of forgetting important details could figure now. Your thought patterns could take on a negative skew, as you think in pessimistic terms and communicate sparingly or reluctantly. It can be difficult to trust your instincts, and you might second-guess things automatically under this influence. You could also receive news or information that makes you tense or goes against your goals.

Mercury conjunct Ascendant

New ways to communicate or an easy manner will make conversations and interactions go well today. You may find yourself more talkative and facile than otherwise. You tend to say what you think now. Keep in mind that what you say or write now has impact, for better or for worse. Your communication skills are at a high-water mark. This is a period of heightened verbal ability or increased communications. You might be a little more assertive or more able to verbalize your ideas and thoughts. You could be thinking a lot about taking action on something important to you.

Mercury sextile Ascendant

It's an excellent period for improving your skills and for opening up discussions on topics that you normally might sidestep. What you say or write could be misinterpreted, or you could

find it hard to verbalize what it is you want. Your thoughts could be all over the place, and it can be hard to concentrate on any one particular task. You can really get your thoughts and ideas across. Good communication. Your ideas are well-received, your mind is alert, and you can easily and quickly grasp information now.

Mercury square Ascendant

You could find yourself struggling to communicate or being easily misunderstood. Hard words are possible with an authority figure or an older person. You may have some difficulty speaking or getting your ideas and thoughts across to others. You might say the wrong thing. News or information you receive now could be frustrating, or conversations with others make you tense.

You might be asked to do a favor that you don't want to do or you could feel overloaded with tasks and errands now. It's more likely than usual for you to make mental errors, and nervous tension is quite possible now.

Mercury trine Ascendant

New ways to communicate or an easy manner will make conversations and interactions go well today. Others tend to value your opinions and ideas under the influence of this transit. You can really get your thoughts and ideas across. Good communication. You could be pleasantly busy now, conversing and socializing, writing or speaking, and handling details. It's easier now than usual to verbalize exactly what you want. Others appreciate what you have to say and your ideas and opinions are received exactly as you intended them.

Mercury opposite Ascendant

You want to be the center of attention right now, and you are feeling more vulnerable to how others receive you, so you may pay special attention to your charm and appearance or mannerisms. You may find yourself somewhat argumentative today. For instance, you could disagree with ideas or find communication with others difficult or fouled up. Reaching out to others on mental level figures now. Negotiations are in order, and you might feel a strong need for feedback from a significant other or special friend.

CHAPTER 20

TRANSITING VENUS

A very nice day, perhaps filled with some renewed appreciation for all that is beautiful and fine. The transits of Venus brief influences to planets and points in the natal chart are lasting nearly a day. This is a good day for relationships or other pursuits expressing you creatively through.

Venus conjunct Sun

You may be unable to appreciate or value people and things now. You are in a perhaps rare mood of self-enjoyment and can appreciate your own better qualities. You may see value in or feel love for an older person or someone in authority. This is a day for sentimentality and tenderness. You are especially charming today, however, so you might not want to isolate yourself. At this time, you desire to please and to be pleased; to treat and to be treated. You might be particularly irritated by others' behaviour now, but consider that problems encountered now could be a reflection of your own inner discontent. This is the day to start new projects or push forward with those already in motion. You may enjoy a sense of creating your own opportunities. You are more sensitive to imbalances in your environment, and you seek to find harmony in whatever you do. You are motivated by the desire to strike a balance in your relationships and in your environment.

Venus sextile Sun

You are in a (perhaps) rare mood of self-enjoyment and can appreciate your own better qualities. You may see value in or feel love for an older person or someone in authority. You are more willing, yielding, and compromising than you are typically. The aura around you is tender and caring, and others take

notice. This transit rids you of inhibitions, at least for the time being. This is a time of much enthusiasm. You are more interested in being around loved ones. This easy energy can also cause you to temporarily lose interest in work. It's not an ambitious energy, and some laziness or a tendency to procrastinate is possible. Sometimes, first dates occur during this transit.

Relationships in general improve. This is a good time to ask for a raise or the support you need, and you might see some success on a financial level.

Venus square Sun

You are able to creatively solve problems and to instinctively take action when necessary under the influence of this transit. You may find some of your values at odds with your own best interests. You may not appreciate tradition or someone older or in authority. This is a period when you are less motivated or driven than usual. Lazy appreciation for the good life comes now. You are distracted when it comes to work, and you are more likely to overeat, overspend, and avoid anything that makes you feel unbalanced or uncomfortable. Irritations that seem to stem from others could be the reflection of your own inner uneasiness. Do your best to control yearnings for more than what you have and search for a creative solution for your inner dissatisfaction.

Venus trine Sun

You are in a perhaps rare mood of self-enjoyment and can appreciate your own better qualities. You may see value in or feel love for an older person or someone in authority. Love is in the air, and your relationships are harmonious and rewarding. Others find you attractive and enjoyable to be with. Social functions and artistic endeavors go well. You may be interested in

purchasing objects of beauty or adornment. Efforts to improve your appearance run well. Gifts or increased income may be part of the picture.

Venus opposite Sun

You may find yourself at odds with someone you care about or someone in authority over questions of values. You may not appreciate what they represent. This is a time when laziness and self-indulgence are more likely. You're simply not in any mood for hard work. You could be looking for an easy way out. Delaying spending might be wise now. Relationships could prove expensive. You are more able to assert yourself without rubbing people the wrong way just now. You might find that you stand up for yourself or your principles.

You may find yourself at odds with someone you care about or someone in authority over a question of values. Your own values or way of expressing love and affection may differ from someone you interact with now. Your ego may be a bit inflated right now. As long as you don't think with your ego, you could learn a whole lot about a person you love.

Venus conjunct Moon

This is an excellent time to begin a self-improvement program. This is not an especially sexual energy you are more inclined to philosophize and seek out bigger and better experiences. A good time for surrounding yourself with friends and younger people and for having a good time. You appreciate your particular situation and enjoy support from those around you. Feeling sentimental. Your mood is especially romantic and sensual. Let it guide you, and you might just find yourself in a very fortunate situation.

This transit represents hopefulness, good will, and increased

influence. This energy is excellent for any behind-the-scenes or domestic activities. It's an opportune time to make domestic purchases, and to buy or wear new clothing for the first time. Beauty treatments are favored. This is a time when praise or compliments naturally come your way, when you receive friendly greetings, and when you might extend a hand to others you care about. Aiding someone financially or spiritually is bound to boost your own spirits.

Venus sextile Moon

A good time for surrounding yourself with friends and younger people and for having a good time. You appreciate your particular situation and enjoy support from those around you. Your best bet for personal success is expressing yourself sincerely and warmly. Your personal popularity gets a boost now. Others could lean on you for a little support, and you are more than willing to give it.

Tensions on the home front ease, and a partner is more attentive to you. Mental peace satisfies an instinctive need now, and your focus should be on ways to improve or maintain a state of balance in your personal life.

Venus square Moon

You may not appreciate your surroundings, or someone younger than you does not measure up. Your values may be at odds (just for the moment) with those around you. A sweet tooth for pleasure. A craving for sweetness and comfort in the form of loving affection or food is strong now. This is a good time to baby yourself and also to spend time with the people who love and appreciate you the most. You could be emotionally and financially irresponsible now, however, and the tendency to bicker with others over emotional and domestic

matters is high. Someone whose values are different from yours could easily rub you the wrong way. Watch for over-sensitive reactions.

Venus trine Moon

A good time for surrounding yourself with friends and younger people and for having a good time. Take this opportunity to express your feelings to people close to you. You are more likely to be received well today than on other days. This is a good time to enhance the beauty and grace of your home, as well as to attain some level of harmony in your domestic affairs. You may not feel like working or pushing yourself too much now, but that's just fine. A passive approach to life works best now. This transit is a cosmic nudge to slow down and enjoy quiet and nurturing activities.

Venus opposite Moon

You may find yourself with a different set of values and at odds with younger people or with your surroundings. You may not like the way they are or what they represent. Emotionality. This transit stimulates your affections but can lead to excessive emotionality. Avoid falling head over heels into relationships just for the sake of having company. The tendency to bicker over emotional, domestic, or social matters runs high now. Your feelings are easily hurt now, and you could feel underappreciated. This is not the most personally popular time for you, but thankfully this transit is brief.

Venus conjunct Mercury

Perhaps a time to think and study, for you have a real appreciation for ideas and thoughts. You may find yourself enjoying a long conversation, writing a letter, or making a special phone call.

Light-hearted conversations, sociability, humour, and cooperation are hallmarks of this transit. This is a good time for socializing and for communicating with ease, telling others how you feel, and negotiating. Mentally, you may not be as disciplined as usual, as you prefer to chat with others and to think about more pleasant things than work. This influence is generally favourable for commerce, and it sometimes indicates a job-related social function.

Venus sextile Mercury

Perhaps a time to think and study, for you have a real appreciation for ideas and thoughts. You may find yourself enjoying a long conversation, writing a letter, or making a special phone call. Self-expression is enhanced by a touch of the romantic and the poetic. You come across as gracious and diplomatic. Some laziness on a mental level is possible now. Business opportunities or proposals are favored today. Also, job-related social functions may be part of the picture. Measured and balanced agreements can more easily be drawn up. You could receive a compliment today, or hear of someone's affection for you, particularly someone younger than yourself.

Venus square Mercury

You may not place much value on ideas and thoughts. Something that someone says or communicates to you may be unappreciated or taken the wrong way. You could find that you are socially active but others rub you the wrong way. Something is a little off right now, and social blunders are more likely now than usual. Difficulties in social or romantic communication are possible today. Hypersensitivity and lack of mental discipline are other negative manifestations of this energy. Your mind tends to wander, and working effectively may suffer as a result. It would be best to make an extra effort to be polite and

diplomatic.

Venus trine Mercury

Perhaps a time to think and study, for you have a real appreciation for ideas and thoughts. You may find yourself enjoying a long conversation, writing a letter, or making a special phone call. Self-expression is enhanced by a touch of the romantic and the poetic. You come across as gracious and diplomatic. Some laziness on a mental level is possible now. Business opportunities or proposals are favored today. Also, job-related social functions may be part of the picture. Measured and balanced agreements can more easily be drawn up. You could receive a compliment today, or hear of someone's affection for you, particularly someone younger than yourself.

Venus opposite Mercury

You may not like the ideas or thoughts of someone who confronts you. What they say may seem inappropriate or be unappreciated. You could find that you are socially active but others rub you the wrong way or vice versa. Something is a little off right now, and social blunders are more likely now than usual. Difficulties in social or romantic communication are possible today. Hypersensitivity and lack of mental discipline are other negative manifestations of this energy. Your mind tends to wander, and working effectively may suffer as a result. It would be best to make an extra effort to be polite and diplomatic.

Venus conjunct Venus

You may be especially sociable, tolerant, and generous. Confidence comes from a stronger sense of who you are and the principles you represent. Your taste in art and appreciation in general are heightened. Beauty and art are especially appealing now. Feelings are affectionate. Your desire for love,

companionship, and affection predominates at this time. A new friendship or romance could begin, or an established relationship can be revitalized and enhanced. If there is someone you have wanted to reach out to, doing so now is likely to create warm feelings between you, and may be the start of something beautiful. A shift or change in your attitude towards money and personal possessions is also possible now.

Venus sextile Venus

Your taste in art and appreciation in general are heightened. Perhaps a good time to select furnishings, colors, and so on the finer things of life. Your sense of value is to the fore. A great time to just sit back and enjoy what you have, to live life socially smooth. Harmonious interactions with others are favored at this time, likely because you are projecting the more charming, cooperative, and agreeable side of your nature!

Smoother negotiations are the result, and love is easier than usual to enjoy -- and to find -- today. This could be a prosperous time for your financial affairs or investments. Pleasing contact with females is probable.

Venus square Venus

Someone older or in authority may disapprove of your actions or decisions. You may feel vague restlessness and discontent with life as it is. You may experience dissatisfaction with what you have or find around you. You could feel unloved or be unloving. Although this influence is subtle, you might notice an imbalance in your relationships. Someone is giving more or feeling more than the other. Differences in personal style, tastes, and ways of expressing affection may emerge or become glaringly apparent. Compromise requires some effort. Touchiness could be coming from you or from those close to you, and

you might be feeling underappreciated.

Venus trine Venus

Your taste in art and appreciation in general are heightened. Perhaps a good time to select furnishings, colours, and soon the finer things of life. Your sense of value is to the fore. Let your feelings and affections flow. This is a time when the rest of the world seems to be appreciating your romantic style. You are unlikely to be coming on strong and trying to make things happen, but instead are inclined to flow along with people and situations, attracting what you need and letting the world come to you.

Venus opposite Venus

Someone with a different set of values than your own may confront you. That person's taste may run counter to yours. There could be a mutual lack of appreciation. Differences in values or ways of expressing affection in your personal relationships are made very noticeable to you now. Whether or not you are with someone romantically, you could be feeling underappreciated or even unloved. Rather, it's likely to take the form of pouting, distancing, and side-stepping the real issue. Inner unrest could lead you on a shopping spree or some other attempt to reward yourself,

Venus conjunct Mars

You may find yourself looking for a little romance today or at least enjoying some emotional release. You can appreciate feelings and movement. You may want to just get out and walk or exercise. Cooperating with others is easy. If an existing relationship needs a boost, now is the time to put the extra effort forth. Venus acts to soothe and soften whatever it contacts. In this case, it's your raw, instinctual nature, so your aggressive

nature is toned down. Your powers of attraction are heightened, and you are more likely to be the one who's pursued. Any new relationship begun under this transit is likely to be especially passionate.

Venus sextile Mars

You may find yourself looking for a little romance today or at least enjoying some emotional release. You can appreciate feelings and movement. You may want to just get out and walk or exercise. This is a good day to begin or develop a project, to meet new people, or to smooth over problems in existing relationships. Sexual and romantic activities are favored today. Romantic activity, sexual attraction, creative action and self-expression in business and the arts, active participation in social functions, and creative initiative are favored under this influence.

Venus square Mars

You may not feel like being very emotional and might tend to ignore any emotional needs that you might have. Your sense of values may be in conflict with your feelings. Although this can be a sexy transit, tensions in relationships are likely. There is an air of competitiveness under this influence, which need not be difficult. In fact, it can be stimulating, creative, and invigorating. Passions run high under this influence.

Sexual tensions and competitiveness are possible, and there can be conflicts that arise from differences between romantic and sexual needs. Social blunders are a possibility now. Be wary of making impulse purchases. You could stir up problems in order to fulfil a need for excitement.

Venus trine Mars

Your mood may be elevated, but somewhat unstable as the source of your enthusiasm may not be based on reality. You can appreciate feelings and movement. You may want to just get out and walk or exercise. This transit points to success and ease in close personal interactions. You are feeling passionate, warm, expressive, lively, and sexy. It is a good time for financial ventures, your social life, artistic pursuits, romance, and pleasure. You are now able to take the initiative and to achieve harmony and sexual fulfilment. This influence brings satisfaction to the feelings.

Venus opposite Mars

You may not appreciate the emotional energy of someone you meet. They could appear aggressive or pushy. You don't like the way a situation feels at the gut level. When you try to be friendly, you seem to miss the mark. Attempting to satisfy romantic needs and assertive/sexual needs simultaneously can be challenging. Your romantic sensibilities and your desires are at odds with one another, and problems (especially misunderstandings) in romantic and sexual relationships may result. Passions run high. Jealousies are possible. Impulsive decisions affect your finances and/or your established relationships. You could stir up problems in order to fulfil a need for excitement.

Venus conjunct Jupiter

You may find yourself very appreciative of your career and practical skills. You might enjoy solving puzzles and problems, finding solutions, and so on. A renewed appreciation for your work may be apparent to your superiors -- in fact, to everybody. This is a magical transit when you are especially generous and giving, optimistic, and kind towards others. This is an excellent influence under which to begin a new relationship or financial undertaking. Love brings happiness and optimistic feelings. If

you need to make amends with someone, now is the best time to do so.

Venus sextile Jupiter

The good life, and all that is fine and luxurious, may be what you value just now. You could enjoy making your own way and finding solutions to whatever problems you have. This is a cooperative, happy influence. Consideration for others, cheerfulness, and a positive attitude towards relationships are themes now.

Financial endeavours are generally successful now, as long as they are reasonable. You are more open and trusting of friends and lovers, and they of you.

Venus square Jupiter

Correct choices the best path for you may be at odds with your sense of values. You may not appreciate the easy way or clear-cut option, and may choose instead a more difficult path. This is a time when you could take great strides to get noticed. Avoid impulsive buying. Problems in your personal life likely won't get resolved under this influence. Avoid hasty decisions. You might overstate your feelings or promise more than you can deliver. Feelings of elation in love or with regards to the pleasures of life can lead you to overdo, overindulge, overspend, and overstate your feelings. You may also feel lazy and you are inclined to procrastinate.

Venus trine Jupiter

The good life, and all that is fine and luxurious, may be what you value just now. You could enjoy making your own way and finding solutions to whatever problems you have. Friendliness and optimism characterize this transit. You are big-hearted and

your feelings are expansive. Your outlook is cheerful and hopeful and the atmosphere around you is cooperative. This is a sociable, perhaps lazy and self-indulgent, time. This is a period when you easily find meaning in your social connections. You are more open and trusting of friends and lovers. Integrity and loyalty are favored. This is an especially favourable influence for winning people's trust. Speculation, advertising, publishing, and travel are also favored. Don't pass up a social opportunity now.

Venus opposite Jupiter

Avoid promising more than you can deliver, as you are unlikely to be able to follow through on your promises. You may not appreciate someone's methods, the way they get things done. Someone in authority may have very different values from yours. Challenges in relationships now are likely due to overblown expectations. It can be hard to find a balance between responsibilities and the desire for self-gratification. Your love nature is strong, but given to extremes.

Venus conjunct Saturn

You feel a love of order and law an appreciation for responsibilities and duty. Problems are valued for the lessons they represent, rather than perceived as obstacles. You are attracted to people with maturity, worldly wisdom, and a solid sense of values perhaps an advisor, elder, or teacher, and are disinclined to frivolous activities or wasting your time. In fact you may be pleased and happy to be alone or perhaps with just one other person that you know well. On the other hand, you may feel quite cool or withdrawn in a crowd. You are also restrained and careful about spending money at this point, and that's as it should be. It is a good time to reflect, set priorities, enjoy simple pleasures, and appreciate quality time with yourself or with

your chosen companion.

Venus sextile Saturn

You feel a love of order and law -- an appreciation for responsibilities and duty. Problems are valued for the lessons they represent, rather than perceived as obstacles. Your affections stabilize and mature. Relationships are reinforced and steady, although feelings are expressed reservedly, formally, or sparingly. A new sense of realism in existing partnerships comes now. Small advances can be made in business and in partnerships. Support from older people or authority figures may come by way of solid advice or tangible help.

Venus square Saturn

The need to make changes in your life that will further your psychological development arise. Impatience with rules and compulsiveness are shadow energies of this transit. Your values may run counter to established tradition. There may be difficulties relating to others under this influence. People may appear cool with their affections and emotionally distant. There may be anxiety or troubles with regards to matters concerned with the feelings. Gaining what you want is challenging under this influence, due to negative attitudes and the tendency to need more than what is possible. Difficulties socializing with others stem from an increased sensitivity to rejection. This transit is best used for reflection.

Venus trine Saturn

You feel a love of order and law an appreciation for responsibilities and duty. Problems are valued for the lessons they represent, rather than perceived as obstacles. Affections stabilize and mature now. Small advances can be made in business and in partnerships. Support from older people or authority

figures may come by way of solid advice or more tangible help. Renewed ties to old friends are possible, or a new sense of responsibility in existing friendships. A commitment could be solidified now. The simple pleasures of a relationship or friendship are appreciated now.

Venus opposite Saturn

Someone important or in authority may oppose your values and put a damper on your desires. You may be unable to appreciate their attitude or understand their problems. Dissatisfaction. Anxiety may overcome you when you wish to express your affections or social urges, and this hesitation can express itself through inhibitions and emotional distancing. You keep others at arm's length, unsure of whether you are loved or not. This is a somewhat inhibiting influence when it appears that others value utility over true love. An element of seriousness permeates your love relationships. You may feel criticized and inhibited, unloved and unsatisfied, but your worst enemy may be yourself and your own fears of getting close to others. A serious matter on your mind could sap fun out of your day.

Venus conjunct Ascendant

You appear perhaps more charming and refined than usual.

Now could be the time to make that date, apply for the job, or otherwise make you known. Today you exude personal magnetism; you express your love and affection to others easily, and they do to you. Others more openly express their affection for you right now. This is a very favourable time for doing something to enhance your appearance, such as getting a haircut or purchasing new clothing.

Venus sextile Ascendant

You appear perhaps more charming and refined than usual.

Now could be the time to make that date, apply for the job, or otherwise make you known. It's easy for you to receive warm responses from others right now. You are charming, personable, and reasonable. This influence sometimes brings new romantic or social relationship opportunities. This is a good time to purchase property, art objects, or to use new methods to increase your personal finances. Doors open that may have previously been closed or undiscovered.

Venus square Ascendant

Your manner may not be warm or loving at the moment. Perhaps not the best time to present yourself to others or take a job interview. Be aware that you are far more sensitive than usual, which can complicate partnerships, romantic relationships, and/or dealings with women in general. Guard against impulsive spending. You're more inclined to buy items on emotional whims rather than based on clear thinking. If circumstances call for an aggressive or forthright approach, you are more inclined to shy away or to fumble. In fact, you may be procrastinating with your work now, preferring to enjoy or simply pamper yourself.

Venus trine Ascendant

You appear perhaps more charming and refined than usual. Now could be the time to make that date, apply for the job, or otherwise make yourself known. This is a good time to go on first dates, schedule appointments, ask for a favour, make presentations, or apply for jobs, simply because you are coming across well. You portray the more reasonable, refined, and likable side of your personality now, and others tend to respond warmly. You are more willing than usual to bend and

compromise. Remember that you get what you want by the forces of attraction during this period, rather than coming on strong. This is a good time to purchase property, art objects, or to use new methods to increase your personal finances.

Venus opposite Ascendant

The urge to get to the bottom of matters is with you, but you could be too insistent. Avoid beating a dead horse and attempting to force matters that should naturally take time to unfold. You may find yourself caring too much about what others think of you.

If there are problems now, employing tact and diplomacy can help offset them. You are more sensitive than usual to subtleties in your personal environment, and all the more vulnerable as a result.

CHAPTER 21

TRANSIT OF DRAGON'S HEAD

Transit of Planet Dragon's Head from natal Moon

This transit also favors legal, educational, religious, and cultural endeavors. You seek a larger range of experience. The following are their transit effects as per your Moon Sign. Here are the general effects as given in the classical astrology. However they can vary quite a bit based on individual horoscope.

Dragon's Head transit from your Moon

Transit of Dragon's Head in the 1st house from Natal Moon

There could be a noticeable discrepancy between the demands of your personal life and what is expected of you at work. During this period, Dragon's Head will move through your first house from the Moon. This mostly denotes several negative effects in your life. This position of Rahu signifies loss of financial resources or wastage of money on unnecessary expenditure. You may have to be extra careful to avoid trouble from enemies. Moreover, you are also likely to be humiliated and some unseen problems might crop up in your field of activity. Be careful of an ill-willed person and avoid suspicious activities like indulging in black magic etc.

You could have a restless sleep. Examining bad dreams can help you understand what is bothering you. Health would require your constant attention. You may even develop some unknown ailment, which might take more than usual time to recover. The health of your parents would also require attention during this period. The physical suffering is likely to cause much worry for you mentally. You may feel worried constantly and may suffer from deep mental misery. You may even become nervous,

mentally troubled and restless during this particular phase

Transit of Dragon's Head in the 2nd house from Natal Moon

Perhaps a sense of challenge or blockage just now. You may not find the support you flowing to you. Some sort of temporary obstacle may appear. You may feel frustrated. During this period, Dragon's Head will move through your second house from the Moon. This signifies a troubled time financially, physically and socially for you. During this period, keep an eye on your expenditures and beware of thieves or any unforeseen expenses. Take care of your health and your food habits particularly at this time of the year. Avoid indulging in unknown food or untimely eating as you may develop stomach disorders very easily.

You may become aware of a conflict between what you want and what you need. Even if you are not aware of this inner imbalance, it could cause some tensions or feelings of being unsupported by others or by circumstances in your life. This is the time when you must stay away from all the litigations or issues related to the judiciary; chances are, you may even lose in such cases especially during this particular time. Avoid any kind of arguments and confusions with your near and dear ones as well. This time may also see you go through a rough phase with your spouse. Stay away from any kind of situations where you smell foul play, as this or some scandals related to a person of the opposite sex may damage your image in the society

Transit of Dragon's Head in the 3rd from natal moon.

General good feeling and a sense of support and harmony make this happy times. It's easy to put your best face forward and to cooperate with others because you are not conflicted on the

inside. During this period, Dragon's Head will move through your third house from the Moon. You may expect to gain money from various known and unknown sources and you may even get financial benefits from your enemies. If employed you may expect a raise in your salary and those who are involved in trade may also expect added profit during this particular time.

You are expressing yourself more genuinely, and you are received well as a result. Progress at work could also be expected. Your efficiency at work and in your field of learning would be noticed as well. Health should remain fine and you would face any problem with much courage and vitality. Socially also, this could be regarded as a good time. You may even expect a raise in your social status and in your fame in the society. Comfort would define your life at home.

You are most likely to enjoy a soothing atmosphere at home. This time could also prove to be great as it also brings in opportunities to satisfy your taste buds.

Transit of Dragon's Head in the 4th house from Natal Moon

You possess strong presence and generally feel confident about who you are and how others are receiving you now. During this period, Dragon's Head will move through your fourth house from the Moon. This would see you going through a troubled time. You will have to be extra careful in matters related to your landed property as this journey of Rahu denotes loss of the same.

You may also have to change your place of residence at this time. It would be a good idea to avoid any kind of property related litigations during this phase. Your health may require some extra care, as you are susceptible to developing diseases during this time. Take good care of your spouse and children's

health as well. Expect significant encounters, meeting individuals who are or will be important players, at least for the moment.

Emotions that you may have never been in touch with, particularly of a darker, obsessive, or primal quality, come bursting forth. This brings along considerable good times along. Financially this period is expected to be very good. Avoid travelling during this time. Travel of any kind may lead to an accident where you may lose your vehicle or your valuables. At home, you would have to make that extra effort to keep the atmosphere conducive for peaceful living. Beware of your enemies during this time, as they are likely to add some more trouble in your life.

Transit of Dragon's Head in the 5th house from Natal Moon

During this period, Dragon's Head will move through your fifth house from the natal Moon. You express great intensity and passion in the way you appear and express yourself to others. You will develop a more direct method of communication, getting to the very heart of things. This signifies grief, especially due to matters related to your children. Financially this may not be regarded as a good time for you. Hold tight to your finances, as it is likely to be spent on unnecessary purchases.

Health of your parents and spouse may become a cause of concern, as they are susceptible to developing diseases. Your motives come to the surface and relationships become deeper and more meaningful. Matters related to your children may worry you more during this particular phase which is termed as the period of Son Affliction meaning sorrow related to your son. Attend to any health problem of your children that may come up during this time. Some of you may even find your children going astray or developing some serious ailments. Mentally you

may suffer from increased agony and confusion. Your decision-making skill may go haywire making you get carried away to make the wrong decision.

Transit of Dragon's Head in the 6th house from Natal Moon

During this period, Dragon's Head will move through your sixth house from the Moon. You may find yourself becoming intensely personal and passionate in the way you appear or come on to others. This brings in wealth from various sources for you. You may expect smooth sailing on your work front during this time. If you are into trade or business, agriculture or poultry farming you may expect a considerable profit in your respective fields of work. You may even expect some monetary gain from your opponents during this time.

You seek intensity in your life and in your relationships, and you become more aware of hidden sides of your personality, untapped talents and interests, and also emotional blocks or confusions. This is a positive time when you express your deepest feelings openly and intensely. Chances are that you would also be benefited by your maternal uncle. However, if attended on time, you can be cured of all your ailments and regain your sound health. Socially you would be in a great shape. Your respect and honour in the society would see an upward move during this time.

Transit of Dragon's Head in the 7th house from Natal Moon

You tend to feel that your personality lacks any vitality. An authority figure could be hard to connect with now. During this period, Dragon's Head will move through your seventh house from the Moon. This brings in fatigue and worry for you. This is the time when you need to keep away from any kind of property related litigations and trade, as you are likely to lose your

property at this time. However, some of you may even gain profit or suddenly progress in your field of trade.

At home, avoid any kind of argument with your spouse as this might lead to quarrels. Try and maintain a cordial relationship with your friends and relatives to avoid being deserted by them. You should watch that you don't come on too strong today and attract conflict with others. Feeling slighted, overlooked, or misunderstood could lead you to seek out attention now. Avoid this kind of relationship during this time as this might end up ruining your name in the society. Pay attention to your health as you may catch some venereal diseases.

This transit suggests you now have a stronger sense of who you are and the principles you represent. The realization of a long-term goal may come now. You may also develop some bile and wind related diseases. The health of your spouse may also cause worry during this particular time. Keep an eye on your behavior and avoid any kind of arguments with your enemies. You also tend to get involved in unnecessary litigations during this time. Keep away from all kinds of litigations to avoid humiliation and defamation. Some of you may also have to go to a distant place, which could also prove to be troublesome for you.

Transit of Dragon's Head in the 8th house from Natal Moon

It will be difficult for you to recover pending dues hence avoid unnecessary expenses and wasteful spending. During this period, Dragon's Head will move through your eighth house from the Moon. This mostly denotes physical ailments for you. This is the time when you must give top priority to your health. This period may make you suffer from diseases of the reproductive organs, small pox, and various sexually transmitted diseases. Do not take any health related complications for granted as it might prove to be life risking for you. You may also suffer from

mental anxiety and unnecessary fear from everything. Those who are also going through the maraka period in your Birth Sign must avoid taking risks with their lives.

There may be some false charges against you. Avoid any tricky situation during this time. Keep away from corruption and malpractices as you may end up with the judiciary. You may also have to face humiliation and defamation during this particular phase. Utmost care should be taken for the success of all your endeavours as your enemies or ill-wishers may conspire against you.

Secure your landed property and jewellers, as you are likely to lose some during this phase. Be calculative enough to avoid any losses in your business, trade or profession.

Transit of Dragon's Head in the 9th house from Natal Moon

It will be difficult for you to recover pending dues hence avoid unnecessary expenses and wasteful spending. During this period, Dragon's Head will move through your ninth house from the Moon. This mostly signifies loss of wealth and your involvement in malicious activities. Most of you are likely to invest your hard earned money in lottery, whereas, you are likely to lose money in speculation and unnecessary expenses. Hold on tight to your finances, as you may have to embrace poverty during this particular phase. You are also likely to break the code of your religious conduct and practice black magic. Your professional life is likely to go on a bumpy ride with several ups and downs.

Your bosses and employers will not be happy with your work and you will face blame and you face some humiliation. Avoid any kind of arguments with your siblings. Handle your friends and acquaintances carefully to avoid being forsaken by them.

Moreover, due to your cosmic graph, this could be a trying time for your parents and siblings. Avoid bad company to keep yourself away from more trouble particularly during this time. Health would also require your attention as you may suffer from a few minor ailments at this time.

Transit of Dragon's Head in the 10th house from Natal Moon

There will be misunderstandings and clash of opinion with your spouse and family members. During this period, Dragon's Head will move through your tenth house from the Moon. Avoid taxing yourself physically as you will be prone to pains in the hips, knees and spine. You will feel tired and mentally depressed. This brings in mixed results for you. Hence, if you see a great time during the first half of this period you may have to experience some negative results in the second half of this phase. The progress of work will be excellent and your seniors will appreciate and honour your efforts. This is a very happy and fruitful period for you and your family.

There will be merrymaking, good food and sweets at home during this time and you will have a great time with spouse and children. You may even expect some gain from your cordial relationship with people of distinction. A good period for making plans or decisions and finding your way through just about any problem you may discover. You are also likely to get new opportunities in your work front, which would give you higher responsibilities and more rights.

Health of your parents would require attention as well. Be extra careful with your finances during this period and avoid impulsive buying and waste. Avoid all risky investments as this is a period of losses. Some of you may also be affected by black magic. At home, you are likely to get involved in fights with your spouse. You are also likely to be transferred to a place that

doesn't interest you much. Your food habits may also suffer due to several reasons. Some auspicious deed may be performed at your home

Transit of Dragon's Head in the 11th house from Natal Moon

This is a time when you can expect a little boost, some sort of extra support or recognition from those around you. This period, Dragon's Head will transit your eleventh house from the Moon. This brings in good times for you. This period could be regarded as particularly favourable for matters related to your finances. You may feel that you are in touch and in harmony with others; the lines of communication are open. The support you need is there. You may even acquire some landed property and buy some jewelry during this particular time. Domestic life would be good. You are likely to enjoy exotic dishes at home.

There is a chance to understand those around you and to have a special time with someone you love. General good feeling and a sense of support and harmony make this a happy time. There could be a mutual lack of appreciation. Differences in values or ways of expressing affection in your personal relationships are made very noticeable to you now. This could be regarded as a socially good time as well, as you would be able to command more respect and honour in the society. Your interest in religious and spiritual field would increase and you may also get providential help from these disciplines

Transit of Dragon's Head in the 12th house from Natal Moon

This transit offers you increased clarity derived from a feeling that what you want and what you need are in harmony. During this period, Dragon's Head will move through your twelfth house from the Moon. This denotes trouble for you. There could be loss in business and in your professional field. Your

projects and endeavors may not bring in the desired result. You may even face difficulty in completing your previous tasks on time. You would need to hold on to your courage and confidence as these may also be shaken due to these hurdles at work. Your intentions and actions harmonize, which improves your relationships with others and with your own body and spirit. Take note of all your expenses and practice stinginess, as you are likely to embrace indebtedness. You may even lose your landed property during this phase.

CHAPTER 22

TRANSIT OF DRAGON'S TAIL

This transit represents hopefulness, good will, and increased influence. The following are their transit effects as per your Moon Sign. Given here are the general effects as given in the astrology. However they can vary quite a bit based on your individual horoscope.

Transit of Dragon's Tail in the 1st house from Natal Moon

You can experience obsessive desires to uncover secrets, and levels of suspicion run high, as you may be living in fear that significant people in your life are not as attached to you as you are to them. Financially also this could prove to be a tricky time for some of you. Expenses may soar and saving money could be difficult for you. However, avoid taking any kind of loans during this time. Stay away from activities that might defame you in society.

Health may suffer some setbacks especially during the fading moon period. You may be especially sociable, tolerant, and generous. Confidence comes from a stronger sense of who you are and the principles you represent. Maintain your calm of mind, as you are likely to be agitated, restless and develop mental affliction. You may even suffer from diseases related to your head. Avoid creating any unpleasant atmosphere at home and avoid arguments with your family members. You are also likely to get involved in fights with your family members during this time.

Transit of Dragon's Tail in the 2nd house from Natal Moon

You may resort to trickery, manipulation, or other such means to keep others dependent on you, or you could experience this

through others and experience dominating or controlling behaviors in people close to you. This mostly signifies loss of wealth for you. Your expenses are likely to soar and there could also be a theft in your house. However, you must avoid taking loans during this period. During the period of Moon's waning, you may suffer from physical as well as mental ailments. Take care of your eyes as well.

Try to stay away from probable fire accidents during this particular time. If married, you may get involved in a conflict with your spouse.

Transit of Dragon's Tail in the 3rd house from Natal Moon

This brings in happiness financial gains, progress prosperity and successful completion of your work in the projects handled by you. This is the time when you may expect. You would also be able to influence others at work or in the society. You can also expect to get the necessary cooperation of your colleagues and seniors at work. If this position occurs in waning period your business would require some extra attention. There are indications that it could be a good and satisfying period which would bring name and fame and respect for you in the society.

Learners and academic students would get opportunity to excel in their studies and quite a few would be getting additional mathematical knowledge during this transit. You may need to go on a voyage as this period brings in travel in its transit schedule. The direction would be towards the north eastern direction and if the travel plan happens to fall during the non-waxing or so called waning period of the moon, you may move ahead wandering the mountain areas and would also encounter some negative spirits.

Transit of Dragon's Tail in the 4th house from Natal Moon

Not a great day to make plans or decisions. It could be hard to figure out the right move. You may feel frustrated as to where you are headed in life just now. This denotes some troubled times for you. At work, you may have to put in extra effort to see success in your projects. Financially this may not be regarded as a smooth period. However, you must not opt for heavy loans during this time. Avoid any disputes or deals related to your landed property as you may lose the same. Your health would require proper attention as you may become susceptible to diseases. Stay out of the heat if possible during this time. Mentally you may feel restless and lackluster constantly.

You may feel vague restlessness and discontent with life as it is. Consciously avoid the company of bad people as they might encourage you to indulge in unlawful deeds.

You may also lose due to this bad company. Though travelling is on the cards, avoid travelling as much as possible as you may meet with an accident, which may destroy your vehicle as well. The period when the moon is fading you may go on a journey towards the mountains, which may not bring in the desired result. You may also have to take part in the funeral rituals of someone close.

Transit of Dragon's Tail in the 5th house from Natal Moon

You possess strong presence and generally feel confident about who you are and how others are receiving you now. This brings in significant ups and downs into your life. There could be, on one hand, unusual gain of money and excessive expenditure on the other. You may find it hard to stop unnecessary expenses especially if it is a period of the waning moon. These expenditures could be because of your children's mental agony. However, some of you may also expect sudden gain of money during this time. Avoid taking any loan at this time.

You may experience opposition to the way you present yourself. Someone could challenge your sense of identity. During the time of the waxing moon, you may have to go through a rough phase worrying about the health of your children. Do not neglect any physical complaint of your child, as it could also become life risking one. Death of a family member or relative may also happen during this time. Avoid being caught in tricky situations with your relatives. Maintain a cordial relationship with your family and relatives, as there is a chance of them becoming your enemies. Keep your spirits high as due to unsuccessful or suspended endeavors, you are likely to suffer from deep mental anguish during this particular phase.

Transit of Dragon's Tail in the 6th house from Natal Moon

There may be some friction and adjustments needed. It is your choice whether you want to compromise or go solo, but including the other makes for a fuller picture. This denotes good times for you. If you are into business, you are likely to progress in the same and you may also consider improving the same. Those who are involved in agriculture and cattle rearing may expect considerable profit in their respective field of work. Financially you would be sound. You may also gain from lending money to others.

Moreover, you would also be able to influence the people from whom you may also expect profit. You are also likely to defeat your opponents and gain over them. However, your health may need your focused attention during this time. You tend to feel that your personality lacks any vitality. An authority figure could be hard to connect with now. Attend to any physical complaint immediately as you are likely to develop diseases of chronic nature. At home, you may enjoy great times entertaining and being pampered. Some auspicious event like a marriage may commence at your residence or you may even go on family

picnics. You would be at peace with yourself and your surroundings during this time.

Transit of Dragon's Tail in the 7th house from Natal Moon.

This mostly brings in personal sufferings for you. You possess strong presence and generally feel confident about who you are and how others are receiving you now. Your health may require utmost care, as you are likely to suffer from many diseases primarily related to the stomach. You may also feel lackluster and fatigued. Mentally also you may feel sick and agonized. Keep an eye on your expenses, as you are likely to spend your money on useless heads. Avoid borrowing at any cost. If you are into agricultural production, keep an eye on your products, as there could be a theft of the same.

Maintain proper code of conduct and avoid getting involved in any argument with your spouse. You may lack any real sense of yourself today, or be unable to communicate or convey your ideas. Any fight with your spouse may make your spouse leave you during this time. Establish a cordial relationship with your relatives who may become your enemies if not attended to correctly. Avoid all kinds of disputes and litigations during this time. You would also need to hold on to your reputation as it could be hampered and you may be defamed in the society. Travel is also on the cards.

Transit of Dragon's Tail in the 8th house from Natal Moon

This mostly signifies physical suffering for you. Feeling slighted, overlooked, or misunderstood could lead you to seek out attention now. Take care of your health during this time and avoid risking your life in every way possible. You are susceptible to developing various diseases during this time.

Fever, body pain and diseases of the reproductive systems may

make you experience pain during this phase. Mentally you may feel drained out. You could have problems relating to superiors, and your vitality may be on the low side. A happening in your place of residence may bring in grief during this time. Watch out your expenses and save for the unforeseen expenses. Try and keep yourself away from illicit practices, which may lead to prosecution. You may also be defamed in the society due to your own misdeeds. However, during the waxing moon, some of you may expect some good time and may also experience a new more zestful life. Your interest in food, and spiritual activities is also likely to rise during this time.

Transit of Dragon's Tail in the 9th house from Natal Moon

During this period, Ketu will move through your ninth house from the Moon. Everything seems to be working together, and you may find yourself expressive and able to communicate well. This signifies, apart from other effects, few minor physical complications and development of mental qualms. Your finances would require careful handling, as most of you are likely to invest your hard earned money in lottery and other speculations. Hold tight to your finances, as you may have to embrace poverty during this particular phase. Most of you are also likely to get involved in some illicit activities, which is unacceptable in your religion.

You possess strong presence and generally feel confident about who you are and how others are receiving you now. There could be a mutual lack of appreciation. Differences in values or ways of expressing affection in your personal relationships are made very noticeable to you now. During the waning moon period, some of you may experience loss due to enemies or rivals in your trade.

Transit of Dragon's Tail in the 10th house from Natal Moon

You may experience opposition to the way you present yourself. Someone could challenge your sense of identity. This brings in mixed results which also depend on the waxing and waning of the moon. During the waxing moon period, your income may rise with the help of some otherwise deprived people. You may also expect to progress in your field of work and gain further monetary gain during this time.

However, during the waning moon period, most of you may face loss of money as well as material riches due to some wrong company. You are also likely to suffer from mental agony, which could also be due to loss in trade or lack of progress in your field of work.

Expect significant encounters, meeting individuals who are or will be important players, at least for the moment. Generally, this position of Ketu signifies an increase in your enemy and health problem of your parents. There could also be some function at your place of residence during this period. Some of you may also experience sudden rise in profit in your field of work. You may also look forward to a rise in position in your profession, which would bring in more responsibility as well as respect to you.

Transit of Dragon's Tail in the 11th house from Natal Moon

A vital period with much energy and lots of action. You may feel much focused and even a bit radiant. During this period, Ketu will move through your eleventh house from the Moon. This generally signifies attainment of wealth and acquisition of landed property. This is also a good time to accomplish your ambitions. You are likely to start some new project that would require a big investment promising you the same or more profit in return. There could also be certain sudden gain of money for most of you. At home, your children of marriageable age

may find their perfect match and decide on marriage.

This transit sometimes brings recognition for a personal achievement. Whether or not this occurs, you radiate strength and have increased personal presence now. During the time when the moon grows in size, some of you may have the opportunity to meet some spiritual guru.. This period may also bring you good fortune and exotic dairy food. However, if this position of Ketu happens to fall during the waning period of moon, you are likely to develop a feeling of lack luster and sickness in your mind. This period may also see you developing interest in agriculture. Your enmity with your own family may arise and you may also incur loss in business during this period.

Transit of Dragon's Tail in the 12th house from Natal Moon

Everything seems to be working together, and you may find yourself expressive and able to communicate well. This signifies a bumpy time for you. Your health would require extra attention during this time as you are likely to develop certain bile related diseases. You are also likely to develop piles during this period. Health of your spouse may also become a matter of concern. Due to physical ailments of the couple, conjugal life may also suffer. You should watch that you don't come on too strong today and attract conflict with others. Feeling slighted, overlooked, or misunderstood could lead you to seek out attention now.

Take care of your finances and keep an eye on your expenditures. Avoid taking any loan during this particular time. Keep yourself away from all kinds of litigations as the judgment may go against you and you may even be imprisoned. You are also likely to face humiliation and defamation during this phase. Try and develop a good rapport with your near and dear ones to retain their support towards you. However, some of you may

experience happiness and comfort due to the waning moon if applicable. Though inflow of money would be limited; some of you may also expect to travel to foreign land during this period of time

CHAPTER 23

TRANSITING URANUS

Uranus the planet in the orbit takes approximately eight four years to come full circle. This slow-moving planet's transits are long-lasting, and each transit takes its time to unfold. As the planet Uranus transits a point in our chart, and retrogrades back over it, and then hits it again in direct motion, it imparts its own special wisdom upon the point in question the sensitive areas of lives and parts of our bodies ruled by at point.

Uranus the planet of independence, liberation, and enlightenment influences our lives depends very much on whether we resist its effects or we try to work with. While the slow moving planet Saturn delays our inner cycle in order to reckon us to face facts, Moreover planet Uranus speeds up the speed in order to consider taking risks and making changes in us.

Uranus-Sun Transits

You feel the need to pursue the things that you love. This can be an exciting period of your life that is filled with change and stimulation. Your ego is awakened, and you feel compelled to express yourself in unique and perhaps unusual or unconventional ways. With increased openness to all that is new and different, you may encounter opportunities that appear to come out of the blue. Your consciousness expands to the point where you are receptive to new ways of thinking and patterns of living. Especially if you are female, you may begin a relationship with a male, and this association leads you into undiscovered territory or some kind of break from your past.

Uranus transits conjunct Sun

Your work may take on some higher purpose, or you may find

yourself feeling more community-oriented. The transit is offering, nudging, and opening doors to permit you to express yourself more spontaneously and creatively, or to take a risk you have been contemplating.

Fortunately, the heart and brain is lively but not hectic. In fact, this is an enjoyable time when you meet interesting and entertaining people, enthusiastic. You could feel much more intuitive and psychic than heretofore possible. You may sense and feel things that others do not. Not a time when you are at your most practical; you lose yourself in home and family. The pace of your life is accelerating, and some changes may be forced upon you. Patterns of behavior that worked for you in the past are questioned, and change is in order. Arming yourself with the awareness that you may be over-confident and hasty in your decisions is essential for the best handling of this transit.

Uranus transits sextile Sun

New means of self-expression and communication are possible. You may find yourself changing your appearance, moving toward the more unconventional and less traditional. Eccentricities and a different manner of presenting yourself may be in order. You may receive unexpected aid from someone older or from authority figures. Clear yourself to the fact that something must change, rather than resisting or fearing it. You tend to idealize others in particular, your partners and relationships during this time period. Resistance will only attract circumstances that leave you feeling out of control.

Uranus transits square Sun

New means of self-expression and communication are possible. You may find yourself changing your appearance, moving toward the more unconventional and less traditional. Creative

impulses are strong; your magnetism helps you make rapid strides, if you are controlling the purely self-centered and self-indulgent urges which are powerful. You may have to control an urge to rebel and be different that could set your ambitions and goals back a step. An inner struggle between your sense of purpose or direction and a need for independence and freedom makes this a possibly tense time. Create daily rituals or do small acts that anchor and stabilize you in the midst of the changes you are going through.

Uranus transits trine Sun

There is little that could be negative or difficult now, other than allowing inertia or conservatism to prevent you from taking the opportunities presented to you. It is dawning on you that a spirit of community and togetherness is preferable to personal differences. You could receive unexpected help from someone older or from authority figures. To create, experiment, or plunge into new territory, now is the time. You may branch out in an entirely new direction. If you are involved in work that is creative, innovative, unusual, or unconventional, you experience an influx of inspiration as well as support for what you are doing.

Uranus transits square Sun

After this time, you will find it much easier to express and communicate your inner dreams and ideals to others. A sense of imagination and unity previously limited to your mind becomes a reality for you and is carried through to your person. Whatever you consider to be liberating for you, you will seek to achieve it now. This is a period of sudden awakenings that can lead to greater independence and personal freedom, more authentic self-expression, and living your life more on your own terms. You may well have to take a stand, in a way that is

controversial or sets you apart from the crowd.

Uranus-Moon Transits

You could disagree with ideas or find communication with others difficult or fouled up. During this time period, you cast off some of your old roles and adopt new ones. Uranus transits to the Moon directly affect the feelings, the public image, and personal popularity. Other people and things affected by Uranus are the mother, important women in the native's life, domestic life, and the home.

Uranus transits conjunct Moon

You tend to idealize others, in particular your partners and relationships, during this time period. It is dawning on you that a spirit of community and togetherness is preferable to personal differences. Discontent with things as they are leads to rebellious and irregular actions, for the satisfaction of the ego and of self-indulgent urges is stronger than the desire to find the good.

Your courage, confidence and communication skills will be at their best and you will have success in the existing assignments and also in new ones. This is a time of tremendous change that can be liberating, electrifying, exhilarating, and tumultuous all at once.. Impulses to do or be something completely different from anything you've done or been before are quite likely. You're also apt to find yourself much more discontented and impatient than normal, without quite knowing what would feel better or what you really want instead.

Uranus transits sextile Moon

A dreamy manner or appearance, plus the ability to enchant others, finds this a time when mysticism and idealism seem to really be living in you. Time to have new thoughts and sudden

insights and to get an unexpected boost in the way you think, speak, or write. Communications are facilitated, connections of all kinds, news, and so on, are furthered, often at the expense of tradition, established order. Your emotions are highly stimulated by this transit, and you will allow yourself to look at the world very subjectively.

You could feel slighted as a result of others misunderstanding what you communicate or get offended over a difference of opinion. If your current relationships cannot adjust to your increased emotional needs, you will not hesitate to find others that do. You have to be able to exercise total freedom in your emotional self-expression. Anyone who tries to limit you in this area will meet with great resistance. You want your home to be stimulating and exciting and will not settle for safety and security alone in your domestic life now. Now is also a great time to entertain guests in your home. This is an excellent time to plan lively get-togethers and parties, especially with close friends or family.

Uranus transits square Moon

This is a good day for expressing yourself creatively through relationships or other pursuits. You tend to kick over the traces and run wild with whatever ideas you have been suppressing up until now. You can see your complexes and your subconscious in the cold light of day if you are sufficiently in possession of yourself to look for them.

During this time period you periodically become overwhelmed with the feeling that you need to make changes and make them now. In this case, your tendency to rebel acts at cross-purposes to those who care for you.

Uranus transits trine Moon

You can see your complexes and your subconscious in the cold light of day if you are sufficiently in possession of yourself to look for them. You are more spontaneous, free, and uninhibited in your expression of feelings now. Your sense of humor is very good, and you can expect a lot of good times, laughter, and joking throughout this period. You might make some social contacts that benefit your career or life direction. A time when you may get insights into your living situation or support system. New ideas about your past history, new approaches to established facts.

Uranus transits opposite Moon

A dreamy manner or appearance, plus the ability to enchant others, finds this a time when mysticism and idealism seem to really be living in you. Exposure to new ideas and learning is emphasized now. Your mind will be flooded with new information and ideas, and you will feel enthusiastic and excited by these fresh ideas and insights. You tend to kick over the traces and run wild with whatever ideas you have been suppressing up until now.

Watch out for over-spending, as you may feel a greater than average need to please or pamper yourself. This is a time to explore scientific and technological ideas and inventive, progressive, innovative perspectives in any area. You could achieve real breakthroughs in the form of ideas, communications, and the mind in general. To be, or become, your best self as a result of this transit is to harness your magnetism, your originality and your creative talents for all time. You could feel much more intuitive and psychic than heretofore possible. You may sense and feel things that others do not.

Uranus-Mercury Transits

A sense of value and valuing that may find you lavishing affection on those near you.

Your career could take a turn toward the idealistic, or you could find yourself developing a practical sense for making your dreams a reality. Uplifting of your career. Uranus transits to Mercury directly affect your curiosity, learning, communication skills, self-promotion, the formulation of ideas, and your ability to rationalize and think logically.

Uranus transits conjunct Mercury

A very nice day, perhaps filled with some renewed appreciation for all that is beautiful and fine. Uplifting for the career Computers and electronics may suddenly become important. Your career could take a turn toward the idealistic, or you could find yourself developing a practical sense for making your dreams a reality.

Uranus transits sextile Mercury

You tend to idealize others in particular, your partners and relationships during this time period. It is dawning on you that a spirit of community and togetherness is preferable to personal differences. You are mentally alert, sharp, and on your toes during this time period. You will perform superbly in a debate or other mental task that requires quick thinking, fast response, and fluent expression of ideas. Writing comes easily now, or if you have some writing you need to do, now is a good time to do it.

Uranus transits square Mercury

You are unlikely to feel on top of your game now, so don't push matters. Instead, take time for rest and relaxation. You could feel much more intuitive and psychic than heretofore possible.

You may sense and feel things that others do not. Not a time when you are at your most practical; you lose yourself in home and family. Be extremely careful in all practical affairs at this time. You tend to overlook details, forget to consider some aspect of a problem, and make silly mistakes.

Uranus transits trine Mercury

Your goals and ideals are uplifted during this period and take on a more spiritual or mystical dimension than heretofore. Your work may take on some higher purpose, or you may find yourself feeling more community-oriented. Creative thinking and innovative ideas are key issues now.

You are mentally alert and keen, able to absorb new ideas very quickly, and less resistant to new information than usual. A time to have new thoughts and sudden insights and to get an unexpected boost in the way you think, speak, or write. Communications are facilitated, connections of all kinds, news.

Uranus transits opposite Mercury

Your career could take a turn toward the idealistic, or you could find yourself developing a practical sense for making your dreams a reality. The tempo of your life is very fast at this time. If you live in an urban area or are involved in activities that are fast-paced and dynamic, then this time period may become too intense for you. You could be under considerable mental tension or feel hemmed in by an overly conservative mental atmosphere. You may feel compelled to change your mind now and have new thoughts and forms of expression. Bucking other people's ideas may be in order

Uranus-Venus Transits

It's an excellent period for negotiations and smoothing over of

differences. Upsets and unexpected changes in relationships are extremely likely at this time. A free-spirited, independent streak arises in you, making you more selfish, independent, and unwilling to tolerate being stifled by another. If your job is tedious, boring, and unexciting, there is a strong possibility that you will quit your job now. Because the need for freedom and excitement is very strong, you are more willing to be innovative and daring. Breakthroughs in personal relations, perhaps through unconventional behavior and appearance, may occur. Disagreements that may crop up now tend to be about differences in principles or matters of personal style and for personal magnetism than this one, you do tend to easily attract positive attention and circumstances now. New means of self-expression and communication are possible. You may be unable to appreciate or value people and things now.

Uranus transits conjunct Venus

Your initiative to find individuality now sets a new course and brings redirection in life goals.

If there is room in your existing relationships for this type of change, it can be a time of exhilaration and growth for both partners. If not, you may feel the need to end some of your present relationships and seek this new freedom elsewhere. If you are not currently involved in a love affair, this transit could bring a new love into your life that would be more exciting and unconventional than your prior relationships. Go with the flow and once transit passes avoid aggressive behaviour or dangerous places.

Venus also rules money, and you may encounter sudden changes in your financial condition. Whether or not this turns out to be a successful long-term relationship depends on your ability to maintain this sense of excitement after the newness

has worn off. Wait until this transit passes before making any long-term commitments to a new love.

Again, whether this is a positive or negative change depends on your ability to accept necessary changes in your life. Remember it's best to make changes as smoothly as possible while adjusting to new conditions and status in life. Don't hang on stubbornly to an old familiar situation just for the sake of security. This is the time to strike out on new, innovative projects. Parties, celebrations, social gatherings, music, dance, and vacations are very high on your priority list now. You are in a swinging mood and you seek fun and excitement.

Uranus transits sextile Venus

A very nice day, perhaps filled with some renewed appreciation for all that is beautiful and fine. Freedom and independence are critically important to you at this time. A certain amount of mental tension can be expected, so bear with it. New means of self-expression and communication are possible. You may find yourself changing your appearance, moving toward the more unconventional and less traditional.

You can benefit now from a more confident manner and increased certainty about your goals in life. New attachments or projects may be formed now. A time for discovering others or for finding yourself able to respond to friends or lovers and enter into relationships with a renewed sense of love and compassion. Real breakthroughs, willingness to try new and different approaches to relationships.

Uranus transits square Venus

This is a pleasing influence for harmonious contact with others and for prosperity in general. A strong streak of you now to have the courage to make some needed changes in your life for

overly rebellious behaviour and insensitivity towards others independently can overcome you during this time, upsetting the status quo in your life, and particularly in your relationships. You should not force anyone to do anything, and it's better to give others freedom if they are looking for it.

You have creatively value system may receive a challenge from a new independent streak that wants to break away and try new things. Expressing yourself creatively through relationships or other pleasurable pursuits is favored now. Sometimes this energy is experienced in such a way that changes in a relationship seem forced upon you. Keep in mind that this leads to tension. Upsets and change in your love relationships is the key issue now. A shift in your romantic and sexual energies at this time causes changes in love relationships. You may not appreciate the urge to upset and change things that is trying to assert itself.

Uranus transits trine Venus

Your personal charm is natural and well-received now, making this a good time to be amongst people. You are in a loving, generous, helpful you discover new and different reasons or ways to enjoy and appreciate life. Your values are more altruistic, and you are less concerned with personal gain than you are with making important contributions to life and helping others. A time during which A kind of mini-revolution may find you altering your value system, allowing you to like new things.

Uranus transits opposition Venus

Whatever you consider to be liberating for you, you will seek to achieve it now. Solid friendships and marriages will survive the challenges of this transit. You are likely to meet people of many various walks of life, and discover new perspectives and interesting ideas from your interactions with others. You are less

inhibited, more open and spontaneous than usual. Positively, you now have the courage to make. Have in mind that you cannot force anyone to do anything. Happy relationships at this time go through a lot of changes.

It is uneasy to say how things will end up when this astrological influence is over, but they are guaranteed to be different.

Uranus-Mars Transits

You are currently able to handle opportunities well by focusing your energy on constructive activities and goals. This is a good period for dealing with others in general, but particularly on professional levels or with those in charge.

Uranus transits to Mars means of self-expression and communication are possible. You may find it very easy to overdo or work at cross purposes to yourself just now. You are not easily satisfied with things now; even if everything seems to be going along fine, even during this time period, you are very impatient, energetic, obstinate, and self-willed.

Uranus transits conjunct Mars

You also are able to manage and motivate others very effectively, even if there is no specific deadline for a task, you work as if it must be completed with lightning speed. You may feel emotions of a religious nature. You love physical activity and adventure now. If you are vacationing at this time, skydiving or white water rafting would suit you much better than lying on the beach. You may find that you have intuitive and psychic abilities that have never surfaced before. An urge may exist to be more devoted to high ideals and to making your dreams real.

Uranus transits sextile Mars

You might find you have to push a little harder during this transit than you normally would. This is an upbeat, refreshing time period. Progressive changes in your life and relationships make this an enjoyable, exciting time. You may have to resist attempts to sway your energy level; your work may find yourself involved in a successful and productive team effort. You feel the need to stir things up. You would almost rather have an upset or crisis just for the excitement. Uranus urges us to let go and express ourselves in the areas of life it touches.

Uranus transits square Mars

Obstacles in your path tend to arrive now, although you are capable of turning them into positive energy. With a transiting square from Uranus to Mars, we begin to get things off our chest whether we wanted to or not. Passions and anger that you may not even know you had emerged during this transit. They do come from somewhere, from deep within you, but Uranus awakens them in such a dramatic manner. You have spurts of energy, and you can be temperamental with your productivity or output. This is not an ideal time for new enterprises or undertakings. Inner restlessness may take you out of your typical routine.

You may have a sense of circumstances working against you or feel a lack of support and love from those around you. Periodic fits of restlessness and impatience overcome you throughout this period, and others will wonder what is disturbing you. You are very demanding and difficult to please now. You tend to feel like progress is too slow, and you are tired of waiting for the things you want.

Uranus transits trine Mars

This is a period when ego-gratifying circumstances are

highlighted. The changes are not likely to be Extra ordinary in scope, but a definite enlivening of your relationship to others and the world in general is evident. With confidence and courage, you assert yourself boldly. There could be some tension or sense of opposition requiring compromise or negotiation on your part.

Uranus transits opposite Mars

This is a time of great personal change. You feel as though you have been drifting along with the tide and following the crowd for too long, and your inner needs and motivations must assert themselves more strongly. Courageous and undaunted, you step boldly forth, assert yourself, and charge ahead. If you are normally shy and receding, you will burst out of your shell now. If you are a strong and aggressive person, then you will try to take full command of every aspect of your life, and force weaker personalities to submit to you and support you.

You may find yourself becoming intensely personal and passionate in the way you appear or come on to others. You will develop a more direct method of communication, getting to the very heart of things. Unexpected behavior and an urge to be independent could find you ignoring your feelings and much of what has motivated you up to now, taking you off in a different direction. Your unusual behaviour could provoke others, cause emotional confrontation.

Uranus-Jupiter Transits

Uranus Transits Conjunct Jupiter

An opportunity for understanding and even growth. Tensions with others can come from a lack of self-confidence or a sudden awareness of unfulfilled wishes and goals. You may find yourself becoming intensely personal and passionate in the way you

appear or come on to others. You will develop a more direct method of communication, getting to the very heart of things. Underlying motives come to the surface and relationships become deeper and more meaningful. This is a positive time when you express your deepest feelings openly and intensely.

You seek intensity in your life and in your relationships, and you become more aware of hidden sides of your personality, untapped talents and interests, and also emotional blocks or confusions. This is the time to spread your wings and explore imaginative new possibilities. You express great intensity and passion in the way you appear and express yourself to others. Career insight and breakthroughs are possible.

Uranus Transits Sextile Jupiter

You almost transfix those who meet you with your fixedness and sense of power. Enthusiasm and progress are the key issues for this time period. You will find that others who normally resist your suggestions are now more receptive and supportive. Organizations, businesses, and government agencies also respond favorably to your suggestions and proposals. During this time period you reach a critical point in your life and relationships. Breakthroughs in your career could open up during this time, making it possible for you to solve problems and reach new levels of accomplishment. Improved solutions, insights, and approaches make this an opportunity not to be passed over.

Uranus Transits Square Jupiter

A need for excitement, adventure, and fun pervades this time period. Exciting outdoor activities appeal to you now. Ski trips, canoe rides, softball, tennis, swimming, or camping appeal to you now, depending on your tastes and the season. You almost

transfix those who meet you with your fixedness and sense of power. An urge on your part to rebel or break away could affect your career direction or vocation. Your wish to be independent, to try new things, and so on comes at an inappropriate time and could cause real tensions at work.

Uranus Transits Trine Jupiter

During this time period you reach a critical point in your life and relationships. You want greater intensity and intimacy in your relationships, and you are also inclined to have power struggles with others. The astrological influence at work now is so positive and beneficial that you are almost guaranteed of having some major improvements in your overall life during this time period.

You want closeness but you do not want to be dominated or restricted by the other person. Breakthroughs in your career could open up during this time, making it possible for you to solve problems and reach new levels of accomplishment. Improved solutions, insights, and approaches make this an opportunity not to be passed over.

Uranus Transits Opposition Jupiter

This is a positive time when you express your deepest feelings openly and intensely. Daily concerns and worries fade during this time period, and you become motivated by the need to become free of restrictions, obligations, and responsibilities. A restless time, which could find you trying new and unexpected ideas at the expense of the status quo, especially your career.

CHAPTER 24

TRANSITING NEPTUNE

Neptune Trine Natal Neptune

You can benefit now from a more confident manner and increased certainty about your goals in life. New attachments or projects may be formed now. You could feel real support and harmony at this time for circumstances and those around you. Well grounded, idealizations, compassion and wellness at home.

Squares:

The possibility of some form of recognition or validation for what you do may come during this brief but effective period. They can bring on confrontational energy that allows breaking free of confining situations. A Transiting Square to a Natal Planet placement occurs when two planets are 90 degrees apart and within a one to three degree orbit of each other. This indicates challenges. This makes the Natal planet feel confined and brings challenges to some more than others depending on the two Planets involved.

Neptune Square Natal Neptune

During this time period you reach a critical point in your life and relationships. A generational aspect where your same age group becomes disillusioned with society. Withdrawal from society. Individually evasive actions to avoid others. Desire to escape and get away from it all. Make no permanent commitments now.

Neptune conjunct Sun

You want closeness but you do not want to be dominated or

restricted by the other person. A time during which you bring imagination and new ideals to your ambitions and life direction. You could get carried away and lose sight of the practical, day-to-day realities in your quest for religious, philosophical, and mystical understanding.

Neptune opposite Sun

You want closeness but you do not want to be dominated or restricted by the other person. This marks a time when you could easily get carried away or even deluded with respect to your own goals and ambitions. A tendency to over-imagining and dreaming. If you spend all of your time at the sideshow, the main tent will be gone.

Neptune square Sun

You want greater intensity and intimacy in your relationships, and you are also inclined to have power struggles with others. Your idealism and the dreams you dream right now may end up costing you in terms of lost ambitions and setbacks in your life goals. Escape could be at the expense of a reality that you have planned and worked for. Delusion is in the air.

Neptune sextile Sun

This is a time of conscious striving knowing what you want and working towards getting it. You find that you are able to bring more imagination to bear on your goals and ambitions now. You might find your ideals taking a more spiritual turn, thus involving you more in community and religious projects.

Neptune trine Sun

Underlying motives come to the surface and relationships become deeper and more meaningful. You find that you are able

to bring more imagination to bear on your goals and ambitions now. You might find your ideals taking a more spiritual turn, thus involving you more in community and religious projects.

Neptune conjunct Moon

Very important people come into your life now. You meet someone who becomes a strong influence on you. A time during which you may be able to carry your ideals and dreams into reality to make your home and environment reflect your inner desires and become as you dreamed it could be. You may find that you can escape with your friends, those who support you.

Neptune opposite Moon

Your vitality gets a little boost and your recuperative powers are better than normal. Relations with others tend to flow smoothly now. A time of real inner growth through other people, the social life. A tendency to escape or withdraw into your imagination at the expense of your friends and supporters. You may be unrealistic, taken with dreams, psychic matters, and the like. Your living situation or a younger person may challenge your dreaminess.

Neptune square Moon

Your career and overall direction in life reach a critical turning point now. You could get the wrong idea, develop false ideals, and let your imagination carry you away to the point that those who support and care for you are neglected or hurt. Walk a careful line when it comes to dreams versus realities. The dreams can be bad.

Neptune sextile Moon

A positive frame of mind does wonders now. Familiarity and

comfort are dominant motivators for you during this period. You feel the need to pursue the things that you love and instinctively find appealing rather than do what is practical. An opportunity to use your imagination to improve your living environment or beautify your surroundings. You may feel very idealistic about your friends, especially someone who is younger or who could use your help. Others give you ideal support.

Neptune trine Moon

You are likely to receive some benefits, raises, promotions, or increased stature and recognition in your work. An opportunity to use your imagination, to improve your living environment or beautify your surroundings. You may feel very idealistic about your friends, especially someone who is younger or who could use your help. Others give you ideal support.

Neptune conjunct Mercury

This is a positive time for your career. There will definitely be changes: you may change jobs, receive additional training or education that will help you reach your goals, or develop a fresh, new approach to your work. Your goals and ideals are uplifted during this period and take on a more spiritual or mystical dimension than heretofore. Great aspirations and goals. You are able to put your dreams and ideals into words.

Neptune opposite Mercury

This is a positive time when you express your deepest feelings openly and intensely. It could be easy to get carried away and to ignore facts or think in a fuzzy or deluded manner. Your ideals (what you imagine for you may be challenged by the ideas and thoughts of others. Communications could become blurred.

Neptune square Mercury

There will definitely be changes: you may change jobs, receive additional training or education that will help you reach your goals, or develop a fresh, new approach to your work. A long dreamy time when you find it easy to lose yourself in one flight of fancy or another, often at the expense of rational thinking and good judgment. Normally clear ideas are fuzzy now, and it is hard to be logical or consistent.

Neptune sextile Mercury

You seek intensity in your life and in your relationships, and you become more aware of hidden sides of your personality, untapped talents and interests, and also emotional blocks or confusions. It is dawning on you that a spirit of community and togetherness is preferable to personal differences.

You tend to idealize others in particular, your partners and relationships during this time period. Not a time when you are at your most practical; you lose yourself in home and family. You could feel much more intuitive and psychic than heretofore possible.

Neptune trine Mercury

You express great intensity and passion in the way you appear and express yourself to others. You almost transfix those who meet you with your fixedness and sense of power. You are at your most poet, able to put your dreams and ideals into words and communicate them through speaking and writing. Your whole mental environment takes on an almost other-worldly hue during this time. Your muse wakes.

Neptune conjunct Venus

You want closeness but you do not want to be dominated or restricted by the other person. A time to appreciate philosophy, religion, and all that is mystical. Your value system and the way you care for others may shoot up a notch to a higher plane. Imaginative purchases and acquisitions are at an all-time high. Not a very practical time.

Neptune opposite Venus

You seek intensity in your life and in your relationships, and you become more aware of hidden sides of your personality, untapped talents and interests, and also emotional blocks or confusions others may not appreciate your expressed ideals and goals or may challenge them. You could find it easy to get carried away and be indiscriminate or lose hold of your sense of values. You could do something that goes against your own sense of good taste.

Neptune square Venus

A time of real inner growth through other people, the social life. Your career and overall direction in life reach a critical turning point now. Your current bout of idealism may carry you away to the point of damaging or obscuring your true life values. Probably not the best time to make aesthetic or value judgments, since your ability to appreciate may be blurred or unrealistic.

Neptune sextile Venus

You feel the need to pursue the things that you love and instinctively find appealing rather than do what is practical, marketable, secure, and logically correct. An appreciation for ideas and thoughts that are quite other-worldly is upon you. It is easy for you to love and be compassionate and to value what life offers. You have a sense of unity and brotherhood that will stay with you.

Neptune trine Venus

An important relationship, perhaps a younger person or someone in your near environment, may come into focus. You seek intensity in your life and in your relationships, and you become more aware of hidden sides of your personality, untapped talents and interests, and also emotional blocks or confusions. Not a time when you are at your most practical; you lose yourself in home and family. You have a sense of unity and brotherhood that will stay with you.

Neptune conjunct Mars

You take things more personally now, and issues that have been stewing beneath the surface reveal themselves now. This is a time when you handle opportunities that come your way very well. Achievement is smooth. Recuperative powers are increased. You may have a sense of circumstances working against you or feel a lack of support and love from those around you. You express great intensity and passion in the way you appear and express yourself to others. You may find that you have intuitive and psychic abilities that have never surfaced before.

Neptune opposite Mars

You meet someone who becomes a strong influence on you. This other person may be a kind of idol, a teacher, or a friend. Your imagination and fancied ideals may mislead you to the point of motivating you in a wrong direction. Your real feelings could be obscured by some supposed spiritual or humanitarian ideal. Later you may feel you did the wrong thing.

Neptune square Mars

The new people you attract now will be very different from your norm, as friends go. Your current crop of dreams and ideals

may not feel right to you or may seem to go against all that normally motivates you. It may be easy to be misled and to find yourself pouring energy and effort into directions that will bring no return.

Neptune sextile Mars

You almost transfix those who meet you with your fixedness and sense of power. Moody, even dreamy, during this period of time. Your emotions and feelings could reach heights that are close to ecstatic.

It is easy for you to find the proper motivation to fulfil your ideals or make your dreams into reality.

Neptune trine Mars

Positive new connections may be made now. The possibility of some form of recognition or validation for what you do may come during this brief but effective period. This is a positive time when you express your deepest feelings. You want greater intensity and intimacy in your relationships, and you are also inclined to have power struggles with others. You want closeness but you do not want to be dominated or restricted by the other person.

Neptune conjunct Jupiter

Underlying motives come to the surface and relationships become deeper and more meaningful. You could find yourself pursuing more spiritual directions or finding someone who can guide you to realizing your inner dreams and ideals. Your path is toward cooperation and union with others, even at the expense of the practical and selfish.

Neptune opposite Jupiter

There could be an emotional overtone to all of this that may require understanding and flexibility on your part. Very important people come into your life now. You meet someone who becomes a strong influence on you.

It could be easy for high-sounding ideas and false ideals to mislead you into making career or vocational decisions that are wrong for you. Be careful that you don't involve yourself in some plan to misguide or deceive another.

Neptune square Jupiter

You take things more personally now, and issues that have been stewing beneath the surface reveal themselves now. A time of real inner growth through other people, the social life. It could be easy to make career moves now that are the result of deception, yours or somebody else's. Your imagination carries you in a wrong direction.

Neptune sextile Jupiter

This is a period when you are more inclined to be immature or childish if you have not been managing or acknowledging your emotions in a healthy manner to date. Your career and overall direction in life reach a critical turning point now. Your career could become almost ideal, or you could find yourself taking an interest in more spiritual and mystical matters. The direction of your life could turn more to questions of religion and world unity. Occult and esoteric subjects may concern you.

Neptune trine Jupiter

You feel the need to pursue the things that you love and instinctively find appealing rather than do what is practical, marketable, secure, and logically correct. Your career could become almost ideal, or you could find yourself taking an interest in

more spiritual and mystical matters. The direction of your life could turn more to questions of religion and world unity. Occult and esoteric subjects may concern you.

Neptune conjunct Saturn

Managed well, this can be a time in which you arrive at increased self-understanding of your innermost needs and wants. You are likely to receive some benefits, raises, promotions, or increased stature and recognition in your work. You might have a sense of living in a dream world or of being awake in your own dream. The spirit world seems real and possible.

Neptune opposite Saturn

Your relationships are now very intense and ever so personal. In fact, they are capable of transforming you at the most basic level. Misguided idealism and false spirituality could find you ignoring responsibilities in favour of a lot of high-sounding talk. You might find yourself losing your resolve or determination to take care of business and get things accomplished.

Neptune square Saturn

There will definitely be changes: that will help you reach your goals, or develop a fresh, new approach to your work. There could be a tendency to view your accomplishments as having almost no substance during this time. A false set of ideals may mislead you and cause you to neglect your responsibilities and get lost in what will amount to a bunch of nothing.

Neptune sextile Saturn

A day for thinking and ideas. You may feel like talking a bit more than usual, exploring new ideas or getting happily lost in a conversation. Your goals and ideals are uplifted during this

period and take on a more spiritual or mystical dimension than heretofore. The problems and responsibilities of life may be seen in a new light, as part of a larger drama you are living. You are able to handle difficulties more easily, seeing them as part of a larger story.

Neptune trine Saturn

You are at a peak of physical energy now. Your enthusiasm runs high, and so does your courage. It's a time of decisiveness, taking the initiative, handling problems directly and straightforwardly. You seek intensity in your life and in your relationships, and you become more aware of hidden sides of your personality, untapped talents and interests, and also emotional blocks or confusions. Your work may take on some higher purpose, or you may find yourself feeling more community-oriented. You are able to handle difficulties more easily, seeing them as part of a larger story.

Neptune conjunct Uranus

This is a positive time when you express your deepest feelings openly and intensely. A time when insights and ideas flow together and add up to form a larger reality. A sense of unity and connection as everything merges together and works. It is almost like a big dream, like being out of the body.

Neptune opposite Uranus

You feel as though you have been drifting along with the tide and following the crowd for too long, and your inner needs and motivations must assert themselves more strongly. Ideals and dreams conflict with your need to be different and perhaps unconventional. Being slavish to established ideals could result in a loss of freedom and insight. Be aware that lofty ideals do not automatically guarantee honesty.

Neptune square Uranus

You seek intensity in your life and in your relationships, and you become more aware of hidden sides of your personality, untapped talents and interests, and also emotional blocks or confusions. A rugged time when it is easy for you to get lost in the clouds and lose sight of your own intrinsic originality and independence. You could deceive yourself in matters concerning personal freedom and real insight.

Neptune sextile Uranus

Underlying motives come to the surface and relationships become deeper and more meaningful. Insights into your deeper, more spiritual nature are available to you during this period of time. You may be able to discover whole new areas of your psyche or mind that have been closed up to now. Insights into dreams and ideals.

Neptune trine Uranus

You will develop a more direct method of communication, getting to the very heart of things. Insights into your deeper, more spiritual nature are available to you during this period of time. You may be able to discover whole new areas of your psyche or mind that have been closed up to now. Insights into dreams and ideals.

Neptune conjunct Neptune

This is a time of great personal change. You become tired of your role in life, and you are very sensitive to habits, customs, and social requirements. A dream world where ideals are real and reality is as we always dreamed it would be. The dewdrop slips into the shining sea. A sense of unity and world communion.

Neptune opposite Neptune

This other person may be a kind of idol, a teacher, or a friend. A time of real change when many give up or accept life on new terms. There is the possibility of taking a more active part consciously in life, a sense of sharing the creative force, the experience of becoming one with the creative force, the creator.

Neptune square Neptune

You feel the need to express yourself now, and any person or situation that has restricted your freedom of expression will have to go. You could take a turn toward the idealistic, or you could find yourself developing a practical sense for making your dreams a reality is dawning on you that a spirit of community and togetherness is preferable to personal Differences. A time when dreams, fantasies, and the urge to be free of this hard world could themselves be a fantasy that deceives and misleads you. Your own goals and ideals may be stressed and challenged.

Neptune sextile Neptune

Your close personal relationships will be tested now, and persons who are unable to accept the newly-emerging you will have no place in your new circle of friends. A time to reach beyond the physical into the realm of myths and dreams. You may have the sensation of being awake within your own dream, and reality may be like you dreamed it could be.

Neptune trine Neptune

You have a tremendous need for liberation now, and many long-time friends of yours will be surprised at the radical changes you will initiate in your life during this time.

A time to reach beyond the physical into the realm of myths

and dreams. You may have the sensation of being awake within your own dream, and reality may be like you dreamed it could be. This is a time for visions and seeing the unity beyond differences.

Neptune conjunct Pluto

This search for information beyond what you can readily see is part of the overall liberation that you are seeking. A sense of devotion and the spiritual. A time to explore your own inner resources and psychic sensitivities. The psychological world takes on the qualities of a living dream. A journey to the essence or beginnings of life.

Neptune opposite Pluto

People will share with you new and revolutionary perspectives on life that you have previously rejected your dreams and ideals may conspire to ignore and push aside the need in you for real inner growth and transformation. If you get too carried away or lost in the dream world, you can expect to be hauled back by some very personal inner confrontations.

Neptune square Pluto

Whatever you consider to be liberating for you, you will seek to achieve it now. A tendency to become unrealistic and over-imaginative may lead you to ignore and deny your own need for inner growth and personal change. Your current ideals may tell you that analysis and sensitivity are not where it's at.

Neptune sextile Pluto

During this time period, you cast off some of your old roles and adopt new ones. You take a fresh approach to life and your personality undergoes major changes. Your own inner psychology

and vulnerabilities are open to you now, almost as if in a waking dream. A renewed interest in exploring the realm of dreams and imagination finds you getting to the heart of your secrets and sensitive areas.

Neptune trine Pluto

A time that can mean great change for you personally, during which you break away from the past and try new and different ways of presenting yourself. Your own inner psychology and vulnerabilities are open to you now, almost as if in a waking dream.

CHAPTER 25

TRANSITING PLUTO

Pluto takes almost two hundred and forty years to come full circle. This slow-moving planet transit is long-lasting, takes its time to unfold. As Pluto transits a point it retrogrades back over it, and then hits it again in direct motion, it imparts its own special wisdom upon the point in mark the areas of our lives and the parts of our markings ruled by that point.

You are also likely to establish a good rapport with some important influential people through whom you are likely to be benefited. Pluto probes much deeper, shining light on our darkness. Transiting Pluto offers us the chance to evolve and to rebirth. Pluto affects our lives depends very much on whether we resist its influences or we try to work with the planet of rebirth and destiny. Whatever part of our lives and of our psyches that Pluto touches, especially by hard transit, is an area that Pluto compels us to explore more deeply. Superficiality is not acceptable for Pluto.

You are also likely to get involved in some sinful activities, which is unacceptable in your religion. Transiting Pluto brings intensity and focus to our lives. Pluto breaks through illusions, in search of the utter truth. Pluto acts to strip away what is unnecessary or superficial in our lives. Pluto wants deep experience, of the transformational kind. Things that are not working for us, whether they are thought processes or lifestyles, undergo a transformation.

Keep your spirits high as due to unsuccessful or suspended endeavors, you are likely to suffer from deep mental anguish during this particular phase. Pluto transits bring about rebirths of sorts in the areas of life affected. Pluto transits are about letting

go of things that are holding us back from deep and meaningful experience. Fear sometimes intense fear can reveal itself at the beginning of a challenging Pluto transit.

Some of you may also suffer from temporary loss of memory during this time. Work might ask for some more dedication, lack of which may make you suffer in your field of work or business.

This acquaintance may encourage you to meditate and be more spiritual in nature. If we do this, Pluto's energy has to go somewhere, so we end up meeting Pluto in our lives in the guise of events and people. If we are attracting jealous, manipulative, and controlling people or situations, we can ask ourselves why this is happening. Transiting Pluto is often associated with such things as separation and deaths, it is important to note that Pluto's action is to revolutionary.

Pluto-Sun Transits

You are likely to develop sleep disorders, which could also be a result of your constant worries. Intense focus on your career can find you mercilessly cutting back and getting down to the bare essentials regarding the path or direction you are taking with your life. You will have a sense of being almost driven to pursue your course and succeed. We discover our own power and strength, and we re-work our very sense of identity, which invariably affects our life path.

Pluto conjunct Sun

This mostly denotes pecuniary gain for you. Moreover, this period also sees you having a great time. This transit of the Sun brings about the need to understand yourself on a deep, inner level, much deeper than the image you normally show to the world. There is also a need to get to root causes. An

ultra-intense time, during which you may eliminate a lot that, is superficial and unessential in your life. A deep and lasting change in your ambition and life goals could evolve.

Pluto brings about drastic, revolutionary changes, but ones which are necessary to halt the process of stagnation and instigate continued growth. You could be feeling less vigorous than usual or more stressed. You might find that you attract challenging situations simply because you are overreacting emotionally. One of the lessons you will learn is that change is necessary - all things which have lapsed into a cult routine or become meaningless will be cleared away to make room for more progressive attitudes and creative activities.

Pluto transits sextile Sun

Socially this should be a good time for you, as you are likely to overcome all your fears and worries. You could receive some help in the form of a real drive towards realizing your inner self and your life ambitions. You are able to cut through a lot that is unessential and get on with the real work. Subtle but profound changes within you will have a tremendous effect upon your relationships, quite possibly totally altering significant relationships in your life.

Your enemies may also create problem for you during this time. Stay away from all kinds of arguments and misunderstandings. A new spirit of self-respect, personal empowerment, and deeper honesty arises. It is a time of births and deaths, and these will have a powerful impact upon you and your decisions. Group work is very powerful and positive for you now, especially if the focus is on conscious awareness, deeper learning, healing, or combining energies to create positive changes in the collective (media, education system).

Pluto square Sun

This mostly denotes financial growth for you. You could also expect a rise in your prosperity. A time when your basic life direction and sense of purpose may be tested by sensitive and very personal matters. Questions of vulnerability and insecurity may hound you, trying to force you off your slated path. You may have to tread with care.

Pluto opposite Sun

Quarrel misunderstandings in social circles, bad name, trouble from females, loss in lottery, bad health during this period. Power struggles, with authorities in particular, can be one sign of this aspect. Your need for constant inner change and growth may end up setting you back as much as it helps. Your ambitions and basic life direction could be challenged. This transit marks a major growth period in your life in which you struggle with the buried elements of your personality and ego as you learn to accept, transform, or face them. You may be acting in a controlling, jealous, or overbearing manner which can alienate others or even push them away.

You may have to compromise with your enemies against your will as well. This comes from a deep fear of letting go and surrendering to the idea that some things cannot be directed or controlled. As this fear surfaces, your behavior may be compulsive or obsessive; or you may experience these traits through someone close to you, especially a male. However, the process can be lengthy and challenging. You may feel threatened in some way, and you might feel somewhat paranoid. This can be something you experience on a subconscious or emotional level in that you are unlikely to feel physically threatened. Instead, you might fear the loss of a significant other, a lifestyle, a job, or other significant part of your life.

Pluto trine Sun

At this time you come across in an appealing, charming, openly affectionate manner that is likely to win you new friends. You could receive some help in the form of a real drive towards realizing your inner self and your life ambitions. You are able to cut through a lot that is unessential and get on with the real work. This is a potentially empowering time in your life when your personality is more vibrant, magnetic, focused, and resolute. You might take up a pleasantly consuming new hobby, line of work, or interest now.

Pluto-Moon Transits

Vitality increases now as your confidence in your effectiveness builds. You feel more generous, optimistic, and sociable under this influence. This can be a time in which you arrive at increased self-understanding of your innermost needs and wants. Pluto transits to the Moon directly affect the feelings, the public image, and personal popularity. Other people and things affected by Pluto are the mother, important women in the native's life, domestic life, and the home. Our early experiences often cause us to build a life script that incorporate our expectations from the world, and this process is ruled by the Moon.

You appear perhaps more charming and refined than usual. In some cases, men live this transit through key female figures in their lives. Sometimes the relationship with the mother or other important female figures comes into focus. Look to the house of your natal chart with

Cancer on the cusp for areas of your life where Pluto is stimulating. Look to planets in Cancer in your chart to see other parts of your personality that Pluto is now infusing with intensity.

Pluto conjunct Moon

It's easy for you to receive warm responses from others right now. A time of great change and evolution, in particular regarding your home life and surroundings your support system. You may draw a whole new environment around you after boiling down the current situation to the bare essentials.

Pluto opposite Moon

This influence sometimes brings new romantic or social relationship opportunities. Your tendency to analyses, to probe, and generally to get at the heart of things finds itself at loggerheads with your living and support system. Others may resent your persistent prying and digging, and confrontations can be expected.

Pluto square Moon

Your manner may not be warm or loving at the moment. Perhaps not the best time to present yourself to others. Social upsets are possible, or you may find that you are unable to do something pleasurable even though you would really like to. You could be unable to share all the changes you may be experiencing with those around you. Someone may be unable or unwilling to support your feelings.

Pluto sextile Moon

You're more inclined to buy items on emotional whims rather than based on clear thinking. Your support system becomes more secure. You are able to dispense with some of the unessential and develop what is most basic and true in your environment. You encourage better support.

Pluto trine Moon

You may be procrastinating with your work now, preferring to

enjoy or simply pamper yourself.

During this time period relationships deepen and grow, and penetrate to a very personal level. This process is sometimes initiated by you and sometimes initiated by the other person, but in either case it leads to a much deeper understanding and bond between you. Your support system family, home, those who give you nourishment become more secure.

You appear perhaps more charming and refined than usual. These transits bring intensity and passion to the feelings, a tendency to act on impulse, some irrational or compulsive behaviour, and likely a stronger awareness of your deeper emotional needs. Habits that spring from deeply ingrained fears are brought to the fore, and Pluto challenges you to face them, as well as to examine your deepest attachments--to people, things, conditions, and attitudes.

You portray the more reasonable, refined, and likable side of your personality now, and others tend to respond warmly. Emotions that you may have never been in touch with, particularly of a darker, obsessive, or primal quality, come bursting forth. There is always some level of paranoia associated with hard Pluto transits, and the things you are paranoid about generally are the very fears that you are called upon to face. With the Moon involved, these fears have to do with significant women in your life, personal habits, emotional patterns, and the home and domestic life. Your attachments to these things may be challenged now.

You are more willing than usual to bend and compromise. Remember that you get what you want by the forces of attraction during this period, rather than coming on strong. You portray the more reasonable, refined, and likable side of your personality now and others tend to respond warmly. You get what

you want by the forces of attraction during this period, rather than coming on strong. Your relationships may be intense, complicated, or entangled at this time. You can experience obsessive desires to uncover secrets, and levels of suspicion run high, as you may be living in fear that significant people in your life are not as attached to you as you are to them.

You are more willing than usual to bend and compromise. Remember that you get what you want by the forces of attraction during this period, rather than coming on strong. You will be learning that self-control is the only path to fulfilment.

You might fear their loss and attempt to control or manipulate the people around you in an attempt to. You are learning that in so doing, you will eventually learn what is really yours, who truly loves you, and which habits and patterns serve your own growth. Your fears now have to do with the feeling of helplessness in the face of changes in the people and circumstances around you.

Pluto-Mercury Transits

Doors open that may have previously been closed or undiscovered. You look, sound, and feel good, so take advantage. Pluto transits to Mercury directly affect your curiosity, learning, communication skills, self-promotion, the formulation of ideas, and your ability to rationalize and think logically. Look to the houses of your natal chart with Gemini and Virgo on the cusp for areas of your life where Pluto is stimulating.

Pluto transits conjunct Mercury

Other people may not appreciate the way you come on or present yourself. You may find yourself caring too much about what others think of you. However, you will be intensely examining ideas, thoughts, and concepts with an eye to getting rid of

unwanted dross. You are more sensitive than usual to subtleties in your personal environment, and all the more vulnerable as a result.

Search for information beyond what you can readily see is part of the overall liberation that you are seeking. The new people you attract now will be very different from your norm, as friends go. They will share with you revolutionary perspectives on life that you have previously rejected. Your communications with others take on a new level of depth and intensity at this time. Secrets come out into the open, and conversations have a greater sincerity and depth than usual.

Pluto transits square Mercury

During this time period, you cast off some of your old roles and adopt new ones. During this time period your thinking is intense and penetrating. You tend to become impassioned about your ideas, and you are inclined to feel very strongly about your ideas.

You tend to have a one-track mind now, and you talk to others about your interests whether they are interested or not. A crazy time when you may feel under a lot of mental pressure. You may be unable to put some of your insecurity and sense of change into words, to communicate them. A tendency to probe and analyses may not fit in with your normal way of thinking.

Pluto transits trine Mercury

A time that can mean great change for you personally, during which you break away from the past and try new and different ways of presenting yourself. You take a fresh approach to life and your personality undergoes major changes. This time period is excellent for any kind of research or in-depth study. You are motivated and interested in probing beneath the surface

and learning the underlying causes behind any event or behavior. The nature of your studies depends on your personal interests, but whatever area you pursue, you pursue with intensity.

Pluto transits opposite Mercury

Breakthroughs in personal relations, perhaps through unconventional behavior and appearance, may occur. Whatever you consider to be liberating for you, you will seek to achieve it now. You pursue ideas with intensity now. You have a questioning, almost cynical attitude now, that probes beneath the surface of any issue. This is an excellent time for any kind of research or in-depth study.

Pluto-Venus Transits

A day for thinking and ideas. You may feel like talking a bit more than usual, exploring new ideas or getting happily lost in a conversation. You feel the need to express yourself now, and any person or situation that has restricted your freedom of expression will have to go. Your close personal relationships will be tested now, and persons who are unable to accept the newly-emerging you will have no place in your new circle of friends.

Pluto transits conjunct Venus

This sometimes triggers an attraction to someone who is simply not right for you, or minor problems in existing love affairs. Solid friendships and marriages will survive the challenges of this transit by expanding to allow greater freedom of expression for both partners. Your romantic life, social life, and value system are undergoing a complete transformation with Pluto transiting conjunct natal Venus. You are seeking depth of experience in your social and love relationships with Pluto transiting conjunct your natal Venus; or, this kind of experience comes into your life now.

Pluto transits sextile or trine Venus

You are especially sharp, communicative, and open at this time, as your wants are aligned with your thoughts. This should be an especially fruitful and rewarding period in your life, when you experience new depths of intimacy with an existing or new partner, when you learn to appreciate the important people in your life, and when your value system transforms and evolves. This is likely an excellent period for finances as well. Work you've done might pay off, and you are able to manage your finances better, with more attention to planning and strategy, as well as the elimination of frivolous expenditures.

Your erotic life might get a real boost now as you delve deeper into the spirit behind sexual acts. You might find yourself strongly attracted to someone, almost to the point of obsession. This can also be an especially creative transit. It's an excellent time during which to refine artistic skills or to work on creative projects with new or renewed focus and commitment.

Pluto transits square or opposition Venus

You might hunger for increased recognition and respect, and, with your generous attitude and concern for others' well-being, you might just get them. This transit can be very difficult on marriages, especially if one partner is playing a submissive role. Men may decide they want more out of life than a house in the suburbs and two cars in the garage. Women may decide they're tired of being limited to a domestic or clerical role and demand more control over their lives. This major transit challenges you to find meaning in your life through romantic connections and partnerships.

It's an excellent time for taking tests or presenting your ideas. Your opinions and thought processes are generally

well-received and appreciated now. Sometimes this transit is associated with divorce or separation, and sometimes new relationships begin. There may be some problems with money during this transit. By the end of the transit, you should have a renewed sense of worth, although getting to that point may not be entirely pleasant.

Pluto transits trine Venus

You may sense and feel things that others do not. Not a time when you are at your most practical; you lose yourself in home and family. The process is rich, eye-opening, and rewarding, but it can also be confusing and intense while it lasts. You are acting on impulse more than you are listening to reason, and you should keep a close eye on this. New relationships formed now seem fateful and, at the very least, timely. New attitudes towards spending are possible at this time. Cutting off some of your frivolous expenditures may be easier than ever during this transit.

Pluto-Mars Transits

Your career could take a turn toward the idealistic, or you could find yourself developing a practical sense for making your dreams a reality. Uplifting for the career. A very emotional time during which you can find your basic drive and energy ramming up against questions of security, power, and deep insecurity. Pluto transits to Mars affect your drive and desire nature, strength, stamina, as well as your ability to assert yourself.

Pluto transits conjunct Mars

Your emotions intensify and you instinctively desire change and adventure. It would be wise to keep your cool and avoid confrontations. Very important people come into your life now. You meet someone who becomes a strong influence on you.

You might discover possessive, jealous, and controlling aspects of your personality that surprise you. You can apply yourself to specific projects, competitive or individual sports, and other activities with much determination, focus, and concentration now. You may be dealing with so much beneath the surface of things that you are not as available to others as you were previously.

Pluto transits sextile Mars

During this period you may expect financial stability and gain in financial ventures. Your vitality and energy level are at a high point. You are in an ambitious and dynamic phase of your life. You have an especially good ability to motivate others. You have little patience with bureaucratic obstacles, inefficiency and evasiveness, and you boldly challenge these inadequacies. A time when you may feel very passionate, or during which your feelings, emotions, and basic life urges undergo change and possibly transformation. You feel more personal and direct and find that you waste less time with hurt feelings than before.

Pluto transits square Mars

It is better you stay away from activities involving risk to your health. Your ambition and drive to succeed are incredibly strong now. You will go to any lengths to achieve your goals, and you have the energy to do it now. You are driven by a compulsive need to achieve, and you often find it difficult to stop. Power struggle may well be the keyword here. You could find yourself pushing against a need for greater sensitivity and inner growth. Push could come to shove, and you may end up driving against your own inadequacies and vulnerability.

Pluto transits trine Mars

You may have a hard time concentrating on any one subject.

Either you are easily distracted or a whole slew of information and demands are thrown upon you at once. Your vitality and energy level are at a high point. You are in an ambitious and dynamic phase of your life. Your inner powers are excellent and your health is robust. Many people are inspired to strength up their physical strength during this astrological influence, and this is a good idea; you can develop greater endurance and vitality now, which will rejuvenate your body.

Pluto transits opposite Mars

You may expect progress in all your undertakings. This period also indicates your popularity in the society. Your ambition and drive to succeed are incredibly strong now. You will go to any lengths to achieve your goals, and you have the energy to do it now.

You are driven by a compulsive need to achieve, and you often find it difficult to stop. You don't feel like dealing with some of the very hot psychological issues that keep springing up.

Pluto Transits Conjunct Jupiter

Avoid any kind of argument that may lead to differences of opinion and misunderstandings. Stay away from your known enemies and be careful of unknown ones. Your perspective on what you want from life, what you are willing to do to get it and the values that you want to express undergoes a change. If you have been working in a direction that is compatible with your standards and your philosophical or religious views, you are likely to be effective. If you have been working along lines that are in conflict with your religious and philosophical views, this could be a time of tension.

It may be challenging to get in touch with what you truly want to do as you tend to live in your brain rather than your heart for

the time being. Your situation seems too limiting and confining and you want to break free from the obstacles and responsibilities that keep you tied to your current life style. A change either in the direction of your life or in your values will thus be necessary to deal with your growing sense of frustration. Whether this religious growth is along institutional or personal lines depends on what you feel is missing from your life. You feel hemmed in by surroundings and people that are too simplistic, narrowly focused, and petty.

Pluto Transits Sextile Jupiter

This period is also likely to bring in happiness to you in the form of success in learning and attainment of knowledge. This time period is a positive one of broadening horizons and expansion. This expansion can take many forms. You are likely to travel more now, and have more exposure to other cultures, life styles, and ethnic groups than usual. You find yourself uninterested in side tracks what is not essential.

Pluto Transits Square Jupiter

You are also susceptible to face oppression of some kind.

Take care to avoid facing a haul over the coals and the lashes of unsympathetic words from others. Your perspective on what you want from life, what you are willing to do to get it and the values that you want to express undergoes a change. If you have been working in a direction that is compatible with your standards and your philosophical or religious views, you are likely to be effective. This thus becomes a time when your past faith and hard work are rewarded, bolstering your confidence and helping you to make even bigger plans for your future plans that are based on a realistic and solid foundation.

Others appreciate what you have to say and your ideas and

opinions are received exactly as you intended them. If you have been working along lines that are in conflict with your religious and philosophical views, this could be a time of tension. A change either in the direction of your life or in your values will thus be necessary to deal with your growing sense of frustration. At this point in your life your current situation seems too restrictive and confining.

New ways to communicate or an easy manner will make conversations and interactions go well today. You may find yourself more talkative and facile than otherwise. Your main effort now should be in trying to live up to the best in you, rather than lowering your standards to achieve a more transient worldly success. You feel claustrophobic now. You certainly need to spread your wings now, but be wary of taking major risks and gambling on a venture that promises you prosperity, freedom, and adventure. Your career can end up at right angles to your own inner sensitivities and need for growth and change.

Pluto Transits Trine Jupiter

What you say or write could be misinterpreted, or you could find it hard to verbalize what it is you want. This time period is a positive one of broadening horizons and expansion. This expansion can take many forms. You are likely to travel more now, and have more exposure to other cultures, life styles, and ethnic groups than usual. You find yourself uninterested in side-tracks what is not essential. You can really home in on how to solve problems and get where you want to go.

Pluto Transits Opposition Jupiter

Your ideas are well-received, your mind is alert, and you can easily and quickly grasp information now. Your perspective on what you want from life, what you are willing to do to get it and

the values that you want to express undergoes a change. If you have been working in a direction that is compatible with your standards and your philosophical or religious views, you are likely to be effective.

You can translate your thoughts into actions readily now decisiveness helps you to say what you think and think what you say. Improving your skills also comes naturally and easily. This thus becomes a time when your past faith and hard work are rewarded, bolstering your confidence and helping you to make even bigger plans for your future - plans that are based on a realistic and solid foundation.

If you have been working along lines that are in conflict with your religious and philosophical views, this could be a time of tension. You are less cautious, more adventurous and confident, and more willing to spread your wings to explore new possibilities than usual. You are attracted to power and wealth, and may engage in a power struggle or go out on a limb to achieve your goals.

Pluto conjunct Saturn

Taking tests, making plans, presenting your work or ideas, and communications of all kinds are favored. Others tend to value your opinions and ideas under the influence of this transit. You could be thinking a lot about taking action on something important to you. But your perspective is narrowed now, so you aren't able to look at changes as opportunities. The high premium you place on security may prove detrimental to your growth, since you tend to equate what you have with what you are. Such things may have more symbolic than actual value and could be holding you back from working toward what is really important to you.

Pluto Transits Sextile Saturn

Your mind is especially alert and you could be particularly busy running errands, taking short trips, networking, negotiating, or corresponding. Discipline, concentration, and determination are the key issues now.

You are likely to adopt a rather austere and intense routine during this time period. You stubbornly pursue your interests, and you are willing to work long hours without complaint. You can dispense with all that is unsound or superficial, leaving only that which has been properly determined or solid.

Pluto Transits Square Saturn

You might be asked to do a favour that you don't want to do or you could feel overloaded with tasks and errands now. New obstacles arise and increasing responsibilities make it difficult for you to expand and grow. New obligations are likely to arise both in your personal life and your work. Your sense of responsibility and sheer determination may not allow you to admit any feelings of vulnerability and sensitivity that may be coming to your attention. A power struggle could result, and a careful compromise may have to be found.

Pluto Transits Trine Saturn

It's easier now than usual to verbalize exactly what you want. Your thoughts could be all over the place, and it can be hard to concentrate on any one particular task. You stubbornly pursue your interests. This is an excellent time for any form of training or laborious and painstaking work. You can dispense with all that is unsound or superficial, leaving only that which has been properly determined or solid.

Pluto Transits Opposition Saturn

This is a good influence for scheduling dates and for love in general. You are somewhat vulnerable, wearing your feelings on your sleeve. New obligations are likely to arise both in your personal life and your work. Inner searching and a sense of being vulnerable and exposed could tempt you to drop your responsibilities and spend more time on personal growth.

CHAPTER 26

OUR OTHER PUBLICATION

ARE ON SALE

"MICROSCOPY OF ASTROLOGY"

"MICROSCOPY OF NUMEROLOGY"

"MICROSCOPY OF REMEDIES"

"MICROSCOPY OF HAPPY LIVING

"MICROSCOPY OF TRANSITING PLANETS

VOL-1 -2 -3 -4 -AND 5

"MICROSCOPY OF POSITIVE LIVING"

"MICROSCOPY OF POSITIVE THINKING"

CHAPTER 27

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CHAPTER 28

OUR MOST SOUGHT WEB SITES:

[HTTP://WWW.ASTROLOGYBB.COM](http://WWW.ASTROLOGYBB.COM)

[HTTP://WWW.BBASTROLOGY.COM](http://WWW.BBASTROLOGY.COM)

[HTTP://WWW.BALDEVBHATIA.COM](http://WWW.BALDEVBHATIA.COM)

[HTTP://WWW.BALDEVBHATIA.US](http://WWW.BALDEVBHATIA.US)

[HTTP://WWW.BALDEVBHATIA.ORG](http://WWW.BALDEVBHATIA.ORG)

[HTTP://WWW.BALDEVBHATIA.INFO](http://WWW.BALDEVBHATIA.INFO)

[HTTP://WWW.BALDEVBHATIA.NET](http://WWW.BALDEVBHATIA.NET)

[HTTP://WWW.BALDEVBHATIA.BIZ](http://WWW.BALDEVBHATIA.BIZ)

[HTTP://WWW.BALDEVBHATIA.IN](http://WWW.BALDEVBHATIA.IN)

[HTTP://WWW.MICROSCOPYOFASTROLOGY.COM](http://WWW.MICROSCOPYOFASTROLOGY.COM)

CHAPTER 29

SPECIAL NOTE

FROM THE AUTHOR BALDEV BHATIA

THANK YOU FOR READING MY BOOK

MY SINCERE PRAYERS

FOR ALL MY READERS

“GOD BLESS YOU ALL”

“ANY ONE WHO READS AND KEEPS THIS BOOK AS HOLY
MANUSCRIPT, GOD IS SURE TO BLESS HIM, WITH ALL
THE PEACE, HAPPINESS, WEALTH, HEALTH AND
PROSPERITY OF THIS UNIVERSE”

BALDEV BHATIA AUTHOR